



**Registered Charity Number: 1134149**

## WEEKLY NEWSLETTER

**SUNDAY 4<sup>th</sup> September 2022 – Creation 1**



Dear Friends

I would like to thank you for your cards and messages as I recover from my trip over the tomb. They mean a lot. My broken elbow is healing well, and this week I have had my, hopefully, last dental surgery - I now have a new smile. This is up until Christmas, when a permanent solution is offered and my ongoing smile can be revealed.

I hope to back with you on a Sunday on the 18<sup>th</sup> September, but will appear at meetings before that.

**Nick Parish**

## **THIS WEEK 4<sup>th</sup> September 2022 – Creation 1**

**9.30am** Morning Prayer at St Stephen's  
**10.00am** Sung Communion at St Martin's  
**6.30pm** Evening Prayer at St Martin's

### **Wednesday 7<sup>th</sup> September**

**10.00am** Holy Communion at St Martin's

## **NEXT SUNDAY 11<sup>th</sup> September – Creation 2**

**9.30am** Holy Communion at St Stephen's  
**10.00am** Choral Matins at St Martin's  
**6.30pm** Second Thoughts

### **Centering Prayer for September**

The Centering Prayer group meets at the back of church, with refreshments from 3.45pm, ready to start at 4pm on Tuesday 6th and Tuesday 20th September. All are welcome.

### **Contemplative Prayer Group**

The next meeting of the Contemplative Prayer Group will be in the Lady Chapel at St Martin's on Tuesday, 6th September at 11am. Our starting point will be Zechariah 4.6: *'Not by might, nor by power, but by my Spirit'* as God addresses the Israelites who are seeking to rebuild their lives after the exile. All will be very welcome for an hour or so of led meditation and silence.

**Adrian Esdaile**

### **Second Thoughts on Sunday 11th September at 6.30pm**

#### ***Besom and the Quality of Giving***

'There are 24 Besoms in the country. We are part of a national network that seeks to encourage Christians in their local church to have an intentional involvement with those living on the margins of society in the neighbourhood. The Besom in Ashted, Leatherhead and Epsom is a registered charity and exists to be a

bridge between those who want to give time, money, things or skills and those who are in need. We create links with social workers and care providers and they refer clients who are in need of furniture or help with a one-off project of gardening or decorating. In 2007 we started collecting furniture in our cars and using our garages as storage. We never ask, we don't fund raise or ask for specific items. When there is a need, we pray for God's provision. We have seen many answers to prayer including being given a van and money for a small warehouse.'

Julia Brand became a Christian on an Alpha course and was a criminal lawyer before having children. Since 2007 she has been part of the Besom team and is the co-ordinator of the Besom in Ashted, Leatherhead and Epsom. She will talk about all aspects of Besom.

Tea and cake will be available beforehand – do come and join us.

***Adrian Esdaile***

### **Beacon Teas, Autumn 2022**

The Beacon Teas will take place on the second Sunday of each month: 11 September, 9 October, 13 November and 11 December, from 3.30pm – 5pm. Please note the new start time of **3.30pm**.

***Mary Gilbert and Elaine Snook***

### **Churches Together in Epsom: Council Meeting**

#### **Wednesday 14<sup>th</sup> September**

You are warmly invited to attend and contribute to the CTiE Council meeting 7:55pm on September 14, to be held at St Joseph's Church – refreshments from 7:30pm.

Agenda: <https://ctie.org.uk/index.php/about/ctie-council>

## **Churches Together in Epsom: Monthly Prayer Meeting**

### **Friday 9<sup>th</sup> September**

We look forward to meeting all who can join us, at the next **CTiE** meeting: 10-11am on Friday September 9th for **Coffee, Fellowship and Prayer**, in the outdoor space at **Old Moat Garden Centre Cafe**, Horton Lane, Epsom KT19 8PQ.

### **Eco Fair – Saturday 24<sup>th</sup> September**

After the positive comments from last year, St Martin's will be hosting another Eco Fair, with Sustainable Epsom and Ewell, on 24th September 2022. More details nearer the time.... And if you have any sustainable initiatives you'd like to present on a stall or through an activity, do get in touch!

***Helen Williams***

### **Recycling – Empty Medication Packets**

Please bring your empty packets and put them in the box at the back of church. The box is covered in silver coloured paper with coloured dots on, so should look a bit like a packet of medicine, if you use your imagination! The Council doesn't recycle these, but an organisation called TerraCycle does. Thanks.

## Crosstalk

Trinity Church, Sutton, not far away, has a series of talks on Tuesdays which I discovered recently. The next in the new series is on the Cross of Christ. I am sure it will be worth a trip. They ask for £5 towards defraying the costs. Money well spent I would say. There is a car park nearby at Gibson Road.



