



**Registered Charity Number: 1134149**

**WEEKLY NEWSLETTER**

**SUNDAY 10<sup>th</sup> SEPTEMBER 2023**

**TRINITY 14**

**HOST FAMILIES  
URGENTLY NEEDED**

**When I needed a shelter  
Were you there, were you there?  
When I needed a shelter were you there?**

Many people in Epsom, including members of St Martin's, came forward and offered space in their homes to those fleeing the war in Ukraine last year. Sadly, as the war continues, there is still an urgent need for more hosts, not just for new arrivals but also for those needing to move on from their initial host family due to changes in circumstances. There are currently at least three people who are in desperate need of a new home, including one woman who has joined us in worship here at St Martin's. If you think you may be able to host someone, please ring Epsom & Ewell Refugee Network 07432 660653.

**Revd Judith**

**THIS SUNDAY 10<sup>th</sup> SEPTEMBER Trinity 14/ Creation 2**

**9.30am Holy Communion at St Stephen's**

**10.00am Choral Matins**

**6.30pm Second Thoughts**

**Wednesday 13<sup>th</sup> September**

**10.00am Holy Communion**

**Thursday 14<sup>th</sup> September**

**5.00pm Evening Prayer in the Lady Chapel**

**NEXT SUNDAY 17<sup>th</sup> SEPTEMBER Trinity 15/ Creation 3**

**9.30am Morning Prayer at St Stephen's**

**10.00am Holy Communion**

**6.30pm Choral Evensong**

**Second Thoughts – Sunday 10th September**

**Laurence and Belinda Ikmpy**

**"Malawi: challenges to survival in a beautiful natural world"**

This will talk about what it takes to get through life in Malawi: the economic/financial challenges, the practical/medical challenges, and the social challenges - all within the framework of a strong religious influence on life.

Neither of our speakers knew much about Malawi twelve months ago. Laurence, a former modern languages teacher, gained some first-hand experience of life in Ethiopia a few years ago but knew nothing of southern Africa, while Belinda, a retired paediatric physiotherapist, had encountered life in southern Africa before but her experience was fifty years out of date! This will be a subjective impression of present-day life in Malawi, based on Belinda's two-month-long experience working voluntarily in the CURE hospital in Blantyre, supplemented by a collection of random insights garnered from chatting to diverse people during a two-week tour of scenically beautiful southern Malawi.

## **CONTRIBUTE TO THIS NEWSLETTER**

DO you have any news to share? Stories to tell? Seen any good articles to pass on? We would love to have contributions from you - please email any material to the office. Thank you.

**COMING SOON**

### **AFTERNOON TEA AT THE VICARAGE**

All are invited for tea at the Vicarage on **Sunday 24<sup>th</sup> September at 4pm** to celebrate the apple harvest.

More information to follow and a sign-up sheet nearer the time.

### **Upcoming Eco Events**

Hello! There are several eco-events coming up in the next two months: see which appeal below and then come along. If you have trouble with getting the e-tickets, let me know.

*Helen Williams*

### **What's stopping us stopping climate change?**

An event at Leatherhead Theatre with some high profile speakers - Lord Deben (John Gummer, former chair of the Climate Change Committee), Natalie Bennett (Baroness Bennet, Green Party peer), Ed Straw (author and specialist in Governance and Systems Thinking). 'An inspiring talk on the causes in our system which are preventing transformational delivery - and some big picture solutions', with time for audience Q&A at the end.

Thursday, 28 September, 6.30pm - 8.45pm

Leatherhead Theatre, 7 Church St, Leatherhead KT22 8DN

Book tickets: <https://www.eventbrite.co.uk/e/whats-stopping-us-stopping-climate-change-tickets-671493062827>

A short walk from Leatherhead railway station, and there are buses to Leatherhead from Epsom, too.

### **An outing to West Horsley**

If you are feeling arty and would like an excuse to visit West Horsley Place (amazing enough on its own, and known for its summer opera, and starring role in 'Ghosts'), Surrey Wildlife Trust will be hosting the Surrey Hedgerow Festival there: 'the county's - and perhaps the country's - very first hedgerow-themed music and arts festival'. It's happening on 21st October and you can buy tickets (free for children, £5 for adults) for the morning or the afternoon. Nigel and I will be going in the afternoon.

<https://www.westhorsleyplace.org/event/surrey-hedgerow-festival>  
, 01483 282032.

479 bus goes past the door, and if you want to combine it with a nice walk, Horsley Station is nearby.

### **Home made sweet treats**

I shall be selling marmalade, Jam and Lemon Drizzle cakes after the 10am service on September 17<sup>th</sup>. All proceeds to go towards the Christmas Fair.

