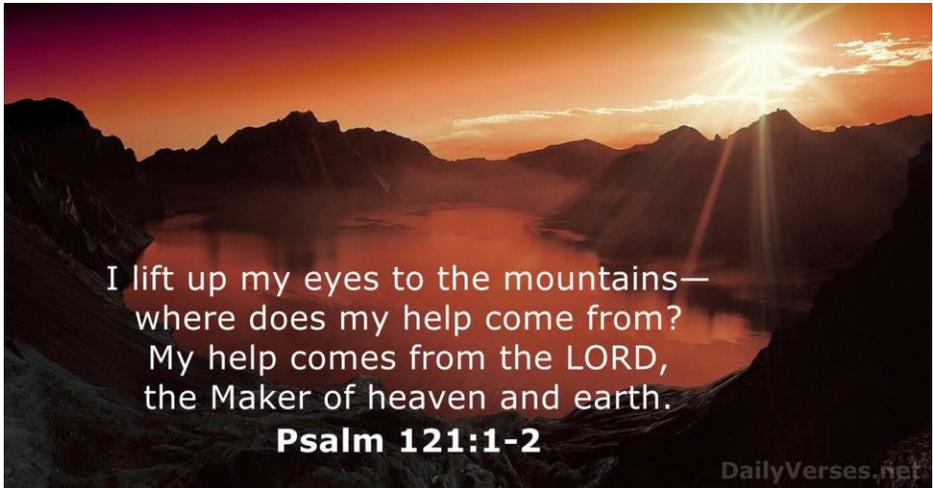


**Registered Charity Number: 1134149**

## **WEEKLY NEWSLETTER**

**SUNDAY 5<sup>th</sup> MARCH 2023**



I lift up my eyes to the mountains—  
where does my help come from?  
My help comes from the LORD,  
the Maker of heaven and earth.

**Psalm 121:1-2**

DailyVerses.net

## **THIS SUNDAY 5<sup>th</sup> March – 2<sup>nd</sup> Sunday of Lent**

- 9.30am Morning Prayer at St Stephen's**
- 10.00am Sung Communion at St Martin's - in church and live-streamed**
- 6.30pm Evening Prayer at St Martin's**

### **Wednesday 8<sup>th</sup> March**

- 10.00 Holy Communion at St Martin's**

## **NEXT SUNDAY 12<sup>th</sup> March – 3<sup>rd</sup> Sunday of Lent**

- 9.30am Holy Communion at St Stephen's**
- 10.00am Choral Mattins at St Martin's - in church and live-streamed**
- 6.30pm Second Thoughts at St Martin's**

### **Contemplative Prayer**

The Contemplative Prayer Group will meet in the Lady Chapel in St Martin's at 11am on Tuesday 7<sup>th</sup> March. Our starting point will be Ezekiel 20.30: *'I will bring you into the wilderness ... then you will know that I am the Lord'*. Anyone who would like a time of quiet led meditation and contemplation will be very welcome. There is also a similar session on 'zoom' at 8 pm on Thursday, 16<sup>th</sup> March. please ask me for the link to it.

***Adrian Esdaile***

## **Beacon Teas**

Do come along to the next Beacon Teas on:

Sunday 12 March, 3.00 p.m. – 5.00 p.m.

Sunday 9 April, 3.00 p.m. – 5.00 p.m. (Easter)

At the Easter one we shall have hot cross buns and Simnel cake, plus the usual sandwiches or filled rolls.

We look forward to welcoming you.

***Mary Gilbert and Elaine Snook***

## **Fairtrade**

'Yum, yum! We are in the middle of Fairtrade

Fortnight. Fairtrade is nothing new, of course. It has been around for years and is one of many organisations trying to make sure that social justice is involved in food production; and social justice is inextricably linked with climate issues and sustainability. Which Fairtrade products do you buy? Is there a swap you can make to Fairtrade? Look for the logo on tea, coffee, sugar, chocolate, bananas, oil, nuts, wine... and textiles, gold, sports balls... If you use the internet, have a look on the Fairtrade website for more details.

***Helen Williams***



## **A Capital Idea**

Come into our church on Saturdays in lent with a duster, for -  
Calm, Company, Coffee, Chat and a  
Cleansing campaign of loving care.  
Come when you can, no need to commit.  
10.30am to 11.30am starting 4<sup>th</sup> March.

***Chris and Sue Hyde***

## **From Guildford Cathedral**

We are looking forward to the BBC coming to the Cathedral on  
Tuesday 7<sup>th</sup> March and Wednesday 8<sup>th</sup> March for two special  
services.

