



Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 26th MARCH 2023

****British Summer Time** begins today –
clocks forward 1 hour on Saturday night**



In the Old Testament today, at 10, Ezekiel is asked “Can these bones live?’ The people were as dry bones -all creativity and animation gone. Ever feel like that? This glorious artwork depicts the bodies rising when Ezekiel prophied to the bones, and then to the wind, and the resurrected, spirit filled bodies rose from the valley. A metaphor for us. Can we be renewed by the Spirit into vibrant life?

Nick Parish

THIS SUNDAY 26th March– 5th Sunday after Lent

- 8.30am** Holy Communion
- 9.30am** Holy Communion at St Stephen's
- 10.00am** Morning Prayer - in church and live-streamed.
- 4.45-6.15pm** Bible Study, with tea, in Church House, led by Lynne Scholefield 'The binding of Isaac'
- 6.30pm** Music, readings and prayer for Passiontide at St Martin's (*apologies, but we are unable to live-stream this service, so do come to Church if you can*).

Wednesday 29th March

- 10.00am** Holy Communion at St Martin's
- 3.00pm** Lenten sermons discussion group in the Headley Room at Church House

Thursday 30th March

- 9.30am** School Easter Service at St Martin's

Saturday 1st April

- 4.30pm** Recital in Church
- 7.00pm** Sung Compline with reflection on Mary Magdalen in the Lady Chapel

NEXT SUNDAY 2nd April - Palm Sunday

- 9.30am** Morning Prayer at St Stephen's
- 10.00am** Sung Communion at St Martin's - in church and live-streamed
- 6.30pm** Evening Prayer at St Martin's (*apologies, but we are unable to live-stream this service, so do come to Church if you can*).

HOLY WEEK AND EASTER

Mon 3rd – Wed 5th April

7.30pm Stations of the Cross and Compline (see below)

Maundy Thursday

3.00pm Funeral of Peter Lalle

8.00pm Holy Communion

Good Friday

10.30am Ecumenical service in the Town Centre Market area

**12.00pm St Martin's Open for prayer, with a reading ,
prayer and reflective music every 30 minutes.**

**2.00pm At the Cross – incorporating the singing of the
St Mark Passion**

EASTER DAY

8.30am Holy Communion

9.30am Holy Communion at St Stephen's

10.00am Sung Communion

3.00pm Beacon Tea

6.30pm Choral Evensong

(10.00am and 6.30pm livestreamed)

Stations of the Cross

The Stations of the Cross which we will use in Holy Week this year have been prepared by the Sisters of the Turvey Community in Bedfordshire. The Stations illustrate Christ's journey to the Cross from his condemnation by Pilate to the crucifixion and burial. On Monday, Tuesday and Wednesday, 3rd - 5th April, at 7 pm, we will be following the journey with the help of these vivid illustrations. The Stations will end with Compline in the Lady Chapel with a short reflection on some of those who were part of that journey.

What happens to our Recycling?

Epsom Methodist Church in Ashley Road is holding a recycling event on 29th March at 7.30pm. Callum Atkins from Epsom and Ewell Council will be there to explain what happens in the borough and beyond, and answer questions. Please see the attached flier for more details.

Peter Lallem RIP funeral arrangements

Peter's funeral will take place at St Martin's on Thursday 6th April at 3pm and there will be a cremation at Randalls Park afterwards. His family have kindly invited anyone attending the service and/or the cremation to join them for refreshments in Church House afterwards. They would like to know for catering purposes how many people to expect. If you intend coming would you please sign the list at the back of the church. If you are not staying for refreshments and would like an order of service please indicate this on the list. Anyone unable to access the list should let their wishes be known to the Parish Office by email to

office@stmartinsepsom.org

John Aronson

MUSIC@STMARTIN'S NEXT CONCERT Sat April 1st at 4.30pm

The De Beauvoir Piano Trio is a London based prize-winning ensemble formed by violinist Enyuan Khong, cellist Charlotte Kaslin and pianist Élisabeth Pion. The Trio seeks to amplify marginalised voices, creating a new narrative of classical and contemporary music-making. In 2022 they were selected as Ensemble in Residence of the Britten Pears Young Artists' Programme and have since performed at King's Place and the Wigmore Hall. This promises to be a thrilling hour of chamber music for all ages. Don't miss it!

Richard Dacey

Music@StMartin's

SAT 1 APRIL



DE BEAUVOIR PIANO TRIO

SAT 1 APRIL at 4.30PM

Music by

Lena Frank, Beethoven, Shostakovich

ADMISSION FREE

Churches Together in Epsom (CTiE)



This Good Friday at 10.30am there will be an ecumenical Service of Worship and Praise in Epsom market place, organized by CTiE. This will be followed by family crafts and outreach activities.