**Tuesdays at Trinity**  
7.30pm  
13<sup>th</sup> September 2022

**“CROSSTALK”**  
with the  
Very Revd. Andrew Nunn

On the eve of the Feast of the Holy Cross, which celebrates St Helena’s discovery of the True Cross in 326 AD and marks the dedication in 335 of the Church of the Holy Sepulchre built where the cross was found, the Dean of Southwark discusses the significance of the cross of Christ. **Howard Bluett**

## **MUSIC@STMARTIN'S AUTUMN RECITAL DATES FOR YOUR DIARY**

### **Saturday 24 September** at 4.30pm

We're delighted to welcome young musicians from the City of London Freeman's School led by Director of Music, Anthony Merryweather, for their first visit to St Martin's. Help nurture and encourage these young musicians of the future by supporting their debut appearance in our series.

### **Saturday 22 October** at 4.30pm

Local musicians of the Epsom and Ewell Silver Band continue to enjoy competition success under their inspiring conductor Paul Graham. Come and judge for yourself as the band performs popular hits from their latest playlist!

### **Saturday 19 November** at 4.30pm

Singers of Opera Holloway return with a programme of famous operatic favourites. The concert will be a musical feast, featuring operatic solos and ensembles sung by local soprano -Callie Gaston, tenor -William Branston and baritone -Sam Oram. Since Opera Holloway last visited, their star singers have made their international debuts and are in demand in both the UK and overseas. The trio will perform some of opera's greatest arias, duets and trios from *Faust*, *La Bohème*, *Il Barbiere di Siviglia*, *Don Giovanni* and more.

## **STEWARDSHIP**

### **Giving to St Martin's and St Stephen on the Downs**

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:  
<https://cafdonate.cafonline.org/13377>
- OR
2. Use your Smart Phone and Scan the QR Code below



There is also a "[Donate](#)" button on our website.

### **Donation Station**

If you wish to give via contactless payment, please use the donation station in church. You can give a pre-set amount or choose one. You can also gift aid your donation.

### **MISSION OF THE MONTH – September**

The Bible Society works in over 200 countries, to bring the Bible to life for every man, woman and child, believing that when people engage with the Bible, lives can change for good. It translates and distributes Bibles around the World so that people can experience the Bible in their own language. It also works across Society in this country to help all adults and children to come to know its value in their lives.

*Jill Chapman*

### **MISSION**

#### **REDRESS**

Since 1992 REDRESS has worked to deliver justice and reparation for survivors of torture, many targeted because of discrimination or to suppress dissent and to promote solidarity in the anti-torture movement.

*Meg Topley*

## CALL FOR VOLUNTEERS

### 'Out of Sight, Out of Mind' Project Workshop Facilitators

Friends of Horton Cemetery have won some funding from *Historic England* to co-create a pop up-exhibition – through several participatory 'chat and craft' workshops – about Epsom's forgotten history as an important psychiatric hub for London and the nation.

We are seeking volunteers (who will be trained, and work in pairs) to lead these public engagement events which will discuss the history of the 'Epsom Asylum' cluster and its Cemetery (in which 9000 people are buried). See <https://hortoncemetery.org/>

These workshops will be 'making and doing' sessions, intended for diverse audiences, at which people will be invited to discover the lives of some of the people buried in the Cemetery, to paint a ceramic flower (for a memorial garden 'planted' at the Cemetery site) and to reflect on mental health and wellbeing treatments today (and previously).

We hope to work with neighbouring primary and secondary schools, mental health charities, local history societies, and through Epsom and Ewell Council/Surrey County Council sponsored events.

Volunteers will help us to programme and deliver events across the next 12 months, with the aim of reaching 1000+ people and painting 900 ceramic flowers for installation in October 2023.

The public engagement programme will launch on World Mental Health Day (and in collaboration with the 'Love Me, Love My Mind' festival), with the following events already scheduled:

**Saturday 8<sup>th</sup> October 2022:** 'Chat and Crafting Stall', Epsom Market Square, 10:00 – 16:00

**Monday 10<sup>th</sup> October 2022:** St Barnabas Church of England Church

Horton Cemetery Walk - 13:00-15:00 [Cemetery Stories; flower painting throughout).

'Volunteer Researchers' Presentation – 12:00 noon [writing the life histories]

'Out of Sight, Out of Mind' Showcase event – 20:30. *Historic England* project presentation, aims and objectives.

Thereafter, we would aim for one or two workshops per month, spread across Epsom and Ewell, and targeting different audiences and constituencies.

Workshop facilitators will be provided with a workshop 'proforma', trained in co-participatory practices (by artist-activist Stephanie Bickford-Smith) and provided with safeguarding techniques and referral support by an expert psychotherapist (Dr James Wilson) so that they have the skills and confidence to deliver these sessions.

**Come and find out more at an Information session**

to be held on

**Tuesday 6 September, 16:00-18:00 at St Barnabas Church,  
Temple Road, Epsom, KT19 8HA**

Or email for further information: [alana.harris@kcl.ac.uk](mailto:alana.harris@kcl.ac.uk)

## **FOOD BANK**

### **Our urgent needs list**

Thank you to those who arranged supermarket deliveries directly to us last week, we really appreciate getting donations we need this way. Please let us know if you have booked one so we can let our warehouse know when to expect it.

