



Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 17th SEPTEMBER 2023

TRINITY 15



The compass star in the chapel of The Royal Foundation of St Katharine in Limehouse (above) is encircled with the words of St Augustine of Hippo: **We do not come to God by navigation but by love.** That also prompts the question: How often do we try to do things on our own, navigating our own route through our lives, as individuals and as a church, instead of always seeking and listening to God's guidance?

Revd Judith

THIS SUNDAY 17th SEPTEMBER Trinity 15/ Creation 3

9.30am Morning Prayer at St Stephen's

10.00am Holy Communion

6.30pm Choral Evensong

Wednesday 20th September

10.00am Holy Communion

Thursday 21st September

5.00pm Evening Prayer in the Lady Chapel

NEXT SUNDAY 24th SEPTEMBER Trinity 16

9.30am Holy Communion at St Stephen's

10.00am Morning Prayer

6.30pm Holy Communion

CONTRIBUTE TO THIS NEWSLETTER

DO you have any news to share? Stories to tell? Seen any good articles to pass on? We would love to have contributions from you - please email any material to the office. Thank you.

COMING SOON

AFTERNOON TEA AT THE VICARAGE

All are invited for tea at the Vicarage on **Sunday 24th September at 4pm** to celebrate the apple harvest.

Please add your name to the sign-up sheet at the back of both churches.

Developments at St Martin's

Part of our Church Development Plan is to smarten up the west end of the church. We now have approval from the PCC to make some changes which you will start to see over the next few weeks. One of these changes - an upgraded card payment machine - is already in place. We are also disposing of two of the four bookshelves at the back of the pews together with some of the books. A good number of the books are being donated to the charity book-aid.org and others are being offered to other churches across the diocese.

If anyone is interested in the bookshelves or would like to take any of the books, do please speak to either of the church-wardens. We are also happy to answer any questions about the developments.

Sarah & David



GraveTalk, Sunday 1 October, 4pm – 6 pm

You may have seen the slides during our 10 am services advertising 'GraveTalk'. This is a relaxed way to chat about death, dying and funerals over tea and cake, using GraveTalk cards, with questions such as:

- If you knew this was your last day of life, what would you do?
- If you were planning your funeral, what would you include?
- What does it mean to have a 'good death'?

Do come along and join us for good conversation and cake at the back of St Martin's.

national retreat week

renew:all

23-30 Sept 2023



Last weekend I stayed at the Royal Foundation of St Katharine in Limehouse, London for a short retreat which gave me the opportunity for prayer and quiet reflection. Going on retreat is a wonderful way to find stillness and focus among the pressures of daily routines. It is a chance to reflect on our life's direction, explore new ideas or simply find ways to be closer to God.

For those of you unfamiliar with retreats, the Royal Foundation of St Katharine is launching a new initiative **National Retreat Week – renew:all 23-30 September**. It is an invitation to everyone, and support, to take time out for contemplation, prayer and retreat, during the week or any time in the year. Their website <https://www.renewall.org.uk/> includes resources with experienced retreat leaders, and shares ideas and inspiration from across Christian traditions to help everyone get involved in National Retreat Week whether as an individual or group, in your own home, at church or wherever you feel most comfortable.

During National Retreat Week they will be sharing new and specially produced retreat ideas and activities from well-known, experienced retreat leaders and authors including Brian Draper, Adjoa Andoh, Christopher Jamison, Paula Gooder. You may like to Sign-up for renew:all email updates to receive them direct to your inbox.

Rev Judith

Upcoming Eco Events

Hello! There are several eco-events coming up in the next two months: see which appeal below and then come along. If you have trouble with getting the e-tickets, let me know.

Helen Williams

Pilgrimage for the Planet

We walked, we saw, we witnessed! On Saturday 9th September, setting off at 9am, we walked the 4.8 miles from St Martin's Church, past the traffic of the A24 up to St Paul's Howell Hill and back through the fields, scrubland and footpaths of Priest Hill and Epsom to church, finishing in a clearing in the churchyard. As well as getting to hear more of each others' stories, we also witnessed to things eco (although were the car horns encouragement or something else?!) including speaking to some people who, although initially looking wary, were very supportive of what we were doing when we explained! St Paul's, near the start of the ULEZ (ultra low emission zone for traffic), and at the furthest point of the pilgrimage, was open for the National Churches Trust 'ride and stride' so we went in and Roger made us very welcome before we headed back, refreshed, across the fields, where the temperature was 30 degrees C in the sun, dropping to 23 degrees within a woodland clearing. All along the walk we paused to smell the air, hear the sounds, ponder our place in what we saw around us and consider how we influence it, in many ways.

