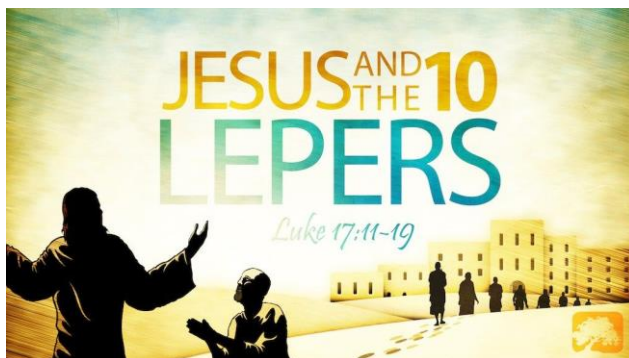


Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 9th October 2022 – 17th Sunday after Trinity



THE VICAR WRITES...

We have seen/heard at least something of the political parties' conferences. It is

clear that relatively bland generalisations from the platform can get cheers from the crowd. But external commentators often comment that they are 'out of touch' with contemporary life.

The Church is not immune to this. Whilst I have yet to get a standing ovation for a sermon (!), I am all too aware of how some of our Church assumptions and dogma play out in the wider society.

Jesus often stood outside established religion – preferring the company of 'ordinary' people. He got angry with hypocrisy and the triumph of dogma over common humanity. I know I need to 'listen' more than I proclaim – maybe we all do?

Nick Parish

THIS SUNDAY 9th October – 17th Sunday after Trinity

8.30am Holy Communion at St Martin's

9.30am Holy Communion at St Stephen's

10.00am Choral Matins - in church and live-streamed

3.30pm Beacon Tea

6.30pm Second Thoughts (*see below*)

Wednesday 12th October

10.00am Holy Communion

NEXT SUNDAY 16th October – Anti-slavery day

9.30am Morning Prayer at St Stephen's

**10.00am Sung Communion at St Martin's -
in church and live-streamed**

3.30pm Beacon Tea

**6.30pm Choral Evensong - in church and live-streamed
Celebrating the music of Ralph Vaughan Williams**

Second Thoughts - Canon Andrew Haviland

'Teaching World Faiths as a Christian in a Secular Age'

An opportunity to hear how faith is taught in secondary schools in the UK. Andrew has been teaching Religious Studies since 1988. He has spent 20 years teaching in state mixed comprehensive schools latterly at Glebelands School in Cranleigh where he was Assistant Headmaster. He was ordained in 2005 and in 2008 was appointed Chaplain to Bryanston School in Dorset, a 700 13-18 private full boarding school. After a while he took a lead in the Salisbury diocese in supporting independent school chaplains and was made Canon of Salisbury Cathedral in 2015. In the same year he was commissioned into the Royal Army Chaplain's Department where he was volunteer chaplain to Dorset Army Cadet Force. He was also volunteer chaplain to

Dorset Fire and Rescue Service. Andrew was appointed Senior Chaplain to Epsom College in September 2019 and continues to teach Religious Studies and Philosophy throughout the school.

Christian Prayer at St Martin's of Epsom

From Thursday 6th October 2022 there will be a monthly Christian prayer meeting held to pray for St. Martin's school. These will be held on the first Thursday of each month at St. Martin's Church between 8-9pm. All are welcome to join. Please contact Naomi Ahronson for further details on 07773 346604 or email naomiahronson@gmail.com.

Monday 10th October 2022: St Barnabas Church

Historic England project presentation, aims and objectives.

'Volunteer Researchers' Presentation – 12:00 noon [writing the life histories]

Horton Cemetery Walk - 13:00-15:00 [Cemetery Stories, flower painting throughout).

'Out of Sight, Out of Mind' Showcase event – 20:30.

Saturday 22nd October at 4.30pm at St Martin's

Local musicians of the Epsom and Ewell Silver Band continue to enjoy competition success under their inspiring conductor Paul Graham. Come and judge for yourself as the band performs popular hits from their latest playlist!

Home Communion

A short service with Holy Communion (by extension) is offered to residents in care homes in the parish, namely The Beaumont, Linden House and Leighton House, and these visits generally take place once or twice a month. We would like to increase the team of people who undertake this, and we would be grateful for any volunteers. If you are interested, please talk to Nick Parish or one of the Ministry Team.

