



**Registered Charity Number: 1134149**

## WEEKLY NEWSLETTER

**SUNDAY 18<sup>th</sup> September 2022 – Creation 3**

*Behold, I make  
all things new.*



-REVELATION 21:5

### THE VICAR WRITES ....

Dear Friends

As the world mourns the loss of the Queen, it gives permission to us all to recall, and feel, the losses in our own lives. This can make it a painful time – perhaps bringing up feelings we thought had long gone. If you would appreciate a listening ear, our ministry team are available, just let us know.

Nick Parish

### SUNDAY 18<sup>th</sup> September – Creation 3

- |         |  |
|---------|--|
| 9.30am  | <b>NO SERVICE at St Stephen's</b>                                  |
| 10.00am | <b>Sung Communion at St Martin's – in church and live streamed</b> |
| 6.30pm  | <b>Choral Evensong – in church and live streamed</b>               |

## **Monday 19<sup>th</sup> September**

**10.30am** The funeral of the Queen will be shown in Church.  
Refreshments will be available for all who would like to come together for the service.

## **Tuesday 20<sup>th</sup> September. Centering Prayer**

The Centering Prayer group meets at the back of church, with refreshments from 3.45pm, ready to start at 4pm. All are welcome.

## **Wednesday 21<sup>st</sup> September**

**10.00am** Holy Communion at St Martin's

## **Saturday 24<sup>th</sup> September**

**10am-2pm Eco Fair** – *details further on in the newsletter*

## **Saturday 24<sup>th</sup> September 4.30pm Music Recital**

We're delighted to welcome young musicians from the City of London Freeman's School led by Director of Music, Anthony Merryweather, for their first visit to St Martin's. Help nurture and encourage these young musicians of the future by supporting their debut appearance in our series.

## **NEXT SUNDAY 25<sup>th</sup> September – Harvest**

**9.30am** Holy Communion at St Stephen's

**10.00am** Morning Prayer with Baptism at St Martin's – in church and live-streamed

**6.30pm** Evening Prayer



## Home Communion

A short service with Holy Communion (by extension) is offered to residents in care homes in the parish, namely The Beaumont, Linden House and Leighton House, and these visits generally take place once or twice a month. We would like to increase the team of people who undertake this, and we would be grateful for any volunteers. If you are interested, please talk to Nick Parish or one of the Ministry Team.

**Mary Gilbert**

## **Eco Fair**

'The Eco Fair is this coming Saturday 10am - 2pm. There are still some ways you can be involved - by which I mean, help would be appreciated!

- there will be a plant stall, raising money for children with disabilities - please bring along any lovely plants which you think would make a nice contribution. If you are able to deliver them on Friday 23rd, that would be great.
- make a cake or some biscuits to be served as refreshments during the Fair - please bring these on Friday during the day, or Saturday morning. Please make a card with the ingredients on.
- Chair (and table) Moving! Of course - how could there not be any?! If you are willing and able, we plan to do this on Friday at 9.30am to set things up, and between 2pm and 2.45pm on Saturday, after the fair, to make sure everything is back in place for Music at St Martin's.

Having people from St Martin's generally milling and being friendly will also be great, so I hope some of you are interested in attending and seeing how we as a church and as individuals can support each other to play our part and make sure we're not 'lukewarm' in our love for God's creation. Details about what will be there can be found at [SustainableEpsomEwell.co.uk](http://SustainableEpsomEwell.co.uk). Please get in touch with me if you have any questions.

Thank you.

***Helen Williams***

## **Harvest Thanksgiving Charities**

For our Harvest Thanksgiving on 25<sup>th</sup> September, the focus for our giving is on these two charities.

### **The USPG's 'Growing Futures' appeal.**

We recently had an update from Ruthie Markus of the AMECA Trust on the progress of the expansion of services at the clinic she masterminded in rural Malawi at Chilaweni Village.

Malawi, like many African countries, has been suffering from a sustained drought. In addition to the challenges of the changing climate, fertiliser prices have risen year on year, to the point where many farmers cannot afford to fertilise their crops. With falling income, families have had to do without basics like soap and cooking oil. Children go to school hungry and struggle to concentrate.