On Tuesday, the BBC will be recording a service from the  
Cathedral at 5.30pm that will be broadcast on Mothering  
Sunday. The service will last an hour and we would welcome  
people to come along to be part of the congregation. Please  
arrive at 5pm to be seated by 5.15pm.

On Wednesday, the BBC will broadcast Evensong live from the  
Cathedral on BBC Radio 3 at 4pm. The service will last an hour  
and once again, we are looking for people to come along to be  
part of the congregation. You will need to arrive at 3.30pm and  
be seated by 3.45pm. We very much hope, you would like to  
attend these special services.

## **Our spring concert series – Saturday 11<sup>th</sup> March**

Our spring concert series continues on Saturday 11<sup>th</sup> March with  
a piano recital by Simon Watterton. Simon studied at the Purcell  
School and RCM in London, and has performed in China,  
Canada, the USA, Sweden and Italy as well as extensively in the  
UK. He made his London debut at Cadogan Hall and has given  
concerts in St John's, Smith Square, the Purcell Room and the  
Wigmore Hall. His programme at St Martin's features a

wonderfully varied selection of music by Scarlatti, Schubert, Brahms and Rachmaninov. All are welcome.

*Richard Dacey*

## **Second Thoughts**

**Sunday, March 12<sup>th</sup>, at 6.30 pm with refreshments available beforehand.**

**John Valentine**

*'Training for ministry (lay and ordained) in the church'*

**What will church leadership look like in the next 5 to 10 years?**

**The place and role of the church in society is changing fast and dramatically, and accordingly so is how we understand Christian leadership and service. These are challenging and stretching times, but also exciting ones with new opportunities. Training for roles, whether authorised or not, is also changing. This evening will look at all these things, with opportunity to consider how our own histories, gifts, talents and personalities might find their place in the church of the future.**

**John Valentine is married to Catherine and has two teenage daughters. He is the Dean of Guildford Diocese's Local Ministry Programme, a non-residential theological college, training local people for leadership, mission and ministry in the church and beyond.**

Many thanks, Adrian.

## **Draft Church Development Plan - your feedback**

Thank you for the comments and ideas we have received following the presentation of the draft plan on 5th February. The group working on the plan, which is the result of an initiative launched by the diocese, met on Monday 20th February to discuss the feedback. Speak to a member of the group after Sunday morning's service if you have further insight- Sarah Lutton, David Eggett, Rob & Sarah Jeffery, Helen Williams, Lynne Schofield, John Padwick and Graeme Lodge. Alternatively, email the office: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)

## **Carbon Fast for Lent**

Hello, fellow travellers. The organisation 'Climate Stewards' are offering a guided 'carbon fast' for Lent. Each week they are making different suggestions of how to tread more lightly on the precious planet, graded so that you can choose the degree of fast you aim for. I've signed up for it via their website, [climatestewards.org](http://climatestewards.org), where there will be more details.

However, here's the outline for Weeks 1 and 2 (22nd February - 4th March):

### **Fast from Consumerism (buy nothing)**

- **Aside from true essentials like food and toiletries, buy nothing**
- **Before buying something, assess: do I need this or not?**

Will you join me?

with love, Helen Williams

## Churches Together in Epsom



Everyone is warmly invited to the next [Prayer, Fellowship and Coffee meeting](#), held from 10 until 11am on Friday, March 10th, indoors at the [Old Moat Garden Centre Cafe, Horton Lane, Epsom KT19 8PQ](#). All are welcome.

### **Eco Fair 2023**

Planning is underway to host the fair at St Martin's on Saturday 1st July. The national Great Big Green Week has moved to the summer (10th-18th June) and this was the nearest week we could make! What would you like to see in it? No promises, but it will help us when we start thinking of who to invite. Please speak to me, call or e-mail me if you have my personal details, or send responses to the office for them to pass on, in time for our evening meeting on Monday (27th February). Thank you.

***Helen Williams***

### **Update on the project to dispose of redundant Furniture and decluttering the Church**

The project to declutter St Martins Church is progressing well. This week, the Churchwardens decluttered the Vicar's vestry and in so doing, found the two Churchwarden's Wands that were used at St John's Church until it was closed for worship in 1975.

As these wands have not been used in almost 50 years, we have decided to ask the PCC to add them to the list of items that need to be disposed of.

