



Registered Charity Number: 1134149

Weekly Newsletter

**w/b SUNDAY March 6th, 2022
1st Sunday of Lent**

Dear Friends,

Traditionally, we begin Lent by looking at temptation. As soon as Jesus was baptised, he went into the wilderness, where he experienced the temptations to deny his calling, abuse his gifts, test God and leave the ‘narrow way.’

This is a pattern which Christians have always found – often after making a commitment to discipleship. We need not regard temptation as a sign we are doing badly as Christians. In fact, a disciple who doesn’t experience temptation is the one who should be concerned.

Jesus survived by being ministered to and relying on his faith in scripture. We need, therefore, to ensure we are open to being ministered to by others, and stand on sure ground in our faith.

The Vicar

THIS WEEK

Sunday 6th March – 1st Sunday of Lent

- 9.30am – Morning Prayer at St Stephen's
- 10.00am – Sung Communion at St Martin's,
in church and live streamed
- 6.30pm – Evening Prayer at St Martin's,
in church and live streamed

Wednesday 9th March

- 10.00am – Holy Communion

NEXT WEEK

Sunday 13th March – 2nd Sunday of Lent

- ..8.30am – Holy Communion at St Martin's
- 9.30am – Holy Communion at St Stephen's
- 10.00am – Choral Matins at St Martin's,
in church and live streamed
- 3..00pm – Beacon Tea
- 6.30pm – 2nd Thoughts (see below).

Group for older children

A group for children aged 8+ starts this morning after the 10am service. It meets in Church House until about 11.45pm. Please spread the word. It will meet on the 1st and 3rd Sundays each month.

At the moment this group is being run by Alana Harris, Kate and John Malhotra and Graeme Lodge but any more helpers would be warmly welcomed.

The aim is to reflect on the theme of that morning's service through discussion and other activities.

STUDY AND COMMUNITY EVENTS

Saturday 12th March 4.30pm

Organ Recital given by Iain Macfarlane

Basso Staccato (Alla Marcia) (4'') Charles Waters (1895-1975)

Fantaisie, from *Six Pièces*, op. 16 (13'') César Franck (1822-1890)

St Bride, assisted by angels (6'') Judith Bingham (b. 1952)

Allegretto, from *Five Little Organ Studies* (3'')

Margery Moore (fl. 1930s)

Prelude and Fugue on *O Traurigkeit, O Herzeleid* (7'')

Ethyl Smyth (1858-1944)

Toccatina, Chorale and Fugue, op. 16 (14'')

Francis Jackson (1917-2022)

Sunday 13th March 6.30pm

Second Thoughts – Lynne Scholefield

Thomas Keating – A Life Surrendered to Love

Fr Thomas Keating was the founder, spiritual guide and one of the principal teachers of the Centering Prayer movement. *A Life Surrendered to Love* is the title of a short introductory video we will watch where Fr Thomas reflects about his life, his understanding of God, prayer and his approaching death. Following time for reflection and discussion, there will be an opportunity for a short time of silent prayer.

Lynne Scholefield is a member of the St Martin's congregation, and a commissioned presenter of Centering Prayer introductory workshops. The Tuesday afternoon Centering Prayer sessions will resume on Tuesday 15th March at 4pm, meeting fortnightly. For more information please email stmcenteringprayer@gmail.com

Beacon Tea

These are on the second Sunday of each month (unless otherwise notified) in Church, 3.00 p.m. – 5.00 p.m. All welcome for sandwiches, cake and a chat. The next teas are on 13 March and 10 April. Beacon Teas are followed on the same Sundays by **Second Thoughts** at 6.30 p.m. Tea, coffee and cake will therefore be available beforehand to anyone coming to this event.

Mary Gilbert and Elaine Snook

Lent Courses

1. Opportunity to join the Pilgrim Course

7.30pm Monday 14th March. The new Pilgrim Course begins at 59a Burgh Heath Rd, details from the host, Graeme Lodge.

2. Opportunities to discuss the spiritual, as well as practical issues, that are raised by our consideration of how to respond to the 'contested artifacts' in St Martin's (such as the Brathwaite memorial):

Monday 14th – 7.30pm at 59a Burgh Heath Rd (part of the Pilgrim Course session)

Tuesday 8th and 22nd March – 9.30am in the Wisley Room at Church House.

3. To discuss the Emily Maitlis book which some took as part of the Kingston University big read:

Wednesday 16th March 3.00pm in Church

PLATINUM JUBILEE & AFTERNOON TEA



Nick & Yvonne have pleasure in inviting all members of the church family at St Martin's & St Stephen's to afternoon tea on **Sunday 29 May 2022 @ 3pm at the Vicarage.**

Please save the date. A sign up sheet will be available in both churches from the beginning of May. Contributions of cakes, scones or sandwiches would be much appreciated.

Summer Fayre – Save the Date Saturday 11th June



We are planning a Summer Fayre, to be held outside, weather permitting! Enjoy summer themed stalls, games, cream teas, companionship and the weather!

Events Team

STEWARDSHIP

Giving to St Martin's and St Stephen on the Downs

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below

There is also a "Donate" button on our website.

Cheques to St Martin's

If giving a cheque donation to St Martin's Church, please can it be payable to:

'The PCC of the Ecclesiastical Parish of Epsom'

Donation Station

If you wish to give via contactless payment, please use the donation station in church. You can give a pre-set amount or choose one. You can also gift aid your donation.



MISSION FOR THE MONTH - March

HOME MISSION

Spinnaker Trust; Engaging-Inspiring-Equipping

The aim of this Christian Charity is to support Primary Schools with Assemblies and R E Lessons. Locally here they have worked at 11 Schools at Epsom and Ewell.