Mary Gilbert

New Include Choir – St Mark's Tattenham KT18 5RD

We are spreading the word about inclusive communication and have started another Include Choir in Epsom. Welcoming adults with and without learning or communication difficulties, join us for a fun evening of singing and learning Makaton signs.

Tuesdays, 6-7.30pm

St Mark's Church, Epsom KT18 5RD

Saturday 19th November at 4.30pm St Martin's

Singers of Opera Holloway return with a programme of famous operatic favourites. The concert will be a musical feast, featuring operatic solos and ensembles sung by local soprano – Callie Gaston, tenor – William Branston and baritone – Sam Oram. Since Opera Holloway last visited, their star singers have made their international debuts and are in demand in both the UK and overseas. The trio will perform some of opera's greatest arias, duets and trios from *Faust*, *La Bohème*, *Il Barbiere di Siviglia*, *Don Giovanni* and more.



**** **SAVE THE DATE** ****

St Martin's Christmas Fair will be held on **Saturday 26th November 2022** between 11.00 am and 2.00 pm. Please put this date in your diaries so that you can come and support us. The Christmas Fair is always very successful with lots of goodies to buy, food to eat and friends to meet. Watch out for more information in due course.

FLOWER GROUP NEWS: STRAWBERRY HILL VISIT

Our intentions to use British-grown flowers and alternatives to non-biodegradable Oasis foam in Church flower arrangements, led to some happy research when Yvonne invited the Group to

visit the fourth annual Strawberry Hill Flower Festival in September.

This year's event was in association with the Flowers-from-the-Farm organisation of some 1 000 growers around the country and Horace Walpole's magnificent Gothic Manor House at Twickenham provided a splendid setting for 28 of the Best of British flower designers to have their way with the homegrown floral beauties of the English Autumn.



There was an abundance of colour from dahlias and zinnias, from berries, hips and haws, and wonderful shapes and textures from dried materials such as honesty, teasel, and clematis "Old Man's Beard". There was not a scrap of Oasis in the arrangements and Helen Williams did admirable athletic movements to see what was going on at floor level. The answer was scrunched chicken wire, nests of intertwined withy and packages of moss.

Without Oasis, copious containers for watering were needed and classic urns were much in favour - which suited the Manor House setting.



Over afterwards tea, it was agreed that, particularly with Harvest Festival in mind, we should be encouraged to self-plant flowers like dahlias and zinnias. Both do well in pots so you don't need a garden to garden. Also agreed to pass this idea onto the Church Family so that Harvest returns to its origins - celebrating homegrown. Reminders of best planting time/s to come.

Strawberry Hill is easy to visit with or without flower festivals - bus and train connections are good and parking is available. The restoration work on the house is worthy of the architecture and the stained glass and wall treatments deserve time spent to just absorb the pleasure found in them. The house is on several floors but an on-request lift is available. There is a nice shop and an adjacent cafe.

Yvonne Parish and Jean Wright

strawberryhillhouse.org.uk flowersfromthefarm.co.uk

CHRISTMAS CARDS – ON SALE NOW



It is time to start thinking about Christmas! I have set up my display of Christmas cards, candles and Advent Calendars. Please buy now while I have good stocks. Once I have sold out of a particular design, I may not be able to get any more. I will also have a table

at the Christmas Fair with all my remaining stock for you to buy.

Everything will be on sale between now and Christmas especially in case you need that “extra” pack of cards!

Payment may be made in a variety of ways:

- Cheque: made payable to “The PCC of the Ecclesiastical Parish of Epsom” (please either hand in to the office or place in the wall safe in church)
- Donation Station: contactless payments – please use the “Cards” button
- Cash: via the wall safe in church.

Every packet sold helps the church. Thank you for your custom.

Mary Holloway-Neville

Scouts update: 3rd Epsom celebrate 100 years of Scouting

On 30th September, the 3rd Epsom (St. Martin's) Scout Group celebrated 100 years of continuous Scouting. Actually founded in 1918, by a previous Church Warden, as 24th Sutton (St. Martin's), on 30th September 1922 our Group was transferred from Sutton to the "Epsom and District Boy Scout's Association" as 3rd Epsom (St. Martin's).