We urgently need:

Powdered milk

Tinned soup

Tinned meat (not corned beef, we have lots)

Cooking sauces

Longlife juice

Tea bags

Longlife sponge puddings

Rice

Noodles (not pot

Shampoo

Conditioner

Male / Female deodorant

Adult toothbrushes (Singles please, no packs of 2 or more)

Chocolate/Treats

Please no more of these items as we are fully stocked:

Pulses, pasta, beans, washing up liquid, cat food, dog food, peanut butter, non-dairy milk.

Booking a supermarket delivery? Let us know when to expect it.

You can donate at the usual supermarket points, or bring donations to our car park;

Epsom & Ewell Foodbank, Good Company Hub, (Behind West Ewell Primary School), Ruxley Lane, Ewell, KT19 0JG

Donation drop off times: Monday to Friday 9am – 2pm. We are closed on Bank Holidays.

\* Please make sure all donations are sealed, in date and do not contain alcohol\*

Donations can also be made if you prefer by texting any amount between £1 and £20 followed by your chosen amount to 70450. If you wish to donate a larger amount please e-mail us.

[foodbank@goodcompany.org.uk](mailto:foodbank@goodcompany.org.uk)

# ENJOY SINGING?

The choir of St Martin of Tours,  
Epsom welcomes you!



St Martin's Choir provides music at Sunday services throughout the year. Our wide repertoire from the Anglican choral tradition includes music by Byrd, Wesley, Stanford, Howells, Rutter and more, plus newly-composed works as they appear. We welcome singers of all ages to make music with us and we also offer a range of extra opportunities including:

- Completing the RSCM Voice for Life Programme
  - Singing regularly in cathedrals
- Performing in our monthly Recital Series
- Having fun at our varied social activities

Rehearsals are on Friday evenings  
Juniors (8-13yrs) 7.00pm-8.30pm  
Adults 8.00pm-9.30pm

Contact Richard Dacey, Director of Music, St Martin of Tours,  
Church Street, Epsom KT17 4PX Tel: 01372 722567  
Email: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)  
[www.stmartinsepsom.org](http://www.stmartinsepsom.org)

*Music@StMartin's*

## AUTUMN RECITALS 2022



**Sat 24 Sep at 4.30pm**

Talented musicians from the  
**CITY OF LONDON FREEMEN'S SCHOOL**  
present a varied programme of solo and  
ensemble music for voices and instruments.

**Sat 22 Oct at 4.30pm**  
**EPSOM AND EWELL SILVER BAND**

conducted by Paul Graham  
perform an eclectic selection  
of music from their prize-winning  
repertoire.



**Sat 19 Nov at 4.30pm**

### **OPERA HOLLOWAY**

return to sing popular  
operatic excerpts including  
*O mio babbino caro* (Puccini)  
The Pearl Fishers Duet (Bizet)  
*Nessun Dorma* (Puccini)

More information at [www.stmartinsepsom.org](http://www.stmartinsepsom.org)  
**ST MARTIN'S CHURCH, EPSOM KT17 4PX**

Registered Charity No 1134149

Admission to the recitals is by donation. You can  
also use our QR code to support the series at any time.



# Out of Sight, Out of Mind?

## Remembering Epsom's Forgotten Residents

**Did you know** that the largest cluster of psychiatric hospitals in Europe was in Epsom?

**And** the unclaimed bodies of over 9000 psychiatric patients who died in these facilities were buried in the local graveyard, Horton Cemetery?

We want to restore dignity to the thousands of people buried in unmarked plots on this wasteland. Some were famous in their day (war heroes, a Titanic survivor, a popular comedy actor, and a model/artistic muse for Picasso), but countless others lived less-public lives.

Our project, supported by **Historic England**, seeks to recapture these stories and to create a crowd-sourced memorial, overcoming historical amnesia, neglect, and inaction.

We will be running 'chat and craft' workshops across the year, with the aim of painting 900 commemorative ceramic flowers – and the creation of a memorial garden.

This memorial garden will be 'planted' near the Cemetery in October 2023 and act as a powerful public marker. We want to do justice to these forgotten lives – as a first step towards putting Horton Cemetery into public hands and restoring community knowledge about and access to this historic site.

**Come** and paint a flower for free, to give testimony to these forgotten residents and find out more about these hidden lives.

**Market Square on  
Saturday 8th October  
10:00 – 16:00**



**Parish Office:**  
**Church House, Church Street, Epsom,**  
**KT17 4PX Phone: 01372 722567**  
**E-mail: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)**  
**Website: [www.stmartinsepsom.org](http://www.stmartinsepsom.org)**

**Opening hours are**  
**10am to 12noon**  
**Please contact clergy and lay ministers via**  
**the office.**