



Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 19th MARCH 2023



Amidst controversy of the gender identification of God, hopefully we can all agree that He is a nurturing figure. Nurture is such a key in nature – growing anything requires some degree of nurture. This is part of our role as stewards – looking after that which we wish to grow. This is

why we refer to financial giving as stewardship – a way of helping nurture a growing Church (or any other institution to which we give).

Part of our Lenten discipline is giving – the money we offer is a symbol of our desire to nurture that which is growing. Please consider how you might be able, in whatever measure works for you, nurture our Church through your stewardship.

Nick Parish

THIS SUNDAY 19th March – Mothering Sunday

- 9.30am** Morning Prayer at St Stephen's
- 10.00am** Sung Communion at St Martin's - in church and live-streamed
- 6.30pm** Choral Evensong at St Martin's

Wednesday 22nd March

- 10.00am** Holy Communion at St Martin's
- 3.00pm** Lenten sermons discussion group in the Headley Room at Church House (until Wednesday 29th March)

NEXT SUNDAY 26th March – 5th Sunday after Lent

- 8.30am** Holy Communion at St Martin's
- 9.30am** Holy Communion at St Stephen's
- 10.00am** Morning Praise at St Martin's - in church and live-streamed
- 6.30pm** Evening Prayer at St Martin's

ELECTORAL ROLL REVISION

The Electoral Roll is due to be revised on 21st April 2023 and a notice to this effect has been displayed outside both our churches since 5th April 2023. Please check that your name is entered in the current Roll (at the back of St Martin's), or with me by email (aronson_john@hotmail.com). If you are on the Roll and there have been changes to your address or contact details please inform me or the Parish Office. Your full details can be checked in the office. If you are not a member and would like to join please complete an application form available at the back of St Martin's and hand it in to the Parish Office. The Roll will be closed for any new entries from 20 April 2023 until after the Parish AGM on 7th May 2023.

John Aronson, Electoral Roll Officer.

STEWARDSHIP

Giving to St Martin's and St Stephen on the Downs

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below.



3. You can give cash in Church
(use the collection plate provided)

'Enslavement voices from the Archives' - An exhibition at Lambeth Palace

This exhibition of letters, books and documents sheds light on the links between the Church and the slave trade. One of the most haunting exhibits is a Bible produced for slaves that removed all references to freedom and escape from enslavement. As we have our own 'document' to this now troubling link in the form of the wall memorial to slave owner John Brathwaite, a visit to this exhibition will help to put it in context.

The exhibition is on until 4 April and admission is free. Further details including opening hours can be found here:

<https://www.lambethpalacelibrary.org/exhibitions/>

A Capital Idea

Come into our church on Saturdays in lent with a duster, for - Calm, Company, Coffee, Chat and a Cleansing campaign of loving care. Come when you can, no need to commit.

10.30am to 11.30am.

Chris and Sue Hyde

Beacon Teas

Do come along to the next Beacon Tea on:

Sunday 9 April, 3.00 pm – 5.00pm (Easter)

At the Easter one we shall have hot cross buns and Simnel cake, plus the usual sandwiches or filled rolls.

We look forward to welcoming you.

Mary Gilbert and Elaine Snook

What happens to our Recycling?

Epsom Methodist Church in Ashley Road is holding a recycling event on 29th March at 7.30pm. Callum Atkins from Epsom and Ewell Council will be there to explain what happens in the borough and beyond, and answer questions. Please see the attached flier for more details.

MUSIC@STMARTIN'S NEXT CONCERT Sat April 1 at 4.30pm

The De Beauvoir Piano Trio is a London based prize-winning ensemble formed by violinist Enyuan Khong, cellist Charlotte Kaslin and pianist Élisabeth Pion. The Trio seeks to amplify marginalised voices, creating a new narrative of classical and contemporary music-making. In 2022 they were selected as Ensemble in Residence of the Britten Pears Young Artists' Programme and have since performed at King's Place and the Wigmore Hall. This promises to be a thrilling hour of chamber music for all ages. Don't miss it!

Richard Dacey

Bringing the Bread and Wine for communion

We are re-instating the symbol of two people from the congregation bringing bread and wine up to the altar (the offertory) during the offertory hymn. This will happen at 10am today (19th) and is planned next for Easter Day. If this is something you would like to do, please let the one of us know.

Sarah Lutton/ David Eggett (the churchwardens).

Churches Together in Epsom (CTiE)



This Good Friday at 10.30am there will be an ecumenical Service of Worship and Praise in Epsom market place, organized by CTiE.

This will be followed by family crafts and outreach activities. All are invited. If you can help in this event, such as in stewarding, crafts, manning the stall, prayer ministry, preparing hot cross buns etc. please email Jane Williams: chair@ctie.org.uk.

If you can sing in the choir, brought together to lead the singing in this one event, please email David Williams: admin@ctie.org.uk. Rehearsal information is on the [CTiE 'Upcoming Events' webpage](#).

THE CORONATION

Plans are underway for St Martin's celebrations. These are the details we have to date:

Saturday 6th May Coronation Day

We will show the coronation service in church on the large screens. There will also be children's activities including a procession in fancy dress. Bring your own snacks, but we'll provide tea and coffee and something bubbly to toast the new King & Queen.

Sunday 7th May Coronation Big Lunch

After the 10.00 service is our Annual Church Meeting which will be followed by a Coronation Big Lunch. It will be a 'bring and share' and may include a BBQ. The day will end with a quiet and reflective service of Evening Prayer at 6.30pm.

