



**Registered Charity Number: 1134149**

## **WEEKLY NEWSLETTER**

**w/b SUNDAY March 13th, 2022**  
**2<sup>nd</sup> Sunday of Lent,**

# Prayer for the People of Ukraine

God of peace, your prophet Isaiah promised swords would be turned into ploughshares, and your son's mother Mary proclaimed the mighty would be put down and the humble exalted: visit the people of Ukraine; deliver them from fear, violence, attack, injury, destruction, death; and give them courage, solidarity and allies in their hour of vulnerability and sorrow. Turn the hearts of those bent on war and invasion. Strengthen the hand of all seeking to halt conflict, restore order, and pursue justice. And make this moment of peril an occasion for your Holy Spirit to show your world the cost of conflict and our dependence on one another. In Christ our Lord, who went to his death because of our hatred, and rose again because our hatred is never stronger than your indomitable love. Amen

Hello

Jesus said, 'by their fruits shall you know them.' However people appear, however charismatic they are, judge them by what they produce. He was talking about people who claimed to be prophets, who attracted a large following, but did not bear good fruit in their lives. They led people astray, they were either delusional about themselves, or deliberately conning people for their own gain.

Good fruit in the world, just from the simple view of our own experience, comes from unremarkable people, who wouldn't stand out in a crowd. Or if they do, it's because they are not courting popularity by their actions and words and are labelled as eccentrics or even 'dangerous.'

Let the Spirit help us discern those in our lives and in our world who may not be glamorous, or have thousands of followers on twitter, but speak and act by the values of the Kingdom of God.

## The Vicar

### THIS WEEK

#### Sunday 13th March – 2<sup>nd</sup> Sunday of Lent

- 8.30am – Holy Communion at St Martin's
- 9.30am – Holy Communion at St Stephen's
- 10.00am – Choral Matins at St Martin's,  
in church and live streamed
- 3.00pm – Beacon Tea in Church:  
All welcome for tea, coffee, sandwiches, cake and a chat. (The next tea is on 10 April.) For those arriving for Second Thoughts tea, coffee and cake will be available.
- 6.30pm – **Second Thoughts – Lynne Scholefield**  
*Thomas Keating – A Life Surrendered to Love*

Fr Thomas Keating was the founder, spiritual guide and a principal teacher of the Centering Prayer movement. *A Life Surrendered to Love* is the title of a short introductory video we will watch where he reflects about his life, his understanding of God, prayer and his approaching death. After time for reflection and discussion, there will be an opportunity for a short time of silent prayer.

Lynne Scholefield is a member of our congregation, and a commissioned presenter of Centering Prayer introductory workshops. Centering Prayer sessions will resume on Tuesday 15<sup>th</sup> March at 4pm, meeting fortnightly. For more information please email [stmcenteringprayer@gmail.com](mailto:stmcenteringprayer@gmail.com)

### **Tuesday 15<sup>th</sup> March**

4.00pm Centering Prayer group

### **Wednesday 16<sup>th</sup> March**

10.00am – Holy Communion

3.00pm – Book Group in Church discussing the KU Big Read title by Emily Maitlis. If you took a book and read it, do join us.

### **Thursday 17<sup>th</sup> March**

7.00pm – Ministry Team in the Wisley Room

### **NEXT SUNDAY**

#### **Sunday 20<sup>th</sup> March – 3<sup>rd</sup> Sunday of Lent**

9.30am – Morning Prayer at St Stephen's

10.00am – Sung Communion at St Martin's,  
in church and live streamed

11.00am – Young people's discussion group (see over)

6.30pm – Choral Evensong.

## **UKRAINE**

### **Ukraine Aid in Epsom**

St Martin's will send £500 from the Mission Fund to DEC (Disasters Emergency Committee).