We were four, which is one more than 'two or three'... and we were aware of many similar walks going on around the country. It was a good feeling of being part of 'nationwide pilgrimage'.

Helen Williams

Blister pack recycling

Good news! I have struck a deal with the Methodist church (EMC) and they are kindly taking the blister packs we collect at St Martin's to Superdrug in Worcester Park, where they take theirs for recycling. So, you now have a choice of where to take your waste - and if you do take it to EMC, you can also take used/re-used soft plastic (if it springs back once scrunched, that's soft) and many other things not recycled by the Council.

Helen Williams

What's stopping us stopping climate change?

An event at Leatherhead Theatre with some high profile speakers - Lord Deben (John Gummer, former chair of the Climate Change Committee), Natalie Bennett (Baroness Bennet, Green Party peer), Ed Straw (author and specialist in Governance and Systems Thinking). 'An inspiring talk on the causes in our system which are preventing transformational delivery - and some big picture solutions', with time for audience Q&A at the end.

Thursday, 28 September, 6.30pm - 8.45pm

Leatherhead Theatre, 7 Church St, Leatherhead KT22 8DN

Book tickets: <https://www.eventbrite.co.uk/e/whats-stopping-us-stopping-climate-change-tickets-671493062827>

A short walk from Leatherhead railway station, and there are buses to Leatherhead from Epsom, too.

An outing to West Horsley

If you are feeling arty and would like an excuse to visit West Horsley Place (amazing enough on its own, and known for its summer opera, and starring role in 'Ghosts'), Surrey Wildlife Trust will be hosting the Surrey Hedgerow Festival there: 'the county's - and perhaps the country's - very first hedgerow-themed music and arts festival'. It's happening on 21st October and you can buy tickets (free for children, £5 for adults) for the morning or

the afternoon. Nigel and I will be going in the afternoon.

<https://www.westhorsleyplace.org/event/surrey-hedgerow-festival>
01483 282032.

479 bus goes past the door, and if you want to combine it with a nice walk, Horsley Station is nearby.

Home made sweet treats

I shall be selling marmalade, Jam and Lemon Drizzle cakes after the 10am service on September 17th. All proceeds to go towards the Christmas Fair.

Maureen Suatt

Christmas Fair



This year's Christmas Fair is on Saturday November 25th, and we need as much help as possible. The Fair is taking part in the church, and we are setting up on Thursday and Friday 23rd/24th November so if you can help on any of these days please contact

either: Nancy Eggett, 07711 264231, email:

nancy.eggett3@gmail.com or Maureen Suatt, 01372 723675,
07456 988721 email: maureensuatt@virginmedia.com

Music at St Martin's

Choir rehearsals resumed on Friday 1st September. We are especially looking for more sopranos and altos. Rehearsals on Friday nights 8.00pm-9.30pm are open to anyone who'd like to join us for the evening. A warm, friendly welcome is guaranteed.

Contact Richard Dacey for more information:

office@stmartinsepsom.org

Harmonies for Hope – in support of Parkinson’s UK Saturday 30 September at 7.30pm at St Martin’s

This charity concert brings together four incredible choirs in a collective effort to raise funds for Parkinson's UK. The concert showcases the soul-stirring performances of the Epsom Male Voice Choir, the electrifying Rock Choir, the harmonious sound of Fourté a barbershop quartet and the traditional choral voices of St Martin’s Church.

With their diverse musical styles and unwavering dedication, these talented choirs aim to spread harmony and hope, uniting the community in support of this noble cause.

The concert’s primary objective is to raise funds for Parkinson’s UK, a charitable organisation dedicated to supporting people with Parkinson’s disease and finding a cure. Parkinson’s UK provides essential services, funding research, and offers vital information to improve the lives of those affected by the condition.

This promises to be an uplifting and impactful evening that celebrates the power of music to bring people and communities together. As the event draws to a close, you can take solace in the knowledge that your support has contributed to this worthy cause of advancing research and support for those living with Parkinson’s Disease.

100% of money raised will go to Parkinson’s UK

To buy tickets click on this link: [Harmonies for Hope - In support of Parkinson's UK \(thebestof.co.uk\)](https://www.thebestof.co.uk)

Autumn Music Recitals

It's time to update your diaries with details of our forthcoming autumn concerts at St Martin's. We've a range of great music to enjoy with a wide variety of composers and musical styles. We're especially excited to welcome back international piano duo Nettle and Markham who will present a programme of Saint-Saëns works for two-pianos on Saturday 14 October prior to recording them in St Martin's later. Our admission by donation policy aims to keep all concerts affordable, so please share this information with family and friends to help maintain and grow our audience. We look forward to seeing you in September.