***Maureen Suatt***

### **A forgotten belonging?**

During a recent tidy up of the choir vestry we found an electric guitar. Having establishing with a few key people that it isn't theirs, we want to check if it belongs to anyone else and so can be returned. If not, then we will endeavour to find it a new home.

***Sarah Lutton***

## Christmas Fair



This year's Christmas Fair is on Saturday November 25<sup>th</sup>, and we need as much help as possible. The Fair is taking part in the church, and we are setting up on Thursday and Friday 23<sup>rd</sup>/24<sup>th</sup> November so if you can help on any of these days please contact

either: Nancy Eggett, 07711 264231, email:

[nancy.eggett3@gmail.com](mailto:nancy.eggett3@gmail.com) or Maureen Suatt, 01372 723675, 07456 988721 email: [maureensuatt@virginmedia.com](mailto:maureensuatt@virginmedia.com)

## Music at St Martin's

Choir rehearsals resumed on Friday 1<sup>st</sup> September. We are especially looking for more sopranos and altos. Rehearsals on Friday nights 8.00pm-9.30pm are open to anyone who'd like to join us for the evening. A warm, friendly welcome is guaranteed. Contact Richard Dacey for more information:

[office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)

## Harmonies for Hope charity concert Sat 30<sup>th</sup> Sep at 7.30pm

For information about the event click on this link: [Harmonies for Hope - In support of Parkinson's UK \(thebestof.co.uk\)](http://thebestof.co.uk)

## Autumn Music Recitals

It's time to update your diaries with details of our forthcoming autumn concerts at St Martin's. We've a range of great music to enjoy with a wide variety of composers and musical styles. We're especially excited to welcome back international piano duo Nettle and Markham who will present a programme of Saint-Saëns works for two-pianos on Saturday 14 October prior to recording them in St Martin's later. Our admission by donation policy aims to keep all concerts affordable, so please share this information with family and friends to help maintain and grow our audience. We look forward to seeing you in September.



**A relaxed way to chat about death, dying and funerals over tea and cake using GraveTalk cards, with questions such as:**

- **If you knew this was your last day of life, what would you do?**
- **If you were planning your funeral what would you include?**
- **What does it mean to have a ‘good death’?**

**Sunday 1 October 4pm – 6pm,  
St Martin’s Church**



# STEWARDSHIP

*Managing God's Gifts To Us*

## **Giving to St Martin's and St Stephen on the Downs**

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below.



3. You can give cash in church  
(use the collection plate provided).

Please would you be kind enough to review your giving, and consider whether you are able to increase it? As with everything else, our costs are rising, and as we set budgets for the coming months, it would be wonderful if to see our giving income rising too. Thank you for all your generosity to our Church. Nick

# Music@StMartin's

## AUTUMN CONCERTS 2023

**SAT 23 SEP AT 4.30PM**

### **CITY OF LONDON FREEMEN'S SCHOOL**

Talented musicians from the City of London Freeman's School open our autumn series with a varied programme of solo and ensemble music for voices and instruments.



**SAT 14 OCT at 4.30pm**

### **NETTLE AND MARKHAM PIANO DUO**



International piano duo, Nettle and Markham present an exciting concert on their Pleyel Double Piano, prior to their recording of the virtuoso two-piano works of Saint-Saens. Don't miss this opportunity to hear major works of the French duo repertoire, as originally conceived on this very rare, authentic instrument.

**SAT 25 NOV at 4.30pm**

### **IAIN MACFARLANE -organ**

St Martin's organist, Iain Macfarlane presents a programme of music old and very new with something seasonal and local too, including pieces by J S Bach and Epsom composer, Felton Rapley.



More information at [www.stmartinsepsom.org](http://www.stmartinsepsom.org)

ST MARTIN'S CHURCH, EPSOM KT17 4PX

Registered Charity No 1134149

Admission to the concerts is by donation. You can also use our QR code to support the series at any time.





## **MISSION OF THE MONTH – SEPTEMBER**

### **Home Mission - The Church Homeless Trust**

One in every 200 people in England are homeless. A very high percentage are young. The Homeless Trust raises funds to help everyone in need regardless of their gender, sexuality, race or religion. The Trust works in conjunction with churches and communities, helping them to move forward with grants and courses to make a new start in life.

### **Abroad Mission – Redress**

Redress is a non-governmental organisation (NGO). It is the only international organisation dedicated to bringing legal cases on behalf of survivors of torture in the UK and around the world to obtain justice and reparation for the violation of their human rights.

***Jill Chapman and Meg Topley – Mission***

### **Update on Mission Giving**

The time is coming up for the Mission Committee to decide on the annual allocations/donations to be given out on behalf of St. Martin's, which is 10% of received money from the congregation.