Epsom Rotary Club, among others, is supporting a local initiative for Ukrainian people. This is based in a shop unit in the Ashley Centre collecting money and goods (but not general clothing) for Ukraine. This is opposite Boots and is where H&M used to be. If you want to help shaking buckets or packing goods just pop along. Opening hours are 9-6pm Monday to Saturday and 10 til 4 on Sunday.

It is part of a Surrey Initiative and the main contacts are Neil Dallen and Paul Taylor of What's On in Epsom. Goods wanted are:-

Bandages and Wound Pads, Tourniquets  
Paracetamol, Ibuprofen, Anti Burn cream  
Large Sleeping Bags (dark coloured), Yoga Camping Mats  
Men's thermal socks, hats and gloves  
Men's Utility boots > size 42  
Warm insoles, Balaclavas, Dark medium rucksacks  
Knee pads, Utility hunting/fishing vests with pockets  
Torches/Radios Batteries  
Power banks for recharging phones etc

## **STUDY AND COMMUNITY EVENTS**

### **Group for older children**

A group for children aged 8+ meets in Church House after the 10am service until about 11.45am. Please spread the word. It will meet on the 1st and 3rd Sundays each month.

The group is being run by Alana Harris, Kate and John Malhotra and Graeme Lodge but any more helpers would be warmly welcomed. The aim is to reflect on the theme of that morning's service through discussion and other activities.

## Lent Courses

1. An opportunity to discuss the spiritual, as well as practical issues, that are raised by our consideration of how to respond to the 'contested artifacts' in St Martin's (such as the Brathwaite memorial), using biblical and other material: **Tuesday 22<sup>nd</sup> March – 9.30am in the Wisley Room at Church House.**

## Book Discussion group

2. To discuss the Emily Maitlis book which some took as part of the Kingston University Big Read:  
**Wednesday 16<sup>th</sup> March 3.00pm in Church**

## Sunday 20<sup>th</sup> March – Marmalade Sale

I will be selling marmalade and some lemon drizzle cakes after the 10am service on Sunday March 20th.

Proceeds to go towards the dishwasher we are hoping to install in the servery at the back of Church. Maureen Suatt

## SAVE THE DATE

### Platinum Jubilee & Afternoon Tea

Nick & Yvonne have pleasure in inviting all members of the church family at St Martin's & St Stephen's to afternoon tea on **Sunday 29 May 2022 @ 3pm at the Vicarage.**

Please save the date. A sign up sheet will be available in both churches from the beginning of May. Contributions of cakes, scones or sandwiches would be much appreciated.



**Summer Fayre**  
*Saturday 11<sup>th</sup> June*



We are planning a Summer Fayre, to be held outside, weather permitting! Enjoy summer themed stalls, games, cream teas, companionship and the weather!

**Events Team**

**PCC Matters**

Apologies that we have not kept up our normal info. regarding PCC minutes. Please note that:

A copy of the approved minutes of the previous meeting will be displayed on the notice boards in Church, so, too, will the Agenda for forthcoming meetings when available.

And following a PCC meeting, a summary of its business will be included in the newsletter. Here is that for the recent meeting:

**Summary of matters discussed at the PCC Meeting,  
1<sup>st</sup> February 2022.**

*Please note: The minutes of the meeting have yet to be agreed at the next PCC meeting in March. They will then be published in full.*

1. Langley Vale Village Hall: a request to renew the lease has been received. The current lessors are having work carried out to rectify deteriorations in the property. Before renewing the lease, a valuation is to be carried out to assess a reasonable level of rent.

2. Church House: automatic lighting has been installed in the toilets and corridors.

### 3. Treasurer's Report:

Annual income and expenditure both rose slightly in 2021, leaving the deficit roughly the same. Essential expenditure is due to rise in 2022. Income in 2021 included John Syrad's legacy and a government covid grant which will not recur. Church House lettings have almost returned to pre-pandemic levels.

Gina having left her role as Parish Administrator, an HR consultancy has been appointed for one year to help in reviewing job descriptions and recruiting. The Hall Manager is meanwhile covering the Administrator's role.