ORGANFEST Saturday 16th Sep from 3-5pm at Leatherhead Parish Church

The unique and historic 1766 Thomas Parker organ will be played by several acclaimed local organists including Jonathan Holmes, Robert Woolley and Iain Macfarlane.





STEWARDSHIP

Managing God's Gifts To Us

Giving to St Martin's and St Stephen on the Downs

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:

<https://cafdonate.cafonline.org/13377>

OR

2. Use your Smart Phone and Scan the QR Code below.



3. You can give cash in church
(use the collection plate provided).

Please would you be kind enough to review your giving, and consider whether you are able to increase it? As with everything else, our costs are rising, and as we set budgets for the coming months, it would be wonderful if to see our giving income rising too. Thank you for all your generosity to our Church. **Nick**

MISSION OF THE MONTH – SEPTEMBER

Home Mission - The Church Homeless Trust

One in every 200 people in England are homeless. A very high percentage are young. The Homeless Trust raises funds to help everyone in need regardless of their gender, sexuality, race or religion. The Trust works in conjunction with churches and communities, helping them to move forward with grants and courses to make a new start in life.

Abroad Mission – Redress

Redress is a non-governmental organisation (NGO). It is the only international organisation dedicated to bringing legal cases on behalf of survivors of torture in the UK and around the world to obtain justice and reparation for the violation of their human rights.

Jill Chapman and Meg Topley – Mission

Update on Mission Giving

The time is coming up for the Mission Committee to decide on the annual allocations/donations to be given out on behalf of St. Martin's, which is 10% of received money from the congregation.

Over the year you have been given all the information about last year's donations. On the display boards at the back of church are notices with the full list of our allocations - where our money goes. And each month 2 different displays are on HOME and ABROAD Mission projects/causes with more details.

We also ask you to include these in your prayers and focus on them. This information is also given out in the notices in church and in the weekly newsletter emailed and available on the website.

Shortly we will be meeting to bring our research together to decide on which allocations would be appropriate/most effective in the right places, depending on our budget.

If you have any thoughts, preferences, points for discussion that you would like to bring to the committee, can you please let us know soon. ***Jill Chapman and Meg Topley – Mission***

FOOD BANK

This week, we need the following items:

- Tinned Meat (ham, meatballs, curry, hotdogs etc) - Urgent
- UHT and Powdered Milk - Urgent
- Coffee- Urgent (we have none)
- Rice Pudding - Urgent (we have none)
- Custard- Urgent (we have none)
- Honey- Urgent (we have none)
- Chocolate treats both adult and children - Urgent (we have none)
- Sponge Pudding - Urgent
- Noodles- Urgent (Not Pot noodles)
- Ketchup - Urgent
- Chocolate Spread
- Peanut Butter
- Sweetcorn
- Cereal
- Children's Toothbrushes 0-2 and 6 plus- Urgent (we have none)
- Children's Toothpaste 0-2 and 6 plus- Urgent (we have none)
- Adult Toothpaste
- Washing Up Liquid - Urgent
- Female deodorant
- Men's deodorant

Shaving Foam
Toilet Rolls

Bags for Life / Very strong bags

Please use our supermarket donation points or bring donations directly to us at Epsom & Ewell Foodbank, Good Company Hub, behind West Ewell Primary School, Ruxley Lane, Ewell KT19 0JG

We are open for donations Monday - Friday, 9am-2pm (closed on Bank Holidays)

Please ensure donations are sealed, in date and do not contain alcohol.

Please, no more of these items as we are at capacity: cat food, tea bags, tinned fish, tinned soup

Many thanks for all your support - we really do appreciate it!

We always welcome donations and promise to use them to provide help to people in need. Donations will be shared across [Epsom & Ewell Foodbank](#) and [Epsom Pantry](#). This ensures your donations go to help people who use our services wherever they are.

Please [contact us](#) if you have any questions about donating food.

Do let us know if you book a supermarket delivery direct to us so we can tell our warehouse team when to expect it.
We are unable to accept refrigerated or frozen items.

music@StMartin's

AUTUMN CONCERTS 2023

SAT 23 SEP AT 4.30PM

CITY OF LONDON FREEMEN'S SCHOOL

Talented musicians from the City of London Freeman's School open our autumn series with a varied programme of solo and ensemble music for voices and instruments.



SAT 14 OCT at 4.30pm

NETTLE AND MARKHAM PIANO DUO



International piano duo, Nettle and Markham present an exciting concert on their Pleyel Double Piano, prior to their recording of the virtuoso two-piano works of Saint-Saens. Don't miss this opportunity to hear major works of the French duo repertoire, as originally conceived on this very rare, authentic instrument.

