



Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 11th June 2023

ST BARNABAS



Barnabas means 'son of encouragement'. Believed to be from Cyprus, he is their patron Saint. Also, he is patron Saint of Vineyards, and of 'second chances.' His crucial role was to be a mediator between the Jewish Christians of the early Church and their former oppressor, Paul.

Bringing people together and building trust is a special gift. Without Barnabas, maybe Paul would never have succeeded in his role of apostle.

Nick Parish, Vicar

THIS SUNDAY 11th June – St Barnabas

- 8.30am** **Holy Communion at St Martin's**
9.30am **Holy Communion at St Stephen's**
10.00am **Choral Mattins at St Martin's (live-streamed)**
6.30pm **Second Thoughts at St Martin's**
***'Out of Sight, Out of Mind? Remembering
Epsom's Forgotten Residents* *Alana Harris***

Dr Alana Harris is a Reader in Modern British History at King's College London. Her research interests span the history of contemporary Christianity, life histories, and the interplay of gender, sexuality and race in twentieth-century British society. Did you know that the largest cluster of psychiatric hospitals in Europe was in Epsom? And that the unclaimed bodies of over 9000 pauper psychiatric patients who died in these facilities are buried in a local graveyard known as Horton Cemetery? Following sale of the land in 1983, the site was abandoned and the lives of these people forgotten – their graves unmarked and their stories unremembered.

This session will introduce a dynamic community project, part-funded by Historic England, to recapture these life histories and create a crowd-sourced memorial, overcoming historical amnesia, neglect and inaction.

Alongside discussion of the history of the Epsom Cluster, and the activities of volunteer researchers undertaking archival and genealogical research to reconstruct the lives and experiences of patients confined to the various asylums or 'epileptic colony', this session will take the form of a 'chat and craft' workshop. We will discuss changing attitudes to mental health and psychiatric treatment across the twentieth century and paint a ceramic flower to commemorate a patient. 900 flowers, to mark the 9000 buried, will be installed around the periphery of the cemetery on 10th October 2023.

Adrian Esdaile

Wednesday 14th June

10.00am Holy Communion

7.00pm Ministry Team in Wisley room.

Thursday 15th June

5.00pm Evening Prayer in the Lady Chapel

7.30pm Deanery Synod at St Paul's Nork.

NEXT SUNDAY 18th June – Windrush Sunday

9.30am Morning Prayer at St Stephen's
10.00am Sung Communion at St Martin's (live-streamed)
6.30pm Choral Evensong at St Martin's

At 10am, our service marks the 75th anniversary of the arrival of the Windrush in Britain – celebrating the lives of those who came and remembering the difficulties they faced.

My Ordination as Deacon at Guildford Cathedral on Sunday 2 July – Update

As detailed in previous newsletters, the service at Guildford Cathedral will start at 10.30 am on Sunday 2nd July. It will be livestreamed for those who are unable to attend in person and would like to watch at home. The link to this will be made available on the Cathedral website under the diary entry on Thursday 29 June. It may be used up to 48 hours after the service but will then be permanently deleted. Also as detailed previously, in addition to the drinks and nibbles after the 6.30 Communion Service, there will be a buffet lunch in the hall of Church House at St Martin's after the ordination service to which everyone is invited from about 1.45 pm (the exact timing will depend on how long it takes to get back from the Cathedral). Some people have already let me know that they are coming.

But if you haven't told me, please add your name to the list at the back of church so I can advise the caterer accordingly.

Judith Mitchell

Great Big Green Week

This week, 10th - 18th June - is national Great Big Green Week (yes, it has moved from September). Many 'green/eco'-inspired events will be going on around the country - have a look at <https://greatbiggreenweek.com/> for listings, wherever you are. If you are at a loose end after church on 11th, you could visit the Epsom and Ewell Tree Advisory Board Tree Nursery (to which some of you have donated trees) at the Bridle Road/Alexandra Road allotments between 11.30am and 1pm - let them know you are coming by e-mailing epsomandewelltab@gmail.com and we will welcome you into the allotment to see how we can all support trees around the Borough.

Helen Williams

Church House Parking

The Church House Car Park is for the use of clergy, hirers in Church House and church personnel.

From 1st June 2023 a parking permit will be required to park in the Church House Car Park.