Over the year you have been given all the information about last year's donations. On the display boards at the back of church are notices with the full list of our allocations - where our money goes. And each month 2 different displays are on HOME and ABROAD Mission projects/causes with more details. We also ask you to include these in your prayers and focus on them. This information is also given out in the notices in church and in the weekly newsletter emailed and available on the website.

Shortly we will be meeting to bring our research together to decide on which allocations would be appropriate/most effective in the right places, depending on our budget.

If you have any thoughts, preferences, points for discussion that you would like to bring to the committee, can you please let us know soon. ***Jill Chapman and Meg Topley – Mission***

## **FOOD BANK**

This week, we need the following items:

- Tinned Meat (ham, meatballs, curry, hotdogs etc) - Urgent
- UHT and Powdered Milk - Urgent
- Coffee- Urgent (we have none)
- Rice Pudding - Urgent (we have none)
- Custard- Urgent ( we have none)
- Honey- Urgent (we have none)
- Chocolate treats both adult and children - Urgent (we have none)
- Sponge Pudding - Urgent
- Noodles- Urgent (Not Pot noodles)
- Ketchup - Urgent
- Chocolate Spread
- Peanut Butter
- Sweetcorn
- Cereal
- Children's Toothbrushes 0-2 and 6 plus- Urgent (we have none)
- Children's Toothpaste 0-2 and 6 plus- Urgent (we have none)
- Adult Toothpaste
- Washing Up Liquid - Urgent
- Female deodorant
- Men's deodorant

Shaving Foam  
Toilet Rolls

*Bags for Life / Very strong bags*

Please use our supermarket donation points or bring donations directly to us at Epsom & Ewell Foodbank, Good Company Hub, behind West Ewell Primary School, Ruxley Lane, Ewell KT19 0JG

We are open for donations Monday - Friday, 9am-2pm (closed on Bank Holidays)

Please ensure donations are sealed, in date and do not contain alcohol.

*Please, no more of these items as we are at capacity: cat food, tea bags, tinned fish, tinned soup*

Many thanks for all your support - we really do appreciate it!

We always welcome donations and promise to use them to provide help to people in need. Donations will be shared across [Epsom & Ewell Foodbank](#) and [Epsom Pantry](#). This ensures your donations go to help people who use our services wherever they are.

Please [contact us](#) if you have any questions about donating food.

Do let us know if you book a supermarket delivery direct to us so we can tell our warehouse team when to expect it.

*We are unable to accept refrigerated or frozen items.*

# ENJOY SINGING?

The choir of St Martin's, Epsom  
welcomes you!



Our friendly choir provides music for the Sunday services at St Martin's Church, Epsom. We sing famous pieces by Byrd, Handel, Mozart, Stanford and Rutter plus new works by young contemporary composers. We welcome singers of all ages to help us celebrate and maintain this unique tradition which also includes these additional opportunities:

- Vocal training with the RSCM Voice for Life Programme
- Singing regularly in wonderful cathedrals
- Performing in our monthly Recital Series
- Making new friends and having fun

Rehearsals are on Friday evenings  
Juniors (8-13yrs) 7.00pm-8.30pm  
Adults 8.00pm-9.30pm

Contact Richard Dacey, Director of Music, St Martin of Tours,  
Church Street, Epsom KT17 4PX Tel: 01372 722567  
Email: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)  
[www.stmartinsepsom.org](http://www.stmartinsepsom.org)

# Financial and Wellbeing

## Support Service - Epsom & Ewell\*

Are financial worries  
affecting your wellbeing?  
We can help!

If managing your finances is causing you stress and anxiety, come and talk to us. We are here to help and have a range of free services and resources to help you get on top of your situation and improve your wellbeing.

\* Epsom & Ewell and surrounding areas



Citizens Advice Epsom & Ewell

Email: [fwss@caee.org.uk](mailto:fwss@caee.org.uk)

Tel: 01372 300421

[www.caee.org.uk](http://www.caee.org.uk)



Mary Frances Trust

Email: [fwss@maryfrancestrust.org.uk](mailto:fwss@maryfrancestrust.org.uk)

Tel/SMS: 07380 567708

[www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)



**Submitting an item for the newsletter:**

**Please ensure that all items are emailed to the office by 12 pm on Wednesday, to be included in the newsletter for that week.**

**Thank you.**

**Parish Office:**

**Church House, Church Street, Epsom,**

**KT17 4PX Phone: 01372 722567**

**E-mail: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)**

**Website: [www.stmartinsepsom.org](http://www.stmartinsepsom.org)**

**Please contact clergy and lay ministers via the office.**