To celebrate this milestone the Group held an Anniversary Day in July as part of their summer camp. With 240 visitors including present members and their families, leaders, supporters and 30+ Alumni (including some from the 1950s and 60s) the Group

embarked on a fun filled day of activities including zip wire, caving, fire lighting and marshmallow toasting, tracking, orienteering, a group wide game, soft archery and mini-golf. The event was held at our local campsite, Boidierhurst, which has a strong association with the Group, having been bequeathed to Epsom, Ewell and Leatherhead Districts by a former member of our Parents and Friends Committee.

At the closing campfire, Richard Ascough the GSL, read out the words from the Group's campfire opening in 1946

"As the flames point upwards, so be our Aims;
As the red logs glow, so be our Endeavours;
As the grey ash fades, so may our Errors;
As the good fire warms the circle,
So may our Ideals warm the World."

The Group has also commissioned an anniversary badge. A competition was held amongst the sections to design a badge to celebrate the centenary and what Scouting means to them. Common themes emerged of fires and tents, as well as balloons, cakes and candles.

Nine badge designs were selected and a parent merged and produced our final badge.

The badge elements included:

- 100 to represent the Centenary
- knotting as a nod to traditional scouting skills
- a tent and the moon to represent Scouts going camping,
- the grey and green of the Group Scarf,
- a balloon to represent a party,
- a campfire in the form of birthday candles, and
- the scout logo and St. Martin's logo

If anyone is further interested in the history of the Group, please see our display at the back of the Church or more information can be found at www.3rdepsom.org.uk/history

FOODBANK NEEDS

We urgently need:

Coffee (we have none)

Tinned fruit (we have none)

Long life sponge puddings (we have none)

Tinned tomatoes, Tinned soup

Tea bags

Tinned meat (not corned beef, we have lots), Tinned fish

Custard

Long life fruit juice

Chocolate/Treats

Female/Male deodorant (we have none)

Shampoo / Conditioner (we have none)

Epsom & Ewell Foodbank, Good Company Hub, (Behind West Ewell Primary School), Ruxley Lane, Ewell, KT19 0JG

Donation drop off times: Monday to Friday 9am – 2pm. We are closed on Bank Holidays.

Epsom & Ewell Foodbank, Good Company Hub, (Behind West Ewell Primary School), Ruxley Lane, Ewell, KT19 0JG

STEWARDSHIP

Giving to St Martin's and St Stephen on the Downs

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below



There is also a "[Donate](#)" button on our website.

Donation Station

If you wish to give via contactless payment, please use the donation station in church. You can give a pre-set amount or choose one. You can also gift aid your donation.

MISSION OF THE MONTH – October 2022

HOME MISSION

The Sunnybank Trust

This charity supports people with learning disabilities and autism to say what they want and live the life they choose, through their range of services. Voices—Choices—Futures, providing Advocacy and Social opportunities and transitional support to young adults and their families leaving full time education.

Spinnaker Trust - Engaging-Inspiring-Equipping

The aim of this Christian Charity is to support Primary Schools with Assemblies and R.E.Lessons and locally here they have worked at 11 schools in Epsom and Ewell.

They aim to inspire this generation of Primary School children to engage with the Christian Faith and explore its values.

Jill Chapman

MISSION ABROAD

Wheels for the World

This local Christian disability charity is part of the Christian Charity 'Through the Roof.' It is a programme focused on those who have mobility challenges by rescuing old wheelchairs and mobility aids destined for land fill ,which are then refurbished in a prison workshop. The wheelchairs are distributed to developing countries such as Nigeria, Kenya or Uganda with physiotherapist and occupational therapy support. Each recipient receives a Bible in their own language.

Wheels for the World demonstrates the love of God in practical ways.

Meg Topley

Epsom & Ewell Energy Support Scheme



Charity no. 1085779



Charity no. 1197493

New energy support scheme

Many people are struggling to pay their energy bills due to rising costs of gas and electricity and the increased financial pressures caused by the current cost of living crisis. We have launched the Epsom & Ewell Energy Support Scheme in partnership with Citizens Advice Epsom & Ewell and Chris Grayling MP.