Parish Office

Tuesdays in Church

Please note that I shall **not** be available in church for Morning Prayer or pastoral chat on the morning of Tuesday 27th June.

Mary Gilbert

A SERIES ON THE SACRAMENTS

Over June and July, we will think about the two main sacraments of the Church – Holy Communion and Baptism – as well those of reconciliation, healing and anointing, ordination and confirmation and marriage..

As well as Sunday services, the Vicar will be leading a short series of discussions on Thursday evenings, for anyone who would like to share their ideas and/or learn from each other. The timetable looks like this:

SERVICES:

Sunday June 11th at 10am

we remember St Barnabas, who had a ministry of reconciliation.

Sunday, June 18th at 10am

We mark the anniversary of the Windrush bringing people to a new life in the UK and consider the need for reconciliation today that has resulted from their experiences.

Sunday June 25th at 10am

we remember the birth of John the Baptist. The service will include a baptism with a sermon on the theme.

Sunday July 2nd at 10am

Adrian Esdaile will lead a special service on the theme of Ordination and Confirmation, whilst Judith is ordained Deacon at the Cathedral at 10.30am.

At 6.30pm a service of Holy Communion at which Judith will be Deacon.

Sunday July 23rd.

The 10am service includes the sacrament of anointing for healing.

Discussion Groups, in Church House, Thursdays, 7.30pm:

29th June Holy Communion
6th July Baptism
13th July Healing/ anointing
20th July Reconciliation (forgiveness)

Grow Cook Enjoy

Dear Friends

Come along on 1st July and see what's new and how you can join in with caring for God's creation. Find out about helping Epsom and Ewell take good care of its trees, learn about the wildflowering project, bring items for the Food Bank, bring containers to buy zero-packaging goods from The Floating Refillery, bring your bike if it needs a bit of a check-over... The Scouts and 'Grow Cook Enjoy' will be running workshops for children to make useful nature-encouraging items. More details here: <https://www.sustainableepsomewell.co.uk/events/eco-fair-2023>.

If you are primary school age, write a poem or design a poster on 'pollinators' for a competition - more details here:

<https://www.sustainableepsomewell.co.uk/events/pollinator-poetry-and-poster-competitions-2023>

There will be cake.

Best wishes, Helen Williams

Love Me Love My Mind – Sponsored bike ride update

Last weekend I completed the 140-mile C2C bike ride from the Irish Sea to the North Sea without even a single puncture!

Thanks to the exceptional generosity of almost 80 people, including many members of the St Martin's congregation, the trip has raised over £2,000 for Love Me Love My Mind.

This mental health charity does wonderful work for the sad and lonely of Epsom. Our congregation already supports its activities, which are led entirely by volunteers on a modest budget, but your extra sponsorship will very much make a difference.

Toiling through the Lake District and over five brutal Pennine climbs was hard, but the weather and scenery were glorious. I'll never forget the cries of curlews on the hills, or the swallows swooping around me in the dales.

Photos of my trip are on my Just Giving page:

<https://www.justgiving.com/page/david-stamp-c2c>

And it's not too late if you would still like to support the charity's work, either on this page or via me in church.

Heartfelt thanks to everyone who has donated!

David Stamp

MISSION OF THE MONTH – JUNE

MY TIME—Young Carers in Epsom and Ewell

Young Carers are often the forgotten people as they are not obvious in Society. They can be anyone, from a very young age who supports someone in their own family in multiple roles. They do need support in order to cope in their isolated situations. My Time for young Carers is a charity, relying on enough volunteers to provide activities outside of the home, to mix with others and take part in fun activities. It is accessible for young Carers between the ages of 7-16, who live locally.

The Medaille Trust

This organisation provides refuges and freedom to victims of modern slavery—supporting them as they rebuild their lives. Today, we are one of the largest provider of supported safe house beds for victims of Modern Slavery in the UK. The scheme works to combat modern slavery by offering safe housing, providing support for victims, raising awareness in communities, and partnering with law enforcement authorities.

We are focusing on these 2 charities for the month of June.

Please hold them in your prayers.

Thank You.

Jill Chapman - Mission

STEWARDSHIP

Giving to St Martin's and St Stephen on the Downs

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below.