4. Repair of the western terrace steps: the quotation for the work was accepted and agreement given to proceed, in the hope that the SCC might make a contribution to the cost.

5. Live-streaming: proposals to extend the AV equipment to attain more effective coverage of services were debated. More discussion will be held with the equipment supplier and the diocese before a final decision. Costs could be covered by the organ and choir funds together with the Handley's legacy, not general funds.

6. Dishwasher for the servery: practical and technical issues regarding a specific proposal were raised. The PCC was broadly supportive. The Standing and Finance Committee will discuss these issues with Maureen Suat to finalise our requirements. A full faculty will be needed for installation.

7. The Brathwaite memorial: we agreed by a majority vote to co-fund with the diocese research students (our contribution is £1000) into the historic context of 'contested artefacts' in the local area, and the wider county, as a first step in our acknowledging the Church's links to slavery, and the movement for its abolition, the aim being to inform how we engage with the issue today and inform our mission in the community.

8. The Garden Party fund: raised originally to improve links with the Church of Cameroon, it was agreed that this amount should instead be channelled to the Church of South Sudan, with whom John Padwick has reliable contacts. It will be used to help rebuild and re-equip church schools destroyed in the civil war.

9. Communion chalice: thought will be given to restoring the use of the chalice when it seems right to do so.

10. Officer vacancies: volunteers are being sought for Churchwarden, Safeguarding Officer for Adults, PCC Secretary and Treasurer for the forthcoming PCC year.

## **STEWARDSHIP**

### **Giving to St Martin's and St Stephen on the Downs**

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below

There is also a "Donate" button on our website.

### **Cheques to St Martin's**

If giving a cheque donation to St Martin's Church, please can it be payable to:

'The PCC of the Ecclesiastical Parish of Epsom'



## **Donation Station**

If you wish to give via contactless payment, please use the donation station in church. You can give a pre-set amount or choose one. You can also gift aid your donation.



## **MISSION FOR THE MONTH - March**

### **HOME MISSION**

Spinnaker Trust; Engaging-Inspiring-Equipping

The aim of this Christian Charity is to support Primary Schools with Assemblies and R E Lessons. Locally here they have worked at 11 Schools at Epsom and Ewell.

They aim to inspire this generation of Primary School children to engage with the Christian Faith and explore its values.

***Jill Chapman***

### **ABROAD MISSION**

The Mission to Seafarers is a Christian welfare charity serving merchant crews around the world. It operates through a global Mission 'family' network of chaplains, staff and volunteers and provides practical, emotional and spiritual support through ship visits, drop-in seafarers' centres and a range of welfare and emergency support services.

***Meg Topley***

## ECO CHURCH

### Recycling in Epsom

There is a recycling box in the welcome area at the **Methodist Church** in Ashley Road. They recycle the following and support the linked charities:-

- Used stamps (RNIB)
- Gently used bras ('Smalls for All' supporting vulnerable women)
- Spectacles – without the cases, please (sent to developing countries)
- Crisp packets (Air Ambulance)
- Batteries, empty tablet blister packets (recycled so they are not sent to landfill)
- Clean foil, Toothbrushes and empty toothbrush tubes

**The Co-op** take plastic bags.

**Boots and Leightons** take contact lens foil and contact lenses

**Boots and Superdrug** Makeup compacts and palettes, mascara, lip products, plastic make-up tubes and other makeup packaging.

**Ryman** Pens and other writing equipment and printer cartridges

**RobertDyas and Sainsbury's** Water filters

In due course St Martin's could collect something for recycling too. There are more 'eco' links on the church website, under 'Church Life' and 'Eco Church'

- <https://www.stmartinsepsom.org/church-life/> .