All are invited. If you can help in this event, such as in stewarding, crafts, manning the stall, prayer ministry, preparing hot cross buns etc. please email Jane Williams: chair@ctie.org.uk.

If you can sing in the choir, brought together to lead the singing in this one event, please email David Williams: admin@ctie.org.uk. Rehearsal information is on the [CTiE 'Upcoming Events' webpage](#).

'Enslavement voices from the Archives' - An exhibition at Lambeth Palace

This exhibition of letters, books and documents sheds light on the links between the Church and the slave trade. One of the most haunting exhibits is a Bible produced for slaves that removed all references to freedom and escape from enslavement. As we have our own 'document' to this now troubling link in the form of the wall memorial to slave owner John Brathwaite, a visit to this exhibition will help to put it in context.

The exhibition is on until 4th April and admission is free. Further details including opening hours can be found here: <https://www.lambethpalacelibrary.org/exhibitions/>

Beacon Teas

There will be a Beacon Tea in the Church at 3pm on Easter Sunday, 9th April, to which you are all welcome. There will be (cold!) hot cross buns, Simnel Cake, filled rolls, (possibly small chocolate rabbits), and other refreshments as usual. Do come.

It will be the last Beacon Tea in its present form. Attendance has dwindled since last year – only three people for the last one in March – so it seems to have outlived its usefulness and appeal. We shall not entirely vanish but will probably hold just three a year: close to Christmas, Easter, and one in the summer (probably in July). In addition, our present intention is to also have three light and informal lunches during the winter with homemade soup, rolls, cheese, and fruit. The lunches would be held in Church House at 1.00 p.m. on a weekday. But note that our plans are at an early stage just now and are not, unlike the Commandments, engraved in stone.

Mary Gilbert and Elaine Snook

ELECTORAL ROLL REVISION

The Electoral Roll is due to be revised on 21st April 2023 and a notice to this effect has been displayed outside both our churches since 5th April 2023. Please check that your name is entered in the current Roll (at the back of St Martin's), or with me by email (aronson_john@hotmail.com). If you are on the Roll and there have been changes to your address or contact details please inform me or the Parish Office. Your full details can be checked in the office. If you are not a member and would like to join please complete an application form available at the back of St Martin's and hand it in to the Parish Office. The Roll will be closed for any new entries from 20 April 2023 until after the Parish AGM on 7th May 2023.

John Aronson, Electoral Roll Officer.

STEWARDSHIP

Giving to St Martin's and St Stephen on the Downs

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below.



3. You can give cash in Church
(use the collection plate provided)

A Capital Idea

As we have completed the work ahead of time there will be no more Saturday morning sessions. ***Chris and Sue Hyde***

Bringing the Bread and Wine for communion

We are re-instating the symbol of two people from the congregation bringing bread and wine up to the altar (the offertory) during the offertory hymn. This will happen at 10am today (19th) and is planned next for Easter Day. If this is something you would like to do, please let the one of us know.

Sarah Lutton/ David Eggett (the churchwardens).

THE CORONATION

Plans are underway for St Martin's celebrations. These are the details we have to date:

Saturday 6th May Coronation Day

We will show the coronation service in church on the large screens. There will also be children's activities including a procession in fancy dress. Bring your own snacks, but we'll provide tea and coffee and something bubbly to toast the new King & Queen.

Sunday 7th May Coronation Big Lunch

After the 10.00 service is our Annual Church Meeting which will be followed by a Coronation Big Lunch. It will be a 'bring and share' and may include a BBQ. The day will end with a quiet and reflective service of Evening Prayer at 6.30pm.

Monday 8th May The Big Help Out

You may already have plans to take part in a volunteering activity. However, if anyone would like to suggest or organise a St Martin's activity, please let the churchwardens know.



Carbon Fast for Lent, week '5'.

The next week of challenge highlights our use of energy and water: **fast from taking long showers and using the tumble dryer.**

- save energy by reducing consumption
- use a clothes drying rack
- take shorter showers

With the current cost of energy many people will have been thinking very hard about how much energy they use. If you have a water meter, you are probably more conscious of how much water you use, too.

When we stayed in student rooms in Durham University a few years back, the shower had a three-minute hourglass egg-timer in the shower. We are also lucky enough to have a garden where we can hang our clothes to dry - they smell so nice, having been out in the fresh air!