In addition, the PCC wishes to dispose of the wooden lectern that we use on the dais and the wooden steps to the brass lectern; both items will be replaced with new and better equivalent wooden lectern and steps. The wooden steps in particular need to be easier for people to get to and climb back down from the brass lectern, as some people find using the existing steps difficult. Neither the wooden lectern nor the steps to the brass lectern will actually be disposed of until we have purchased their replacements.

On the 08 March, the PCC will formally consider the list of the items they wish to dispose of; in advance of the PCC meeting, we have reviewed the list again and added the three items mentioned above:

The revised items of furniture that are under consideration are:

1. Four pew responds, that are currently stored by the north door and in the south transept,
2. A small oak table
3. A small prayer desk,
4. A small bookcase
5. 2 red chairs
6. Larger Prayer desk
7. The two medium sized hymn boards that were in front of the Georgian pews,
8. The two large hymn boards that were hung either side of the rood screen.
9. Three small hymn boards
10. Two medium sized prayer desks
11. Two candle stands for tea lights.
12. The wooden lectern on the dais

13. The steps to the brass lectern
14. The Warden's wands from St John's Church.

All these items, except for items 15, and 14, are stored in the space behind the choir stalls on the south side of the chancel. The two red chairs are currently in the Sanctuary and the Wands are in the Vicar's vestry.

If you would like to know more about our plans for these pieces of furniture, please speak to the Churchwardens. As we need formal permission from the Diocese to dispose of these items, the PCC will be asked to formally resolve to petition for permission to do so at the meeting on the 08 March.

### ***The Churchwardens***

#### **Volunteer Drivers for Medical Appointments**

Age Concern Epsom and Ewell are looking for volunteer drivers to take older people from the Borough of Epsom and Ewell to medical appointments, or to visit family or friends in hospital or residential homes. We are experiencing a high demand for this service and really need more drivers to help us fulfil all the requests that we receive.

Volunteering is a great way to meet people and to support your local community, it can also improve your own happiness and wellbeing. If you are looking for a volunteer role which enables you to meet interesting people, help the older members of our community, and if you like driving then this could have the role for you!

This can be a regular weekly commitment or on an ad-hoc basis. A mileage allowance of 50p per mile is paid and we will need to undertake a DBS clearance for you.

If this role is of interest or if you would like more information, please contact Jane Hodgson, Volunteer Co-ordinator on 01372 728458 or by email [jane.hodgson@ageconcernepsom.org.uk](mailto:jane.hodgson@ageconcernepsom.org.uk)

## **STEWARDSHIP**

### **Giving to St Martin's and St Stephen on the Downs**

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below.



There is also a [“Donate” button](#) on our website.

## **MISSION OF THE MONTH – MARCH**

### **ABROAD MISSION**

New Mercy Ships Display on St Martin's Mission Board  
Volunteers wanted. Please take a leaflet.

Please have a look at St Martins Church Mission Board which is located at the back of the church. We have updated the literature which includes the award to Mr Don Stephens, Mercy Ships Founder, for a Lifetime Achievement Award. Presented by the Egyptian Minister of International Co-operation of Government, Rania Al-Mashat at the Opening of the GE7African Visionary Leaders Summit in Washington DC by African Dignitaries.

The new Ship will be based in West Africa, Senegal and then Sierra Leone.

## HOME MISSIONS

### Refugee Network

The Epsom and Ewell Refugee Network helps refugees and asylum seekers in this area with support and guidance. They connect with people and organisations who can help with English classes, housing, clothing, food and other essential needs. They organise social events and collect donations to help all Refugees in the UK and abroad. They are helping a great deal on all fronts with regards to the Ukraine crisis.



### CMS in the UK

Andrea Campanali is our UK based Mission Link Partner, forming a network of pioneers helping to renew the Church.

Please have a look at the display boards at the back of the Church and hold them in your prayers.

*Jill Chapman*



## FOODBANK

We urgently need:

Tinned vegetables, potatoes, fruit

Cooking sauces

Long Life sponge pudding, Long Life fruit juice

Washing up Liquid, Washing powder/pods

Nappies 6+ ONLY

Toilet rolls, Bags for Life / Very strong bags

Please use our supermarket donation points or bring donations directly to us at Epsom & Ewell Foodbank, Good Company Hub, behind West Ewell Primary School, Ruxley Lane, Ewell KT19 0JG

We are open for donations Monday - Friday, 9am-2pm.

Please ensure donations are sealed, in date and do not contain alcohol.

Please, no more of these items: Dog Food, Cat Food, Tea Bags, Tinned Fish.