SAT 25 NOV at 4.30pm

IAIN MACFARLANE -organ

St Martin's organist, Iain Macfarlane presents a programme of music old and very new with something seasonal and local too, including pieces by J S Bach and Epsom composer, Felton Rapley.



More information at www.stmartinsepsom.org

ST MARTIN'S CHURCH, EPSOM KT17 4PX

Registered Charity No 1134149

Admission to the concerts is by donation. You can also use our QR code to support the series at any time.



ENJOY SINGING?

The choir of St Martin's, Epsom
welcomes you!



Our friendly choir provides music for the Sunday services at St Martin's Church, Epsom. We sing famous pieces by Byrd, Handel, Mozart, Stanford and Rutter plus new works by young contemporary composers. We welcome singers of all ages to help us celebrate and maintain this unique tradition which also includes these additional opportunities:

- Vocal training with the RSCM Voice for Life Programme
- Singing regularly in wonderful cathedrals
- Performing in our monthly Recital Series
- Making new friends and having fun

Rehearsals are on Friday evenings
Juniors (8-13yrs) 7.00pm-8.30pm
Adults 8.00pm-9.30pm

Contact Richard Dacey, Director of Music, St Martin of Tours,
Church Street, Epsom KT17 4PX Tel: 01372 722567
Email: office@stmartinsepsom.org
www.stmartinsepsom.org

EPSOM CHORAL SOCIETY

Come and sing Elijah with us at our Open Rehearsal on 20th September



Would you like to join us? We are always on the lookout for new members who love to sing and we have a perfect opportunity for you to try us out in an open rehearsal singing Mendelssohn's Elijah on **Wednesday 20th September at 7.30pm in St Martin's Church, Epsom.**

If you'd like to find out more, please contact our Membership Secretary, Sally Paterson, at membership@epsomchoralsociety.org.uk

www.epsomchoral.org.uk



Registered charity number 273757

Forget Me Not

A Memorial Garden for Horton Cemetery



On World Mental Health Day, we will bring recognition and dignity to pauper patients abandoned on desolate land by unveiling over 1500 ceramic flowers painted by the public. This crowd-sourced memorial garden was funded by Historic England and organised by Friends of Horton Cemetery.



This free, outdoor installation will be hosted in the grounds of The Horton Arts Centre and open until Remembrance Day.

The memorial garden will be unveiled with a creative celebration on **Tuesday 10 October 2023** (details overleaf).



RSVP

Historic England



Historic England

Remembering Epson's Forgotten Residents

Tuesday 10th October Launch Events

13.00 - 13.30 Ceremony of Remembrance
Horton Cemetery, KT19 4QJ
Free entry, all welcome

- Poetry, spoken word, new musical compositions, poetry laying and a 'ribbons of remembrance' fence

Walk of Witness between Horton Cemetery and
The Horton Arts Centre - with line paper

14.00 - 15.00 'Forget Me Not' launch and Creative
Celebration, Horton Arts Centre, KT19 5NP

- Memorial flower garden opened with accompanying art exhibition, dance and theatrical performances, poetry reading and debut of a new Horton Cemetery choral composition for children's voices. Refreshments available.

16.00 - 17.00 Victorian Photography Workshop
The Horton Rooms, KT19 5NP

- Award-winning vintage photographer Erno Brown will host a free workshop for children, explaining more about the photographs used in this project and demonstrating how to make a pin-hole camera. All materials provided. Booking required.

Historic England

Historic England

www.linknwe/outofthetpsom

Historic England

Financial and Wellbeing

Support Service - Epsom & Ewell*

Are financial worries
affecting your wellbeing?
We can help!

If managing your finances is causing you stress and anxiety, come and talk to us. We are here to help and have a range of free services and resources to help you get on top of your situation and improve your wellbeing.

* Epsom & Ewell and surrounding areas

**citizens
advice**

**Epsom
& Ewell**

Citizens Advice Epsom & Ewell

Email: fwss@caee.org.uk

Tel: 01372 300421

www.caee.org.uk

MFT MARY
FRANCES
TRUST

Mary Frances Trust

Email: fwss@maryfrancestrust.org.uk

Tel/SMS: 07380 567708

www.maryfrancestrust.org.uk



Funded by:

 **COMMUNITY
FUND**

Submitting an item for the newsletter:

Please ensure that all items are emailed to the office by 12 pm on Wednesday, to be included in the newsletter for that week.

Thank you.

Parish Office:

Church House, Church Street, Epsom,

KT17 4PX Phone: 01372 722567

E-mail: office@stmartinsepsom.org

Website: www.stmartinsepsom.org

Please contact clergy and lay ministers via the office.