To turn this situation around, in stepped the Anglican Church in Malawi with their "Food Security and Livelihoods" programme. They have set up local groups to teach smallholders about new farming methods that will allow them to adapt to their changed situation: how to make low-cost fertiliser at home, how to save water and how to look after animals.

This work is making a material difference to the lives of many farmers and their families, giving them a new confidence in the future. This is the work which USPG is supporting in their appeal "Growing Futures". We already support the work of one of the partners of USPG in India; now at this harvest time we have the opportunity to support significant work by the Anglican Church of Malawi.

<https://growing-futures.raisely.com/>

## **The Epsom & Ewell Foodbank**

We regularly support the foodbank with donations. For our Harvest Festival service, we ask that you bring in donations to leave at the west end of the church. The donations that they most urgently need are:

Powdered milk Tinned soup Tinned meat (not corned beef, we have lots) Cooking sauces Longlife juice Tea bags Longlife sponge puddings Rice Noodles (not pot) Shampoo Conditioner Male / Female deodorant Adult toothbrushes (Singles please, no packs of 2 or more) Chocolate/Treats

You can also donate money through their website

<https://epsomewell.foodbank.org.uk/>

## **Flowers for Harvest - help needed**

We hope to use locally grown flowers and greenery to decorate the church for our harvest festival.

If you / your neighbour/ family/ friends have flowers growing in your garden or allotment then please consider bringing some to church on the morning of Friday 23 September, so that we can use them to decorate the church for harvest. If you can donate some flowers but this time doesn't work for you then please get in touch with Yvonne Parish to arrange a better time for delivery or collection of flowers.

Thank you

***The Flower Team.***

## **Christian Prayer at St Martin's of Epsom**

From Thursday 6th October 2022 there will be a monthly Christian prayer meeting held to pray for St. Martin's school. These will be held on the first Thursday of each month at St. Martin's Church between 8-9pm. All are welcome to join. Please contact Naomi Ahronson for further details on 07773 346604 or email [naomiahronson@gmail.com](mailto:naomiahronson@gmail.com).

## **Beacon Teas, Autumn 2022**

The Beacon Teas will take place on the second Sunday of each month: 9 October, 13 November and 11 December, from 3.30pm – 5pm. Please note the new start time of **3.30pm**.

***Mary Gilbert and Elaine Snook***

### **Saturday 22nd October at 4.30pm**

Local musicians of the Epsom and Ewell Silver Band continue to enjoy competition success under their inspiring conductor Paul Graham. Come and judge for yourself as the band performs popular hits from their latest playlist!

### **Saturday 19th November at 4.30pm**

Singers of Opera Holloway return with a programme of famous operatic favourites. The concert will be a musical feast, featuring operatic solos and ensembles sung by local soprano – Callie Gaston, tenor – William Branston and baritone – Sam Oram. Since Opera Holloway last visited, their star singers have made their international debuts and are in demand in both the UK and overseas. The trio will perform some of opera's greatest arias, duets and trios from *Faust*, *La Bohème*, *Il Barbiere di Siviglia*, *Don Giovanni* and more.

### **The Besom in Ashted and Epsom \***

At a recent session of 2<sup>nd</sup> Thoughts, we had an excellent and inspiring presentation of the work of Besom in our local area.

The organisation seeks to match the needs of people and families with what others can give, helping people with furniture, white goods for the kitchen, and other needs like gardening and decorating. The service they give is entirely free.

If anyone feels that they can help with any of their needs, they would be very pleased to hear from you. Is anyone wanting to donate good quality furniture? Are you down-sizing? Have you a working fridge or freezer that you no longer need?

If you have, please get in touch with them. They have a van and will collect from your house.

**Phone:** 07904679380

**Email:** [besominashtead@gmail.com](mailto:besominashtead@gmail.com)

**Website:** [www.besominashtead.com](http://www.besominashtead.com)

\*A 'besom' is a broom, and the aim is, as far as possible, to be able to sweep away suffering.