They aim to inspire this generation of Primary School children to engage with the Christian Faith and explore its values.

Jill Chapman

ABROAD MISSION

The Mission to Seafarers is a Christian welfare charity serving merchant crews around the world. It operates through a global Mission 'family' network of chaplains, staff and volunteers and provides practical, emotional and spiritual support through ship visits, drop-in seafarers' centres and a range of welfare and emergency support services.

Meg Topley

ECO CHURCH

Recycling in Epsom

There is a recycling box in the welcome area at the **Methodist Church** in Ashley Road. They recycle the following and support the linked charities:-

- Used stamps (RNIB)
- Gently used bras ('Smalls for All' supporting vulnerable women)
- Spectacles – without the cases, please (sent to developing countries)
- Crisp packets (Air Ambulance)

- Batteries, empty tablet blister packets (recycled so they are not sent to landfill)
- Clean foil
- Toothbrushes and empty toothbrush tubes

The Co-op take plastic bags.

Boots and Leightons take contact lens foil and contact lenses

Boots and Superdrug Makeup compacts and palettes, mascara, lip products, plastic make-up tubes and other makeup packaging.

Ryman Pens and other writing equipment and printer cartridges

Dyas and Sainsbury's Water filters

In due course St Martin's could collect something for recycling too. There are more 'eco' links on the church website, under 'Church Life' and 'Eco Church'

- <https://www.stmartinsepsom.org/church-life/> .

A very useful local group is Sustainable Epsom and Ewell

- <https://www.sustainableepsomewell.co.uk> - who have information on many things (look under 'themes') including some more recycling options around Epsom. Do have a look - and then reduce, re-use, and RECYCLE

Message for Helen Williams:

" I imagine many of you will have chosen your fast or actions for Lent. If you haven't yet and are searching for inspiration, here are some ideas related to taking care of our single home - God's creation, Earth. Perhaps you are ready to up your game, after Adrian's recent notices about recycling. Choose something which you feel is a fitting challenge or observance for you, which might be something new, or a change in scale of what you already do.

- petrol - reduce your car use, take public transport more, go without the car for a day or two extra a week, or throughout Lent
- energy - use appliances as efficiently as you can (full, at off-peak times)
- food
 - increase the proportion of locally produced/seasonal food you eat (Surrey(!), or SE England, or UK?)
 - only buy FairTrade options
 - increase the number of vegetarian or vegan meals you eat (plenty of good recipes on the BBC website)
- plastic-waste fast - avoid single-use plastic. Try shopping at a refill/zero-waste shop (now in Ewell and Ashtead)

Do have a look on the Church eco page for more information, or speak to me/e-mail me. I'm happy to chat about how hard some of these things can be - perhaps we can support each other in our endeavours!

FOOD BANK

Thanks everyone! Every donation makes a difference to those in need in our communities. You helped us feed more than 595 people in January.

This week, 6th March, we have several urgently needed items:

Tinned fruit, Chocolate spread
 Longlife sponge puddings
 Powdered milk, Longlife fruit juice
 Spaghetti in sauce
 Tampons, Deodorant
 Washing up liquid, Hair conditioner
 Children's toothpaste 0-2
 Children's toothbrushes 0-2

We also need

Tinned potatoes

Pasta sauce, Tinned fish

Long life UHT milk (full fat and semi skimmed only)

Dried pasta in sauce

Custard

Tea bags, Coffee

Ketchup

Squash

Rice pudding

Shampoo, Toilet roll

Dog food

Chocolate biscuit bars (ie penguins, clubs etc)

Small sized chocolates (freddo bars etc)

Crisps

Please no more of these items as we are fully stocked: Pulses, pasta, noodles, sweetcorn, rice, beans, shower gel, porridge, baby wash and baby shampoo, hot chocolate.

Booking a supermarket delivery? Let us know when to expect it
You can donate at the usual supermarket points, or bring donations to our car park (please wear a mask);

Epsom & Ewell Foodbank, Generation Resource Centre, (Behind West Ewell Primary School), Ruxley Lane, Ewell KT19 0JG

Donation drop off times: Monday to Friday 9am – 2pm. We are closed on Bank Holidays.

* Please make sure all donations are sealed, in date and do not contain alcohol*

Donations can also be made if you prefer by texting any amount between £1 and £20 Christmas Gift followed by your chosen amount to 70450. If you wish to donate a larger amount please e-mail us.

Kind regards

Chris Shortt

Hats Wanted!



HATS WANTED!

Do you have any spare hats that
you would be happy to donate to

Age Concern Epsom & Ewell?

Any shape or size accepted

Please drop off at:

Age Concern Epsom & Ewell, The Old Town Hall,
The Parade, Epsom
KT18 5AG

Between 10-1pm Mon-Thurs

Thank you!



CONTACT US

Parish Office:

***Church House, Church Street, Epsom,
KT17 4PX Phone: 01372 722567***

E-mail: stmartinsepsom@btconnect.com

Website: www.stmartinsepsom.org

**Opening hours are Mondays, Wednesday, Thursdays & Fridays
9.30am to 12.30pm**

Music@StMartin's

SPRING RECITALS 2022



EPSOM

COLLEGE

MUSIC SCHOLARS' CONCERT

SAT 15 JAN AT 4.30PM



EMMANUEL BACH - VIOLIN

SAT 12 FEB AT 4.30PM



IAIN MACFARLANE - ORGAN

SAT 12 MARCH AT 4.30PM



THE RICE FAMILY TRIO

SAT 9 APRIL AT 4.30PM

www.stmartinsepsom.org

ST MARTIN'S CHURCH, EPSOM KT17 4PX

Registered Charity No 1134149

Admission by donation