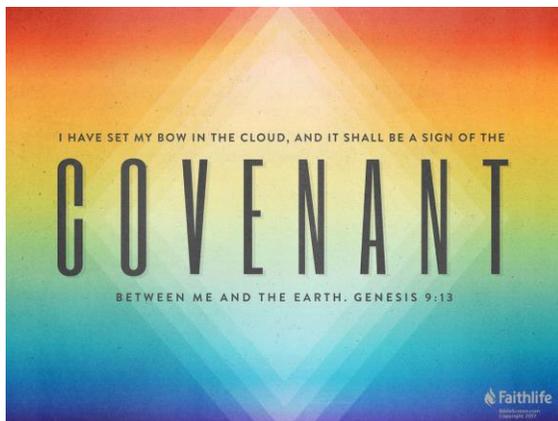


**Registered Charity Number: 1134149**

## WEEKLY NEWSLETTER

**SUNDAY 2<sup>nd</sup> October 2022 – Creation 5**



### **THE VICAR WRITES...**

‘What’s the difference between a covenant and a contract’? A good question for people considering marriage. Simply, a contract is an agreement between

two parties, a covenant is a promise by each party. So, if you have a Christian understanding of marriage, each person makes a promise to the other – the keeping of which does not depend on the behaviour of the other. Which is why such an arrangement is, ‘not to be undertaken lightly ....’

So when God says , ‘I will never flood the earth again,’ nothing we can do affects that commitment. The scriptures have various covenants, but this first sets the time of all that follow.

**Nick Parish**

## **THIS SUNDAY 2<sup>nd</sup> October – Creation 5**

- 9.30am** Morning Prayer at St Stephen's  
**10.00am** Sung Communion at St Martin's – in church and live-streamed  
**6.30pm** Evening Prayer at St Martin's – in church and live-streamed

### **Tuesday 4<sup>th</sup> October**

**The Contemplative Prayer group** meets in the Lady Chapel at 11am on Tuesday 4<sup>th</sup> October. All are welcome.

**The Centering Prayer group** meets at the back of church, with refreshments from 3.45pm, ready to start at 4pm. All are welcome.

**Fabric committee** meets in Church House at 7.30pm.

### **Wednesday 5<sup>th</sup> October**

- 10.00am Holy Communion  
7.30pm Deanery Synod

### **Sat 8<sup>th</sup> October**

9.00am Deanery Strategy morning at Christchurch.

## **NEXT SUNDAY 9<sup>th</sup> October – Trinity 17**

- 8.30am** Holy Communion at St Martin's  
**9.30am** Holy Communion at St Stephen's  
**10.00am** Choral Matins  
**3.30pm** Beacon Tea  
**6.30pm** Second Thoughts

## **Jam sale – 2<sup>nd</sup> October 2022**

I will be selling Jam and lemon drizzle cakes after the 10am service on 2<sup>nd</sup> October. All proceeds to go towards the dishwasher we have had installed at the back of Church.

*Maureen Suatt*

## **Christian Prayer at St Martin's of Epsom**

From Thursday 6th October 2022 there will be a monthly Christian prayer meeting held to pray for St. Martin's school. These will be held on the first Thursday of each month at St. Martin's Church between 8-9pm. All are welcome to join. Please contact Naomi Ahronson for further details on 07773 346604 or email [naomiahronson@gmail.com](mailto:naomiahronson@gmail.com).

## **Visit to 'All God's Children' at Bristol Cathedral, Tuesday 11th October 2022**

Please let me know as soon as possible ([judith@stmartinsepsom.org](mailto:judith@stmartinsepsom.org)) if you are interested in joining a visit to Bristol Cathedral's exhibition **All God's Children**. This exhibition is part of the Cathedral's work to understand its links with the transatlantic trade of enslaved people (details at <https://bristol-cathedral.co.uk/whats-on/agc> ).

*Judith Mitchell*

## **Saturday 22nd October at 4.30pm at St Martin's**

Local musicians of the Epsom and Ewell Silver Band continue to enjoy competition success under their inspiring conductor Paul Graham. Come and judge for yourself as the band performs popular hits from their latest playlist!