*Adrian Esdaile*

## **STEWARDSHIP**

### **Giving to St Martin's and St Stephen on the Downs**

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:  
<https://cafdonate.cafonline.org/13377>
- OR
2. Use your Smart Phone and Scan the QR Code below



There is also a "[Donate](#)" button on our website.

### **Donation Station**

If you wish to give via contactless payment, please use the donation station in church. You can give a pre-set amount or choose one. You can also gift aid your donation.

### **MISSION OF THE MONTH – September**

The Bible Society works in over 200 countries, to bring the Bible to life for every man, woman and child, believing that when people engage with the Bible, lives can change for good.

It translates and distributes Bibles around the World so that people can experience the Bible in their own language. It also works across Society in this country to help all adults and children to come to know its value in their lives.

***Jill Chapman***

## **MISSION**

### **REDRESS**

Since 1992 REDRESS has worked to deliver justice and reparation for survivors of torture, many targeted because of discrimination or to suppress dissent and to promote solidarity in the anti-torture movement.

***Meg Topley***

## **CALL FOR VOLUNTEERS**

### **'Out of Sight, Out of Mind' Project Workshop Facilitators**

Friends of Horton Cemetery have won some funding from *Historic England* to co-create a pop up-exhibition – through several participatory 'chat and craft' workshops – about Epsom's forgotten history as an important psychiatric hub for London and the nation.

We are seeking volunteers (who will be trained, and work in pairs) to lead these public engagement events which will discuss the history of the 'Epsom Asylum' cluster and its Cemetery (in which 9000 people are buried). See <https://hortoncemetery.org/>

These workshops will be 'making and doing' sessions, intended for diverse audiences, at which people will be invited to discover the lives of some of the people buried in the Cemetery, to paint a ceramic flower (for a memorial garden 'planted' at the Cemetery site) and to reflect on mental health and wellbeing treatments today (and previously).

We hope to work with neighbouring primary and secondary schools, mental health charities, local history societies, and through Epsom and Ewell Council/Surrey County Council sponsored events.

Volunteers will help us to programme and deliver events across the next 12 months, with the aim of reaching 1000+ people and painting 900 ceramic flowers for installation in October 2023.

The public engagement programme will launch on World Mental Health Day (and in collaboration with the 'Love Me, Love My Mind' festival), with the following events already scheduled:

**Saturday 8<sup>th</sup> October 2022:** 'Chat and Crafting Stall', Epsom Market Square, 10:00 – 16:00

**Monday 10<sup>th</sup> October 2022:** St Barnabas Church of England Church

Horton Cemetery Walk - 13:00-15:00 [Cemetery Stories, flower painting throughout].

'Volunteer Researchers' Presentation – 12:00 noon [writing the life histories]

'Out of Sight, Out of Mind' Showcase event – 20:30. *Historic England* project presentation, aims and objectives.

Thereafter, we would aim for one or two workshops per month, spread across Epsom and Ewell, and targeting different audiences and constituencies.

Workshop facilitators will be provided with a workshop 'proforma', trained in co-participatory practices (by artist-activist Stephanie Bickford-Smith) and provided with safeguarding techniques and referral support by an expert psychotherapist (Dr James Wilson) so that they have the skills and confidence to deliver these sessions.

# ***Eco Fair 2022***

**Saturday 24 September, 10am-2pm**  
**St Martin of Tours Church,**  
**Church Street, Epsom, KT17 4PX**

*Free to attend  
All welcome*

*Discover a wide range of local green groups,  
businesses and campaigns, including:*



Free cycle checks with **Dr Bike**

Bring containers for plastic-free purchases  
from **Honey and Bamboo**

Learn about topics such as *sustainable  
fashion, biodiversity, home energy  
efficiency*, and *how to repair*

**Discover ways to reduce your environmental impact,  
find opportunities to get involved,  
and help us lobby for action and change!**

*Refreshments available, remember to bring your reusable cup!*



**Epsom and Ewell's  
Green Week 2022**

For more information visit:  
[www.SustainableEpsomEwell.co.uk](http://www.SustainableEpsomEwell.co.uk)

**THE GREAT  
BIG GREEN  
WEEK** 

*Music@StMartin's*

## AUTUMN RECITALS 2022



**Sat 24 Sep at 4.30pm**

Talented musicians from the  
**CITY OF LONDON FREEMEN'S SCHOOL**  
present a varied programme of solo and  
ensemble music for voices and instruments.

