



**Registered Charity Number: 1134149**

## **Weekly Newsletter**

**w/b SUNDAY March 6th, 2022  
1<sup>st</sup> Sunday of Lent**

Dear Friends,

Traditionally, we begin Lent by looking at temptation. As soon as Jesus was baptised, he went into the wilderness, where he experienced the temptations to deny his calling, abuse his gifts, test God and leave the 'narrow way.'

This is a pattern which Christians have always found – often after making a commitment to discipleship. We need not regard temptation as a sign we are doing badly as Christians. In fact, a disciple who doesn't experience temptation is the one who should be concerned.

Jesus survived by being ministered to and relying on his faith in scripture. We need, therefore, to ensure we are open to being ministered to by others, and stand on sure ground in our faith.

**The Vicar**

## **THIS WEEK**

### **Sunday 6th March – 1<sup>st</sup> Sunday of Lent**

- 9.30am – Morning Prayer at St Stephen's
- 10.00am – Sung Communion at St Martin's,  
in church and live streamed
- 6.30pm – Evening Prayer at St Martin's,  
in church and live streamed

### **Wednesday 9th March**

- 10.00am – Holy Communion

## **NEXT WEEK**

### **Sunday 13<sup>th</sup> March – 2<sup>nd</sup> Sunday of Lent**

- ..8.30am – Holy Communion at St Martin's
- 9.30am – Holy Communion at St Stephen's
- 10.00am – Choral Matins at St Martin's,  
in church and live streamed
- 3..00pm – Beacon Tea
- 6.30pm – 2<sup>nd</sup> Thoughts (see below).

### **Group for older children**

A group for children aged 8+ starts this morning after the 10am service. It meets in Church House until about 11.45pm. Please spread the word. It will meet on the 1st and 3rd Sundays each month.

At the moment this group is being run by Alana Harris, Kate and John Malhotra and Graeme Lodge but any more helpers would be warmly welcomed.

The aim is to reflect on the theme of that morning's service through discussion and other activities.

## **STUDY AND COMMUNITY EVENTS**

**Saturday 12<sup>th</sup> March 4.30pm**

### **Organ Recital given by Iain Macfarlane**

*Basso Staccato (Alla Marcia)* (4'') Charles Waters (1895-1975)

*Fantaisie, from Six Pièces, op. 16* (13'') César Franck (1822-1890)

*St Bride, assisted by angels* (6'') Judith Bingham (b. 1952)

*Allegretto, from Five Little Organ Studies* (3'')

Margery Moore (fl. 1930s)

Prelude and Fugue on *O Traurigkeit, O Herzeleid* (7'')

Ethyl Smyth (1858-1944)

Toccat, Chorale and Fugue, op. 16 (14'')

Francis Jackson (1917-2022)

**Sunday 13<sup>th</sup> March 6.30pm**

### **Second Thoughts – Lynne Scholefield**

*Thomas Keating – A Life Surrendered to Love*

Fr Thomas Keating was the founder, spiritual guide and one of the principal teachers of the Centering Prayer movement. *A Life Surrendered to Love* is the title of a short introductory video we will watch where Fr Thomas reflects about his life, his understanding of God, prayer and his approaching death. Following time for reflection and discussion, there will be an opportunity for a short time of silent prayer.

Lynne Scholefield is a member of the St Martin's congregation, and a commissioned presenter of Centering Prayer introductory workshops. The Tuesday afternoon Centering Prayer sessions will resume on Tuesday 15<sup>th</sup> March at 4pm, meeting fortnightly. For more information please email [stmcenteringprayer@gmail.com](mailto:stmcenteringprayer@gmail.com)

## **Beacon Tea**

These are on the second Sunday of each month (unless otherwise notified) in Church, 3.00 p.m. – 5.00 p.m. All welcome for sandwiches, cake and a chat. The next teas are on 13 March and 10 April. Beacon Teas are followed on the same Sundays by **Second Thoughts** at 6.30 p.m. Tea, coffee and cake will therefore be available beforehand to anyone coming to this event.

