



Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 23rd July 2023

TRINITY 7



This week we focus on the sacrament of anointing, This has been practised by the Church since apostolic times, and is a sign of God's healing love in a person's life, a blessing in suffering and a desire for healing.

The protestant Church stopped this practice after the reformation, but in recent times it has been rediscovered as a powerful sign of God's grace in our lives, rather than a superstition - as the Reformers regarded it.

All who attend the 10am on Sunday (23rd) are invited to receive anointing after communion.

Nick Parish

THIS SUNDAY 23rd July – Trinity 6

- 9.30am** Holy Communion at St Stephen's
- 10.00am** Sung Communion Healing at St Martin's – live streamed
- 6.30pm** Compline at St Martin's – will include a reflection by Adrian Esdaile on 'Forgiveness'

Tuesday 25th July

- 9.00am** Ministry Team away morning – Epsom College

Wednesday 26th July

- 10.00am** Holy Communion

Thursday 27th July

- 5.00pm** Evening Prayer in the Lady Chapel
- 7.30pm** Sacraments discussion group –
'A cynical way of getting away with it?' –
What is the point of reconciliation?
Sarah Lutton will lead this session

NEXT SUNDAY 30 July – Trinity 8

- 9.30am** Morning Prayer at St Stephen's
- 10.00am** Morning Prayer and Baptism at St Martin's – live streamed
- 6.30pm** Holy Communion at St Martin's

Discussion Groups, in Church, Thursdays, 7.30pm:

1. 'A tax dodge? A great excuse for a party'? – Why get married?

Nick Parish will lead this session on **August 3rd**.

Contemplative Prayer Group

The next Contemplative Prayer Group meeting will be on Tuesday, **8th August**, at 11am in the Lady Chapel. This is a change from 1st August when there is a funeral in the Church that morning. The 'saying' which will be our starting point will be Mark 12.35: *'You are not far from the Kingdom of God'*. All will be very welcome.

Adrian Esdaile

Choir trip to Portsmouth Cathedral 22nd and 23 July

Every year the choir enjoys a visit to a regional cathedral. In the recent past, we've sung at Winchester, Chichester, Southwark, Rochester, Chelmsford and Guildford cathedrals. This year we're heading to the coast to sing in Portsmouth cathedral. The service times in Portsmouth are as follows:

Sat 22nd July

5.45pm Choral Evensong (Men's voices)

Sun 23rd July

11.00am Sung Eucharist (Full choir)

5.45pm Choral Evensong (Full choir)

You're very welcome to attend any of these services in Portsmouth.

CHURCH DEVELOPMENT PLAN – UPDATE

All Churches in the diocese have been asked to come up with a Development Plan. We presented our draft Plan earlier this year and welcomed your comments. You may have been wondering what has happened with it. Well, since then our Plan has evolved and details, means and methods discussed. It has been approved by the Arch Deacon and adopted by the PCC. The five main goals of our Plan are these:

- Growing a younger congregation: children and families and younger adults
- Communicate effectively with each other and the community
- Building for the future – creating space for church and community
- Explore small groups afresh as a way of growing faith
- Increase financial giving

As we work towards these goals you will notice some changes and some new things happening. Some of the changes and happenings have already begun, some will be soon, others will be on a longer timescale. We will keep you updated. Most of all we hope you will support our efforts and, where possible, get involved so that you can be a part of the future of St Martin's and St Stephen's.

If you have any questions, please talk to one of the members of the CDP group: Lynne Scholefield, John Padwick, Graeme Lodge, David Eggett, Rob Jeffery, Sarah Jeffery, Helen Williams and Sarah Lutton.

Flowers in Church

As part of our worship and celebration of life and nature, we aim to have fresh flowers in St Martin's most weeks (except Lent, Advent and August).

As there are now fewer people available to make the beautiful floral arrangements that we have been used to, we are changing the way in which we provide flowers in church. We will continue to provide floral arrangements for the festivals (Christmas, Easter, Harvest and Remembrance).