A very useful local group is Sustainable Epsom and Ewell - <https://www.sustainableepsomewell.co.uk> - who have information on many things (look under 'themes') including some more recycling options around Epsom. Do have a look - and then reduce, re-use, and RECYCLE

### **Message from Helen Williams:**

"I imagine many of you will have chosen your fast or actions for Lent. If you haven't yet and are searching for inspiration, here are some ideas related to taking care of our single home - God's creation, Earth. Perhaps you are ready to up your game, after Adrian's recent notices about recycling. Choose something which you feel is a fitting challenge or observance for you, which might be something new, or a change in scale of what you already do.

- petrol - reduce your car use, take public transport more, go without the car for a day or two extra a week, or throughout Lent
- energy - use appliances as efficiently as you can (full, at off-peak times)
- food
  - increase the proportion of locally produced/seasonal food you eat (Surrey(!), or SE England, or UK?)
  - only buy FairTrade options
  - increase the number of vegetarian or vegan meals you eat (plenty of good recipes on the BBC website)
- plastic-waste fast - avoid single-use plastic. Try shopping at a refill/zero-waste shop (now in Ewell and Ashtead)

Do have a look on the Church eco page for more information, or speak to me/e-mail me. I'm happy to chat about how hard some of these things can be - perhaps we can support each other in our endeavours!

## **FOOD BANK**

This week, 13<sup>th</sup> March, we have several urgently needed items:

Longlife sponge puddings  
Powdered milk  
Longlife fruit juice  
Tinned fruit  
Chocolate spread  
Packet soup  
Shampoo  
Hair conditioner  
Shaving foam  
Loo roll  
Adult toothbrushes  
Children's toothpaste 0-2  
Children's toothbrushes 0-2  
Dog food

We also need

Spaghetti in sauce  
Tinned fish  
Tinned potatoes  
Pasta sauce  
Long life UHT milk (full fat and semi skimmed only)  
Dried pasta in sauce  
Custard  
Tea bags  
Coffee  
Ketchup  
Squash  
Rice pudding  
Washing up liquid  
Pump soap  
Tampons  
Deodorant  
Dog and cat food

Chocolate biscuit bars (ie penguins, clubs etc)

Small sized chocolates (freddo bars etc)

Booking a supermarket delivery? Let us know when to expect it  
You can donate at the usual supermarket points, or bring  
donations to our car park (please wear a mask);

Epsom & Ewell Foodbank, Generation Resource Centre, (Behind  
West Ewell Primary School), Ruxley Lane, Ewell KT19 0JG  
Donation drop off times: Monday to Friday 9am – 2pm. We are  
closed on Bank Holidays. Donations can also be made if you  
prefer by texting any amount between £1 and £20 FoodbankGift  
followed by your chosen amount to 70450. If you wish to donate a  
larger amount please e-mail us.



# HATS WANTED!

Do you have any spare hats that you would be happy to donate to

**Age Concern Epsom & Ewell?**

Any shape or size accepted

**Please drop off at:**

Age Concern Epsom & Ewell, The Old Town Hall,  
The Parade, Epsom  
KT18 5AG

**Between 10-1pm Mon-Thurs**

**Thank you!**



# Music@StMartin's

## SPRING RECITALS 2022



# EPSOM

COLLEGE

**MUSIC SCHOLARS' CONCERT**

**SAT 15 JAN AT 4.30PM**



**EMMANUEL BACH - VIOLIN**

**SAT 12 FEB AT 4.30PM**



**IAIN MACFARLANE - ORGAN**

**SAT 12 MARCH AT 4.30PM**



**THE RICE FAMILY TRIO**

**SAT 9 APRIL AT 4.30PM**

[www.stmartinsepsom.org](http://www.stmartinsepsom.org)

ST MARTIN'S CHURCH, EPSOM KT17 4PX

Registered Charity No 1134149

Admission by donation

## **CONTACT US**

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**Opening hours are Mondays, Wednesday, Thursdays & Fridays  
9.30am to 12.30pm**