**Mary Gilbert and Elaine Snook**

## **Lent Courses**

### **1. Opportunity to join the Pilgrim Course**

7.30pm Monday 14<sup>th</sup> March. The new Pilgrim Course begins at 59a Burgh Heath Rd, details from the host, Graeme Lodge.

### **2. Opportunities to discuss the spiritual, as well as practical issues, that are raised by our consideration of how to respond to the 'contested artifacts' in St Martin's (such as the Brathwaite memorial):**

Monday 14<sup>th</sup> – 7.30pm at 59a Burgh Heath Rd (part of the Pilgrim Course session)

Tuesday 8<sup>th</sup> and 22<sup>nd</sup> March – 9.30am in the Wisley Room at Church House.

### **3. To discuss the Emily Maitlis book which some took as part of the Kingston University big read:**

Wednesday 16<sup>th</sup> March 3.00pm in Church

## PLATINUM JUBILEE & AFTERNOON TEA



Nick & Yvonne have pleasure in inviting all members of the church family at St Martin's & St Stephen's to afternoon tea on **Sunday 29 May 2022 @ 3pm at the Vicarage.**

Please save the date. A sign up sheet will be available in both churches from the beginning of May. Contributions of cakes, scones or sandwiches would be much appreciated.

## Summer Fayre – Save the Date Saturday 11<sup>th</sup> June



We are planning a Summer Fayre, to be held outside, weather permitting! Enjoy summer themed stalls, games, cream teas, companionship and the weather!

***Events Team***

## **STEWARDSHIP**

### **Giving to St Martin's and St Stephen on the Downs**

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below

There is also a "Donate" button on our website.

### **Cheques to St Martin's**

If giving a cheque donation to St Martin's Church, please can it be payable to:

'The PCC of the Ecclesiastical Parish of Epsom'

### **Donation Station**

If you wish to give via contactless payment, please use the donation station in church. You can give a pre-set amount or choose one. You can also gift aid your donation.



## **MISSION FOR THE MONTH - March**

### **HOME MISSION**

Spinnaker Trust; Engaging-Inspiring-Equipping

The aim of this Christian Charity is to support Primary Schools with Assemblies and R E Lessons. Locally here they have worked at 11 Schools at Epsom and Ewell.

They aim to inspire this generation of Primary School children to engage with the Christian Faith and explore its values.

***Jill Chapman***

### **ABROAD MISSION**

The Mission to Seafarers is a Christian welfare charity serving merchant crews around the world. It operates through a global Mission 'family' network of chaplains, staff and volunteers and provides practical, emotional and spiritual support through ship visits, drop-in seafarers' centres and a range of welfare and emergency support services.

***Meg Topley***

## **ECO CHURCH**

### **Recycling in Epsom**

There is a recycling box in the welcome area at the **Methodist Church** in Ashley Road. They recycle the following and support the linked charities:-

- Used stamps (RNIB)
- Gently used bras ('Smalls for All' supporting vulnerable women)
- Spectacles – without the cases, please (sent to developing countries)
- Crisp packets (Air Ambulance)

- Batteries, empty tablet blister packets (recycled so they are not sent to landfill)
- Clean foil
- Toothbrushes and empty toothbrush tubes

**The Co-op** take plastic bags.

**Boots and Leightons** take contact lens foil and contact lenses

**Boots and Superdrug** Makeup compacts and palettes, mascara, lip products, plastic make-up tubes and other makeup packaging.

**Ryman** Pens and other writing equipment and printer cartridges

**Dyas and Sainsbury's** Water filters

In due course St Martin's could collect something for recycling too. There are more 'eco' links on the church website, under 'Church Life' and 'Eco Church'

- <https://www.stmartinsepsom.org/church-life/> .

A very useful local group is Sustainable Epsom and Ewell

- <https://www.sustainableepsomewell.co.uk> - who have information on many things (look under 'themes') including some more recycling options around Epsom. Do have a look - and then reduce, re-use, and RECYCLE

### **Message for Helen Williams:**

" I imagine many of you will have chosen your fast or actions for Lent. If you haven't yet and are searching for inspiration, here are some ideas related to taking care of our single home - God's creation, Earth. Perhaps you are ready to up your game, after Adrian's recent notices about recycling. Choose something which you feel is a fitting challenge or observance for you, which might be something new, or a change in scale of what you already do.