**Sat 22 Oct at 4.30pm**

**EPSOM AND EWELL SILVER BAND**

conducted by Paul Graham  
perform an eclectic selection  
of music from their prize-winning  
repertoire.



**Sat 19 Nov at 4.30pm**

**OPERA HOLLOWAY**

return to sing popular  
operatic excerpts including  
*O mio babbino caro* (Puccini)  
The Pearl Fishers Duet (Bizet)  
*Nessun Dorma* (Puccini)

More information at [www.stmartinsepsom.org](http://www.stmartinsepsom.org)

**ST MARTIN'S CHURCH, EPSOM KT17 4PX**

Registered Charity No 1134149

Admission to the recitals is by donation. You can  
also use our QR code to support the series at any time.



# Out of Sight, Out of Mind?

## Remembering Epsom's Forgotten Residents

**Did you know** that the largest cluster of psychiatric hospitals in Europe was in Epsom?

**And** the unclaimed bodies of over 9000 psychiatric patients who died in these facilities were buried in the local graveyard, Horton Cemetery?

We want to restore dignity to the thousands of people buried in unmarked plots on this wasteland. Some were famous in their day (war heroes, a Titanic survivor, a popular comedy actor, and a model/artistic muse for Picasso), but countless others lived less-public lives.

Our project, supported by **Historic England**, seeks to recapture these stories and to create a crowd-sourced memorial, overcoming historical amnesia, neglect, and inaction.

We will be running 'chat and craft' workshops across the year, with the aim of painting 900 commemorative ceramic flowers – and the creation of a memorial garden.

This memorial garden will be 'planted' near the Cemetery in October 2023 and act as a powerful public marker. We want to do justice to these forgotten lives – as a first step towards putting Horton Cemetery into public hands and restoring community knowledge about and access to this historic site.

**Come** and paint a flower for free, to give testimony to these forgotten residents and find out more about these hidden lives.

**Market Square on  
Saturday 8th October  
10:00 – 16:00**



# Epsom Mental Health and Well-Being Festival

## October 2022



You may be aware that we are not holding a full week of Festival this year, to give some time to reflect on the way forward in a changed and changing world. But there are going to be some wonderful events, open to everyone at no cost. There is no need to book. Just come along. You will be made very welcome.

### Monday 5 September - Monday 10 October

#### TIME TO REMEMBER

Epsom used to have the largest cluster of psychiatric hospitals in Europe (and possibly in the world). Near the Hook Road arena is the Horton Cemetery, where over 9000 former residents of the hospital are buried in largely unmarked graves.

As part of this year's Festival, every individual, family, charity, community group and organisation in the Borough is invited to paint a ceramic flower, obtainable from the Friends of Horton Cemetery stall in Epsom Market Place on Saturday 8 October or at St Barnabas' Church, Temple Road, Epsom KT19 8HA on 10 October.

It is hoped that 900 flowers will be painted and, in 2023, laid in memory of those who died.

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[www.lovemelovemymind.org.uk](http://www.lovemelovemymind.org.uk)



Follow us @

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Epsom Mental Health and Well-Being Festival is organised by Love Me Love My Mind, a charity dedicated to promoting understanding about mental health issues. Registered charity no: 1177683 Phone: 07719 014411



## A Documentary From The Movement for Justice and Reconciliation

Screening

Sat 1st Oct 3-5pm

St Mary Oatlands Church Hall

[Book Here](#)



[parishoffice @oatlandschurch.org.uk](mailto:parishoffice@oatlandschurch.org.uk)

01932 231274

***Parish Office:***

***Church House, Church Street, Epsom,***

***KT17 4PX Phone: 01372 722567***

***E-mail: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)***

***Website: [www.stmartinsepsom.org](http://www.stmartinsepsom.org)***

**Opening hours are**

**10am to 12noon**

**Please contact clergy and lay ministers via  
the office.**