Monday 8th May The Big Help Out

You may already have plans to take part in a volunteering activity. However, if anyone would like to suggest or organise a St Martin's activity, please let the churchwardens know.



Carbon Fast for Lent, week '5'.

The next week of challenge highlights our use of energy and water: **fast from taking long showers and using the tumble dryer.**

- save energy by reducing consumption
- use a clothes drying rack
- take shorter showers

With the current cost of energy many people will have been thinking very hard about how much energy they use. If you have a water meter, you are probably more conscious of how much water you use, too.

When we stayed in student rooms in Durham University a few years back, the shower had a three-minute hourglass egg-timer in the shower. We are also lucky enough to have a garden where we can hang our clothes to dry - they smell so nice, having been out in the fresh air!

Helen Williams

MISSION OF THE MONTH – MARCH

ABROAD

New Mercy Ships

Volunteers wanted. Please take a leaflet.

Please look at the Church Mission Board at the back of the church. We have updated the literature which includes the award to Don Stephens, Mercy Ships Founder, of a Lifetime Achievement Award. Presented by the Egyptian Minister of International Co-operation of Government, Rania Al-Mashat at the Opening of the GE7African Visionary Leaders Summit in Washington DC by African Dignitaries. The new Ship will be based in West Africa, Senegal and then Sierra Leone.

<https://www.mercyships.org.uk/global-mercy-arrives-in-dakar/>

HOME MISSIONS

Refugee Network

The Epsom and Ewell Refugee Network helps refugees and asylum seekers in this area with support and guidance. They connect with people and organisations who can help with English classes, housing, clothing, food and other essential needs. They organise social events and collect donations to help all Refugees in the UK and abroad. They are helping a great deal on all fronts with regards to the Ukraine crisis.

CMS in the UK

Andrea Campanali is our UK based Mission Link Partner, forming a network of pioneers helping to renew the Church.

Please have a look at the display boards at the back of the Church and hold them in your prayers.

Jill Chapman

FOODBANK

We urgently need:

UHT Milk
Long life fruit juice
Cooking sauces
Long life sponge puddings
Men's deodorant
Shaving gel/foam
Adult toothbrushes
Adult toothpaste
Bags for Life / Very strong bags

Please, no more of these items as we are at capacity: Dog Food, Cat Food, Tea Bags, Tinned Fish, Coffee.

Please use our supermarket donation points or bring donations directly to us at Epsom & Ewell Foodbank, Good Company Hub, behind West Ewell Primary School, Ruxley Lane, Ewell KT19 0JG.

We are open for donations Monday - Friday, 9am-2pm.
Please ensure donations are sealed, in date and do not contain alcohol.

Donations can also be made if you prefer by texting any amount between £1 and £20 followed by your chosen amount to 70450. If you wish to donate a larger amount please e-mail us.

foodbank@goodcompany.org.uk

Many thanks for all your support - we really do appreciate it!



What happens to our Recycling

(is there no such thing as rubbish?)

Come and hear Callum Atkins from Epsom & Ewell Borough Council Waste Services Department, talk everything recycling and answer any questions

**March 29th 7.30pm, Epsom Methodist Church
Ashley Road KT18 5AQ**

Refreshments served before event

The Eco-church groups in Epsom would like to invite you to this event. We know there is no Planet B, and we all do our best to recycle as much as we can, but is it enough?

Come and hear from Callum Atkins, Waste Services Assistant at Epsom & Ewell Borough Council, talk all things recycling – and answer any questions.





EPSOM CHAMBER CHOIR

Guest conductor: Jack Apperley

Music for Passiontide

Buxtehude Membra Jesu Nostris

Anerio ♦ Sulpitia Cesis ♦ Lassus ♦ Lotti

Sarah MacDonald ♦ Paul Mealor ♦ Weelkes

with the Epsom Early Music Players

Saturday 25th March 2023 7:30pm

St Martin's Church, Epsom, KT17 4PX

Tickets: £16 in advance | £18 on the day | Under 18s Free

online www.epsomchamberchoir.org.uk | telephone 020 8672 5495 | text 07940 486163

SCAN TO
BOOK
ONLINE



Supported by

Con lris

The Humphrey Richardson Taylor
Charitable Trust

www.hrtaylortrust.org.uk



We are a local independent charity empowering older people in the borough

Could you volunteer with us?

Roles available:-

- **Medical Transport Drivers** - to collect clients from their home & take them to medical appointments & back again
- **Befrienders** - to visit clients at home to prevent social isolation and loneliness
- **IT /DIY volunteer-** to help our clients get to grips with their IT equipment in their own homes/help with small jobs around the home, e.g. putting up pictures
- **Trustees** - to oversee the overall management and administration of the charity.

For more information please contact:

Jane Hodgson - Volunteer Coordinator

Tel: 01372 732 458

jane.hodgson@ageconcernepsom.org.uk

Music@StMartin's

SAT 1 APRIL



DE BEAUVOIR PIANO TRIO

SAT 1 APRIL at 4.30PM

Music by

Lena Frank, Beethoven, Shostakovich

ADMISSION FREE

Submitting an item for the newsletter:

Please ensure that all items are emailed to the office by 12 noon on Wednesday, to be included in the newsletter for that week. Thank you.

Parish Office:

***Church House, Church Street, Epsom,
KT17 4PX Phone: 01372 722567
E-mail: office@stmartinsepsom.org
Website: www.stmartinsepsom.org***

The Parish Office is open Mondays, Wednesdays, Thursdays and Fridays, 9.30am to 12.30pm.

Please contact clergy and lay ministers via the office.