- petrol - reduce your car use, take public transport more, go without the car for a day or two extra a week, or throughout Lent
- energy - use appliances as efficiently as you can (full, at off-peak times)
- food
  - increase the proportion of locally produced/seasonal food you eat (Surrey(!), or SE England, or UK?)
  - only buy FairTrade options
  - increase the number of vegetarian or vegan meals you eat (plenty of good recipes on the BBC website)
- plastic-waste fast - avoid single-use plastic. Try shopping at a refill/zero-waste shop (now in Ewell and Ashtead)

Do have a look on the Church eco page for more information, or speak to me/e-mail me. I'm happy to chat about how hard some of these things can be - perhaps we can support each other in our endeavours!

## **FOOD BANK**

Thanks everyone! Every donation makes a difference to those in need in our communities. You helped us feed more than 595 people in January.

This week, 6<sup>th</sup> March, we have several urgently needed items:

Tinned fruit, Chocolate spread  
 Longlife sponge puddings  
 Powdered milk, Longlife fruit juice  
 Spaghetti in sauce  
 Tampons, Deodorant  
 Washing up liquid, Hair conditioner  
 Children's toothpaste 0-2  
 Children's toothbrushes 0-2

We also need

Tinned potatoes

Pasta sauce, Tinned fish

Long life UHT milk (full fat and semi skimmed only)

Dried pasta in sauce

Custard

Tea bags, Coffee

Ketchup

Squash

Rice pudding

Shampoo, Toilet roll

Dog food

Chocolate biscuit bars (ie penguins, clubs etc)

Small sized chocolates (freddo bars etc)

Crisps

Please no more of these items as we are fully stocked: Pulses, pasta, noodles, sweetcorn, rice, beans, shower gel, porridge, baby wash and baby shampoo, hot chocolate.

Booking a supermarket delivery? Let us know when to expect it  
You can donate at the usual supermarket points, or bring donations to our car park (please wear a mask);

Epsom & Ewell Foodbank, Generation Resource Centre, (Behind West Ewell Primary School), Ruxley Lane, Ewell KT19 0JG

Donation drop off times: Monday to Friday 9am – 2pm. We are closed on Bank Holidays.

\* Please make sure all donations are sealed, in date and do not contain alcohol\*

Donations can also be made if you prefer by texting any amount between £1 and £20 Christmas Gift followed by your chosen amount to 70450. If you wish to donate a larger amount please e-mail us.

Kind regards

Chris Shortt

# Hats Wanted!



## HATS WANTED!

Do you have any spare hats that  
you would be happy to donate to

Age Concern Epsom & Ewell?

Any shape or size accepted

Please drop off at:

Age Concern Epsom & Ewell, The Old Town Hall,  
The Parade, Epsom  
KT18 5AG

Between 10-1pm Mon-Thurs

Thank you!



## **CONTACT US**

***Parish Office:***

***Church House, Church Street, Epsom,  
KT17 4PX Phone: 01372 722567***

***E-mail: [stmartinsepsom@btconnect.com](mailto:stmartinsepsom@btconnect.com)***

***Website: [www.stmartinsepsom.org](http://www.stmartinsepsom.org)***

**Opening hours are Mondays, Wednesday, Thursdays & Fridays  
9.30am to 12.30pm**

# Music@StMartin's

## SPRING RECITALS 2022



# EPSOM

COLLEGE

**MUSIC SCHOLARS' CONCERT**

**SAT 15 JAN AT 4.30PM**



**EMMANUEL BACH - VIOLIN**

**SAT 12 FEB AT 4.30PM**



**IAIN MACFARLANE - ORGAN**

**SAT 12 MARCH AT 4.30PM**



**THE RICE FAMILY TRIO**

**SAT 9 APRIL AT 4.30PM**

[www.stmartinsepsom.org](http://www.stmartinsepsom.org)

ST MARTIN'S CHURCH, EPSOM KT17 4PX

Registered Charity No 1134149

Admission by donation