## **New Include Choir – St Mark's Tattenham KT18 5RD**

We are spreading the word about inclusive communication and have started another Include Choir in Epsom. Welcoming adults with and without learning or communication difficulties, join us for a fun evening of singing and learning Makaton signs.

**Tuesdays, 6-7.30pm  
St Mark's Church, Epsom KT18 5RD**

## **Saturday 19th November at 4.30pm St Martin's**

Singers of Opera Holloway return with a programme of famous operatic favourites. The concert will be a musical feast, featuring operatic solos and ensembles sung by local soprano – Callie Gaston, tenor – William Branston and baritone – Sam Oram. Since Opera Holloway last visited, their star singers have made their international debuts and are in demand in both the UK and overseas. The trio will perform some of opera's greatest arias, duets and trios from *Faust*, *La Bohème*, *Il Barbiere di Siviglia*, *Don Giovanni* and more.



**\*\*\*\* SAVE THE DATE \*\*\*\***

**St Martin's Christmas Fair** will be held on **Saturday 26<sup>th</sup> November 2022** between 11.00 am and 2.00 pm. Please put this date in your diaries so that you can come and support us. The Christmas Fair is always very successful with lots of goodies to buy, food to eat and friends to meet. Watch out for more information in due course.



## **CHRISTMAS CARDS, ADVENT CALENDARS AND CANDLES – COMING SOON**

Christmas is coming! I will be setting up my display of Christmas cards, candles and Advent Calendars shortly. Please consider buying your Christmas cards from the church. Not only will you be supporting The Leprosy Mission you will also be helping our church. As well as some old favourites I have a large stock of new cards for this season. Thank you.

***Mary Holloway-Neville***

## **FOODBANK NEEDS**

We urgently need:

Coffee (we have none)

Tinned fruit (we have none)

Long life sponge puddings (we have none)

Tinned tomatoes, Tinned soup

Tea bags

Tinned meat (not corned beef, we have lots), Tinned fish

Custard

Long life fruit juice

Chocolate/Treats

Female/Male deodorant (we have none)

Shampoo / Conditioner (we have none)

Epsom & Ewell Foodbank, Good Company Hub, (Behind West Ewell Primary School), Ruxley Lane, Ewell, KT19 0JG

Donation drop off times: Monday to Friday 9am – 2pm. We are closed on Bank Holidays.

Epsom & Ewell Foodbank, Good Company Hub, (Behind West Ewell Primary School), Ruxley Lane, Ewell, KT19 0JG

*\* Please make sure all donations are sealed, in date and do not contain alcohol\**

## **Home Communion**

A short service with Holy Communion (by extension) is offered to residents in care homes in the parish, namely The Beaumont, Linden House and Leighton House, and these visits generally take place once or twice a month. We would like to increase the team of people who undertake this, and we would be grateful for any volunteers. If you are interested, please talk to Nick Parish or one of the Ministry Team.

***Mary Gilbert***

## **The Besom in Ashtead and Epsom \***

At a recent session of 2<sup>nd</sup> Thoughts, we had an excellent and inspiring presentation of the work of Besom in our local area.

The organisation seeks to match the needs of people and families with what others can give, helping people with furniture, white goods for the kitchen, and other needs like gardening and decorating. The service they give is entirely free.

If anyone feels that they can help with any of their needs, they would be very pleased to hear from you. Is anyone wanting to donate good quality furniture? Are you down-sizing? Have you a working fridge or freezer that you no longer need?

If you have, please get in touch with them. They have a van and will collect from your house.

**Phone:** 07904679380

**Email:** [besominashtead@gmail.com](mailto:besominashtead@gmail.com)

**Website:** [www.besominashtead.com](http://www.besominashtead.com)

\*A 'besom' is a broom, and the aim is, as far as possible, to be able to sweep away suffering.

*Adrian Esdaile*

## **STEWARDSHIP**

### **Giving to St Martin's and St Stephen on the Downs**

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below



There is also a "[Donate](#)" button on our website.