We are inviting all members of the church to consider giving the flowers, perhaps in memory of a loved one or to celebrate a special occasion.

You are invited to donate flowers or contribute towards the cost of flowers.

If you would like to contribute towards the cost of flowers, then the recommended donation is £15. Please use the card reader in church to make your payment. If you pay for the flowers, then one of the members of the flower team will purchase and arrange them for you.

If you would prefer to provide flowers, from your garden, allotment or the shop, then please bring them to church on Friday morning. One of the flower team will be available to help you arrange the flowers.

You can find the sign-up sheet at the back of church on the noticeboard, nearest to the glass room. Please put your name against the week that you would like to pay for or provide the flowers.

Many thanks, Yvonne Parish

MISSION OF THE MONTH – JULY

ABROAD and HOME MISSION



**Bible
Society**

This Charity works on a Global Mission (over 200 countries) to bring the Bible to life for every man, woman and child, believing that when people engage with the Bible, lives can change – for good. It translates and distributes Bibles around the world so that people can experience the Bible in their heart language. It also works against a backdrop of indifference in the UK to help Adults and Children recognise the value of the Bible.



Mission to Seafarers

St Martin's Church have donated to the Mission to Seafarers this year. For more than 150 years the Mission to Seafarers have provided compassion, care and support to Seafarers around the world, when they need it most. Collectively, there are an estimated 1.89 million seafarers across the world. These men

and women of all nationalities spend up to nine months at sea, far from families, friends and loved ones.

Jill Chapman and Meg Topley – Mission

STEWARDSHIP

Giving to St Martin's and St Stephen on the Downs

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:
<https://cafdonate.cafonline.org/13377>
OR
2. Use your Smart Phone and Scan the QR Code below.

3. You can give cash in church
(use the collection plate provided)



FOOD BANK

This week, we need the following items:

UHT Milks (full fat and semi skimmed)

Sponge puddings,

Cooking sauce

Breakfast Cereal,

Tinned Fruit

Instant Mash,

Long-life juice

Small chocolate bars / treats

Adult Toothpaste,

Adult Toothbrushes,

Conditioner

Nappies sizes 5+ and 6+

Bags for Life / Very strong bags

Please use our supermarket donation points or bring donations directly to us at Epsom & Ewell Foodbank, Good Company Hub, behind West Ewell Primary School, Ruxley Lane, Ewell KT19 0JG.

We are open for donations Monday - Friday, 9am-2pm (closed on Bank Holidays).

LETTER FROM RUTHIE MARKUS A M E C A

Mobile 07946 606 107

E-mail: ruthie.markus@btopenworld.com

19th July 2023

Dear St Martin's,

On behalf of the Directors of The AMECA Trust and on behalf of The Blantyre District Health Office, I am writing to thank you so very much for inviting me along to speak to the Congregation last Sunday. Apologies for going so badly over time!!

As always, it was a pleasure to be back at St Martins and see everyone again. Please extend my thanks for the help with the slides, which was really appreciated. I am sure you will all want to know that we raised an amount of £220 on the morning with card sales and donations, which was amazing!!

I attach for you a report I have just finished on the Physiotherapy services we have implemented at the health centre, as this featured largely in my talk.

With kindest regards,

Ruthie Markus

CEO & Founder, The AMECA Trust.

<https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:d9605ac9-cea5-33c1-84a8-4fc61a1db01a>

**Submitting an item for the newsletter:
Please ensure that all items are emailed to the office by
12 pm on Wednesday, to be included in the newsletter
for that week.**

Thank you.

**Parish Office:
Church House, Church Street, Epsom,
KT17 4PX Phone: 01372 722567
E-mail: office@stmartinsepsom.org
Website: www.stmartinsepsom.org**

**The Parish Office is open Mondays, Wednesdays,
Thursdays and Fridays, 9.30am to 12.30pm.**

**Please contact clergy and lay ministers via
the office.**