Helen Williams

MISSION OF THE MONTH – MARCH

ABROAD

New Mercy Ships

Volunteers wanted. Please take a leaflet.

Please look at the Church Mission Board at the back of the church. We have updated the literature which includes the award to Don Stephens, Mercy Ships Founder, of a Lifetime Achievement Award. Presented by the Egyptian Minister of International Co-operation of Government, Rania Al-Mashat at the Opening of the GE7African Visionary Leaders Summit in Washington DC by African Dignitaries. The new Ship will be based in West Africa, Senegal and then Sierra Leone.

<https://www.mercyships.org.uk/global-mercy-arrives-in-dakar/>

HOME MISSIONS

Refugee Network

The Epsom and Ewell Refugee Network helps refugees and asylum seekers in this area with support and guidance. They connect with people and organisations who can help with English classes, housing, clothing, food and other essential needs. They organise social events and collect donations to help all Refugees in the UK and abroad. They are helping a great deal on all fronts with regards to the Ukraine crisis.

CMS in the UK

Andrea Campanali is our UK based Mission Link Partner, forming a network of pioneers helping to renew the Church. Please have a look at the display boards at the back of the Church and hold them in your prayers.

Jill Chapman

FOODBANK

We urgently need:

Pulses

Long life fruit juice

Cooking sauces

Long life sponge puddings

Noodles

Shampoo

Shaving gel/foam

Adult toothpaste

Please, no more of these items as we are at capacity: Dog Food, Cat Food, Tea Bags, Tinned Fish, Coffee.

Please use our supermarket donation points or bring donations directly to us at Epsom & Ewell Foodbank, Good Company Hub, behind West Ewell Primary School, Ruxley Lane, Ewell KT19 0JG.

We are open for donations Monday - Friday, 9am-2pm. Please ensure donations are sealed, in date and do not contain alcohol.

Donations can also be made if you prefer by texting any amount between £1 and £20 followed by your chosen amount to 70450. If you wish to donate a larger amount please e-mail us.

foodbank@goodcompany.org.uk

Many thanks for all your support - we really do appreciate it!

Our Donations

The volunteers at the Food Bank were delighted with the boxful of our recent donations, particularly all the bags for life. So thank you! The box needs filling again, so please look at the list below and bring what you can.

Sarah Lutton



What happens to our Recycling

(is there no such thing as rubbish?)

Come and hear Callum Atkins from Epsom & Ewell Borough Council Waste Services Department, talk everything recycling and answer any questions

**March 29th 7.30pm, Epsom Methodist Church
Ashley Road KT18 5AQ**

Refreshments served before event

The Eco-church groups in Epsom would like to invite you to this event. We know there is no Planet B, and we all do our best to recycle as much as we can, but is it enough?

Come and hear from Callum Atkins, Waste Services Assistant at Epsom & Ewell Borough Council, talk all things recycling – and answer any questions.





We are a local independent charity empowering older people in the borough

Could you volunteer with us?

Roles available:-

- **Medical Transport Drivers** - to collect clients from their home & take them to medical appointments & back again
- **Befrienders** - to visit clients at home to prevent social isolation and loneliness
- **IT /DIY volunteer-** to help our clients get to grips with their IT equipment in their own homes/help with small jobs around the home, e.g. putting up pictures
- **Trustees** - to oversee the overall management and administration of the charity.

For more information please contact:

Jane Hodgson - Volunteer Coordinator

Tel: 01372 732 458

jane.hodgson@ageconcernepsom.org.uk



**MYNYDDISLWYN
MALE CHOIR**



**Mynyddislwyn Male Choir
In Concert**
with Epsom Male Voice Choir
Saturday 29 April 2023
St Martin's Church Epsom at 7:30pm



This promises to be a delightful evening of song with a mixture of male voice classics and popular tunes from the two choirs. Mynyddislwyn Male Choir are from Oakdale in the Welsh valleys and EMVC had great pleasure in singing with them at their Chapel in October last year.

Tickets are available now at £10pp. Here's the link
<https://buytickets.at/epsommalevoicechoir/877039>

Submitting an item for the newsletter:

Please ensure that all items are emailed to the office by 12 noon on Wednesday, to be included in the newsletter for that week. Thank you.

Parish Office:

***Church House, Church Street, Epsom,
KT17 4PX Phone: 01372 722567
E-mail: office@stmartinsepsom.org
Website: www.stmartinsepsom.org***

The Parish Office is open Mondays, Wednesdays, Thursdays and Fridays, 9.30am to 12.30pm.

Please contact clergy and lay ministers via the office.