Donations can also be made if you prefer by texting any amount between £1 and £20 followed by your chosen amount to 70450. If you wish to donate a larger amount please e-mail us.

[foodbank@goodcompany.org.uk](mailto:foodbank@goodcompany.org.uk). Many thanks for your support, we really do appreciate it.

# Rainbow Service

Wednesday 15th March 2023, 7:30pm

St. Mary's Church, Quarry Street, Guildford



## *Treasures of Darkness*

### Stories from around the campfire

A service for LGBTQI+ people, friends and allies

For more information and to sign up for updates contact Jonathan Hedgecock:  
[jonathan@holytrinityguildford.org.uk](mailto:jonathan@holytrinityguildford.org.uk)

EPSOM CHORAL SOCIETY

*Visions  
of  
Eternity*

**Saturday 18th March 2023 at 7:30pm**

St Martin's Parish Church, Church Street, Epsom KT17 4PX

**Jonathan Dove | Bless the Lord, O My Soul**

**Arvo Pärt | Salve Regina**

**James Whitbourn | Son of God Mass**

**John Tavener | Svyati**

**Brahms | Geistliches Lied**

**Julian Collings | conductor**

**Peter Jaekel | organ**

**Kyle Horch | saxophone**

**Rebecca Hepplewhite | cello**

Tickets: £16, £8 (students and U18s)

[www.epsomchoral.org.uk/tickets](http://www.epsomchoral.org.uk/tickets)

Box office: 01372 727078 or 07522 111219



Registered charity number 273757



# EPSOM CHAMBER CHOIR

Guest conductor: Jack Apperley

## Music for Passiontide

*Buxtehude Membra Jesu Nostris*

Anerio ♦ Sulpitia Cesis ♦ Lassus ♦ Lotti

Sarah MacDonald ♦ Paul Mealor ♦ Weelkes

with the Epsom Early Music Players

Saturday 25<sup>th</sup> March 2023 7:30pm

St Martin's Church, Epsom, KT17 4PX

Tickets: £16 in advance | £18 on the day | Under 18s Free

online [www.epsomchamberchoir.org.uk](http://www.epsomchamberchoir.org.uk) | telephone 020 8672 5495 | text 07940 486163

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# HOPE EXHIBITION HORTON ART CENTRE

Mental Wellbeing Charity  
Mary Frances Trust and  
Surrey County Council are  
hosting an exhibition showcasing  
artwork from local residents  
around the theme of:

"Exploring what Hope  
means through Art"

The exhibition gathers a  
collection of unique paintings,  
drawings, photographs, mosaics  
and creative writing pieces.



Running from 14 until 18 March 2023  
at The Horton Art Centre, Haven Way, Epsom KT19 8NP  
Free entry, no need to book!

MFT supports adults in Surrey to improve and maintain their mental wellbeing  
through one-to-one support, courses, groups and activities.

To become a client of MFT,  
you need to register first at  
[www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)  
and then contact us:  
call 01372 375400, text 07929 024722,  
email [info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk)  
or visit [www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)

**MFT** MARY  
FRANCES  
TRUST  
Inspiring Mental Wellbeing

  
**SURREY**  
COUNTY COUNCIL

*the*  
**HORTON**  
ARTS CAFE HERITAGE

Registered Charity 1055113



We are a local independent charity empowering older people in the borough

## Could you volunteer with us?

### Roles available:-

- **Medical Transport Drivers** - to collect clients from their home & take them to medical appointments & back again
- **Befrienders** - to visit clients at home to prevent social isolation and loneliness
- **IT /DIY volunteer-** to help our clients get to grips with their IT equipment in their own homes/help with small jobs around the home, e.g. putting up pictures
- **Trustees** - to oversee the overall management and administration of the charity.

**For more information please contact:**

Jane Hodgson - Volunteer Coordinator

**Tel: 01372 732 458**

[jane.hodgson@ageconcernepsom.org.uk](mailto:jane.hodgson@ageconcernepsom.org.uk)

**Submitting an item for the newsletter:**

**Please ensure that all items are emailed to the office by 12 noon on Wednesday, to be included in the newsletter for that week. Thank you.**

***Parish Office:***

***Church House, Church Street, Epsom,  
KT17 4PX Phone: 01372 722567  
E-mail: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)  
Website: [www.stmartinsepsom.org](http://www.stmartinsepsom.org)***

**The Parish Office is open Mondays, Wednesdays, Thursdays and Fridays, 9.30am to 12.30pm.**

**Please contact clergy and lay ministers via the office.**