## **Donation Station**

If you wish to give via contactless payment, please use the donation station in church. You can give a pre-set amount or choose one. You can also gift aid your donation.

## **MISSION OF THE MONTH – October 2022**

### **HOME MISSION**

#### **The Sunnybank Trust**

This charity supports people with learning disabilities and autism to say what they want and live the life they choose, through their range of services. Voices—Choices—Futures, providing Advocacy and Social opportunities and transitional support to young adults and their families leaving full time education.

#### **Spinnaker Trust - Engaging-Inspiring-Equipping**

The aim of this Christian Charity is to support Primary Schools with Assemblies and R.E.Lessons and locally here they have worked at 11 schools in Epsom and Ewell.

They aim to inspire this generation of Primary School children to engage with the Christian Faith and explore its values.

***Jill Chapman***

### **MISSION ABROAD**

#### **Wheels for the World**

This local Christian disability charity is part of the Christian charity ,'Through the Roof.'It is a programme focused on those who have mobility challenges by rescuing old wheelchairs and mobility aids destined for land fill ,which are then refurbished in a prison workshop. The wheelchairs are distributed to developing countries such as Nigeria, Kenya or Uganda with physiotherapist and occupational therapy support Each recipient receives a Bible in their own language.

Wheels for the World demonstrates the love of God in practical ways.

***Meg Topley***

## **CALL FOR VOLUNTEERS**

### **'Out of Sight, Out of Mind' Project Workshop Facilitators**

Friends of Horton Cemetery have won some funding from *Historic England* to co-create a pop up-exhibition – through several participatory 'chat and craft' workshops – about Epsom's forgotten history as an important psychiatric hub for London and the nation.

We are seeking volunteers (who will be trained, and work in pairs) to lead these public engagement events which will discuss the history of the 'Epsom Asylum' cluster and its Cemetery (in which 9000 people are buried). See <https://hortoncemetery.org/>

These workshops will be 'making and doing' sessions, intended for diverse audiences, at which people will be invited to discover the lives of some of the people buried in the Cemetery, to paint a ceramic flower (for a memorial garden 'planted' at the Cemetery site) and to reflect on mental health and wellbeing treatments today (and previously).

We hope to work with neighbouring primary and secondary schools, mental health charities, local history societies, and through Epsom and Ewell Council/Surrey County Council sponsored events.

Volunteers will help us to programme and deliver events across the next 12 months, with the aim of reaching 1000+ people and painting 900 ceramic flowers for installation in October 2023.

The public engagement programme will launch on World Mental Health Day (and in collaboration with the 'Love Me, Love My Mind' festival), with the following events already scheduled:

**Saturday 8<sup>th</sup> October 2022:** 'Chat and Crafting Stall', Epsom Market Square, 10:00 – 16:00

**Monday 10<sup>th</sup> October 2022:** St Barnabas Church Horton Cemetery Walk - 13:00-15:00 [Cemetery Stories, flower painting throughout).

'Volunteer Researchers' Presentation – 12:00 noon [writing the life histories]

'Out of Sight, Out of Mind' Showcase event – 20:30.

*Historic England* project presentation, aims and objectives.

Thereafter, we would aim for one or two workshops per month, spread across Epsom and Ewell, and targeting different audiences and constituencies.

Workshop facilitators will be provided with a workshop 'proforma', trained in co-participatory practices (by artist-activist Stephanie Bickford-Smith) and provided with safeguarding techniques and referral support by an expert psychotherapist (Dr James Wilson) so that they have the skills and confidence to deliver these sessions.

*Music@StMartin's*

## AUTUMN RECITALS 2022



**Sat 24 Sep at 4.30pm**

Talented musicians from the  
**CITY OF LONDON FREEMEN'S SCHOOL**  
present a varied programme of solo and  
ensemble music for voices and instruments.

**Sat 22 Oct at 4.30pm**  
**EPSOM AND EWELL SILVER BAND**

conducted by Paul Graham  
perform an eclectic selection  
of music from their prize-winning  
repertoire.