The Government is supporting all households via a £400 energy bill discount. If you are able to, please

donate this or any sum to the fund to help support those who are struggling.

Beneficiaries will receive an energy top-up, advice on how to cut their energy use, and help with purchasing energy saving appliances such as air fryers, electric blankets and other more energy efficient appliances.

If you can help with a donation, please support the scheme by clicking the button below. Many thanks.

[Donate here](#)

Music@StMartin's

AUTUMN RECITALS 2022



Sat 24 Sep at 4.30pm

Talented musicians from the
CITY OF LONDON FREEMEN'S SCHOOL
present a varied programme of solo and
ensemble music for voices and instruments.

Sat 22 Oct at 4.30pm

EPSOM AND EWELL SILVER BAND

conducted by Paul Graham
perform an eclectic selection
of music from their prize-winning
repertoire.



Sat 19 Nov at 4.30pm

OPERA HOLLOWAY

return to sing popular
operatic excerpts including
O mio babbino caro (Puccini)
The Pearl Fishers Duet (Bizet)
Nessun Dorma (Puccini)

More information at www.stmartinsepsom.org

ST MARTIN'S CHURCH, EPSOM KT17 4PX

Registered Charity No 1134149

Admission to the recitals is by donation. You can
also use our QR code to support the series at any time.



St Martin's Church, Epsom

Sunday 16 October

6.30pm

Join us for

CHORAL EVENSONG

to celebrate the 150th anniversary of the birth of

Ralph Vaughan Williams

1872-1958

Music to include

O how amiable are thy dwellings

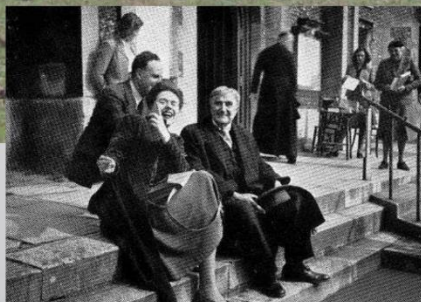
Evening Service in C

Lord, Thou hast been our refuge

Hymn tunes *Down Ampney,*

King's Weston and *Magda.*

RVW
150



Ralph Vaughan Williams
with Ursula Wood outside
St Martin's Church,
Epsom in 1947.

Epsom Mental Health and Well-Being Festival

October 2022



You may be aware that we are not holding a full week of Festival this year, to give some time to reflect on the way forward in a changed and changing world. But there are going to be some wonderful events, open to everyone at no cost. There is no need to book. Just come along. You will be made very welcome.

Monday 5 September - Monday 10 October

TIME TO REMEMBER

Epsom used to have the largest cluster of psychiatric hospitals in Europe (and possibly in the world). Near the Hook Road arena is the Horton Cemetery, where over 9000 former residents of the hospital are buried in largely unmarked graves.

As part of this year's Festival, every individual, family, charity, community group and organisation in the Borough is invited to paint a ceramic flower, obtainable from the Friends of Horton Cemetery stall in Epsom Market Place on Saturday 8 October or at St Barnabas' Church, Temple Road, Epsom KT19 8HA on 10 October.

It is hoped that 900 flowers will be painted and, in 2023, laid in memory of those who died.

www.lovemelovemymind.org.uk

Love me
Love my mind

Follow us @

lmlmepsom  

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lovemelovemymind 

Epsom Mental Health and Well-Being Festival is organised by Love Me Love My Mind, a charity dedicated to promoting understanding about mental health issues. Registered charity no: 1177683 Phone: 07719 014411

Submitting an item for the newsletter:

Please ensure that all items are emailed to the office by close of play on Wednesday, to be included in the newsletter for that week. Thank you.

Parish Office:

Church House, Church Street, Epsom,

KT17 4PX Phone: 01372 722567

E-mail: office@stmartinsepsom.org

Website: www.stmartinsepsom.org

The Parish Office is open Mondays, Wednesdays, Thursdays and Fridays, 9.30am to 12.30pm.

Please contact clergy and lay ministers via the office.