3. You can give cash in church
(use the collection plate provided)

Food Bank

Last Monday I took a full box of donated goodies to the Food Bank in Ruxley Lane and it was very gratefully received. The boxes are now empty so please do your best to fill them again. You'll find the list of items needed in this newsletter as usual. I'm happy to make as many journeys as necessary to deliver full boxes.

Sarah Lutton

FOODBANK NEEDS LIST

Thank you to all our wonderful, faithful supporters. Your kindness and generosity is always so appreciated by us, and those we meet in our centres.

This week, we need the following items:

Tinned spaghetti

Rice pudding, Coffee, Custard, Longlife sponge puddings

Longlife juice, Powdered milk, Mayonnaise

Washing up liquid, Washing powder, Cleaning products

Bags for Life / Very strong bags

Please use our supermarket donation points or bring donations directly to us at Epsom & Ewell Foodbank, Good Company Hub, behind West Ewell Primary School, Ruxley Lane, Ewell KT19 0JG (open Monday - Friday, 9am-2pm).

We always welcome donations and promise to use them to provide help to people in need. Donations will be shared across Epsom & Ewell Foodbank and Epsom Pantry. This ensures your donations go to help people who use our services wherever they are.

Donations can also be made if you prefer by texting any amount between £1 and £20 followed by your chosen amount to 70450. If you wish to donate a larger amount please e-mail us.

foodbank@goodcompany.org.uk

Music@StMartin's

SAT 17 JUNE AT 4.30PM

TWILIGHT ENSEMBLE

present

Heartlines



Celebrating Romantic vocal music from composers exchanging artistic ideas and ideals throughout the 19th century, Twilight Ensemble's new programme explores musical sonorities and timbres from across Europe. From Hungarian, Polish and Spanish dances to Italian folksongs; from virtuosic piano variations of popular operatic arias to florid battles of coloratura, this concert promises passion, flair and vitality.



St Martin's Church, Church Street,

Epsom KT17 4PX

Admission free -donations welcome



Saturday 1 July, 10am-2pm
St Martin of Tours Church,
Church Street, Epsom, KT17 4PX

Free to attend
All welcome

Children's
activities

*Discover a wide range of local green groups,
businesses and campaigns, including:*

Free cycle checks with **Dr Bike**

Bring containers for plastic-free purchases from
Floating Refillery

Learn about topics such as *reducing your
carbon footprint, biodiversity, home energy
efficiency, and how to repair*

**Discover ways to reduce your environmental impact,
find opportunities to get involved,
and help us lobby for action and change!**

Refreshments available, remember to bring your reusable cup!



For more information visit:
www.SustainableEpsomEwell.co.uk





**SUSTAINABLE
EPSOM & EWELL**
your independent, volunteer-led, local green group



Pollinator Poetry and Poster Competitions



We invite primary school aged children in Epsom and Ewell to take part in our competition

Design a poster or write a poem about pollinators

Prizes include: local honey, pollinator books by a local author



Why are pollinators important?



How can we help protect pollinators?

Which pollinators have you seen locally?



Entries will be judged in two age categories:

Age 4-7 (School years YR - Y2)

Age 7-11 (School years Y3-Y6)



Entries must be submitted either online by Friday 23 June or in person at the Eco Fair on 1 July by 12pm

- Submit online entries to: sustainable.epsom.ewell@gmail.com
- Please enter "Poetry and poster competition" as the email subject and include the child's name, age and school year group in the body of the email.
- Entries submitted at the Eco Fair must have the child's name, age and school year group written on the back and a contact email address so that prize winners can be notified.
- Winners will be announced at the Eco Fair taking place on Saturday 1 July at St Martins Church, Epsom.
- Full details of the competition can be found on our website:



www.SustainableEpsomEwell.co.uk

**Submitting an item for the newsletter:
Please ensure that all items are emailed to the office by
12 pm on Wednesday, to be included in the newsletter
for that week.
Thank you.**

**Parish Office:
Church House, Church Street, Epsom,
KT17 4PX Phone: 01372 722567
E-mail: office@stmartinsepsom.org
Website: www.stmartinsepsom.org**

**The Parish Office is open Mondays, Wednesdays,
Thursdays and Fridays, 9.30am to 12.30pm.**

**Please contact clergy and lay ministers via
the office.**