**Sat 19 Nov at 4.30pm**

### **OPERA HOLLOWAY**

return to sing popular  
operatic excerpts including  
*O mio babbino caro* (Puccini)  
The Pearl Fishers Duet (Bizet)  
*Nessun Dorma* (Puccini)

More information at [www.stmartinsepsom.org](http://www.stmartinsepsom.org)

**ST MARTIN'S CHURCH, EPSOM KT17 4PX**

Registered Charity No 1134149

Admission to the recitals is by donation. You can  
also use our QR code to support the series at any time.



# St Martin's Church, Epsom

Sunday 16 October

6.30pm

Join us for

## CHORAL EVENSONG

to celebrate the 150th anniversary of the birth of

Ralph Vaughan Williams

1872-1958

Music to include

*O how amiable are thy dwellings*

Evening Service in C

*Lord, Thou hast been our refuge*

Hymn tunes *Down Ampney,*

*King's Weston and Magda.*

RVW  
150



Ralph Vaughan Williams  
with Ursula Wood outside  
St Martin's Church,  
Epsom in 1947.

# Out of Sight, Out of Mind?

## Remembering Epsom's Forgotten Residents

**Did you know** that the largest cluster of psychiatric hospitals in Europe was in Epsom?

**And** the unclaimed bodies of over 9000 psychiatric patients who died in these facilities were buried in the local graveyard, Horton Cemetery?

We want to restore dignity to the thousands of people buried in unmarked plots on this wasteland. Some were famous in their day (war heroes, a Titanic survivor, a popular comedy actor, and a model/artistic muse for Picasso), but countless others lived less-public lives.

Our project, supported by **Historic England**, seeks to recapture these stories and to create a crowd-sourced memorial, overcoming historical amnesia, neglect, and inaction.

We will be running 'chat and craft' workshops across the year, with the aim of painting 900 commemorative ceramic flowers – and the creation of a memorial garden.

This memorial garden will be 'planted' near the Cemetery in October 2023 and act as a powerful public marker. We want to do justice to these forgotten lives – as a first step towards putting Horton Cemetery into public hands and restoring community knowledge about and access to this historic site.

**Come** and paint a flower for free, to give testimony to these forgotten residents and find out more about these hidden lives.

**Market Square on  
Saturday 8th October  
10:00 – 16:00**



# Epsom Mental Health and Well-Being Festival

## October 2022



You may be aware that we are not holding a full week of Festival this year, to give some time to reflect on the way forward in a changed and changing world. But there are going to be some wonderful events, open to everyone at no cost. There is no need to book. Just come along. You will be made very welcome.

### Monday 5 September - Monday 10 October

#### TIME TO REMEMBER

Epsom used to have the largest cluster of psychiatric hospitals in Europe (and possibly in the world). Near the Hook Road arena is the Horton Cemetery, where over 9000 former residents of the hospital are buried in largely unmarked graves.

As part of this year's Festival, every individual, family, charity, community group and organisation in the Borough is invited to paint a ceramic flower, obtainable from the Friends of Horton Cemetery stall in Epsom Market Place on Saturday 8 October or at St Barnabas' Church, Temple Road, Epsom KT19 8HA on 10 October.

It is hoped that 900 flowers will be painted and, in 2023, laid in memory of those who died.

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[www.lovemelovemymind.org.uk](http://www.lovemelovemymind.org.uk)



Follow us @

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lovemelovemymind 

Epsom Mental Health and Well-Being Festival is organised by Love Me Love My Mind, a charity dedicated to promoting understanding about mental health issues. Registered charity no: 1177683 Phone: 07719 014411

**Submitting an item for the newsletter:**

**Please ensure that all items are emailed to the office by close of play on Wednesday, to be included in the newsletter for that week. Thank you.**

***Parish Office:***

***Church House, Church Street, Epsom,***

***KT17 4PX Phone: 01372 722567***

***E-mail: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)***

***Website: [www.stmartinsepsom.org](http://www.stmartinsepsom.org)***

**The Parish Office is open Mondays, Wednesdays, Thursdays and Fridays, 9.30am to 12.30pm.**

**Please contact clergy and lay ministers via the office.**