

St Martin of Tours  
Epsom

St Stephen on the Downs  
Langley Vale

Registered Charity Number: 1134149

## WEEKLY NEWSLETTER

**SUNDAY 1<sup>st</sup> JUNE 2025**  
**ASCENSION SUNDAY**



*The Ascension, by Salvador Dalí*

## DIARY

### Sunday 1<sup>st</sup> June

- 9.30am Morning Prayer at Langley Vale Village Hall
- 10.00am Holy Communion at St Martin's
- 4.00pm Exploring the Trinity in Church House
- 6.30pm Evening Prayer at St Martin's (Lady Chapel)

### Tuesday 3<sup>rd</sup> June

- 11.00am Contemplative Prayer

### Wednesday 4<sup>th</sup> June

- 10.00am Holy Communion

### Thursday 5<sup>th</sup> June

- 12 noon Thy Kingdom Come Prayer in person at Christ Church, Epsom and online through Zoom:  
<https://us02web.zoom.us/j/89912688269?pwd=LGoib93pkS3lfsecV6405nyegHz7v0.1#success>  
Do come along in person or log on through Zoom to join this special prayer time for our parish and for our deanery and the deaneries of Leatherhead and Emly.

### Sunday 8<sup>th</sup> June PENTECOST

- 8.30am Holy Communion at St Martin's
- 9.30am Holy Communion at Langley Vale Village Hall
- 10.00am Holy Communion at St Martin's
- 6.30pm Second Thoughts at St Martin's (Lady Chapel)

Second Thoughts in June will take the form of 'Any Questions' following the successful session earlier in the year. Andrew Haviland will be the Chairman, and the members of the panel will be Nick Parish, John Padwick and Sarah Jeffery. Please be prepared to hand in any questions at around 6pm on the evening itself - Sunday 8<sup>th</sup> June.

**PLEASE NOTE:**

**Centering Prayer and Take Time to Talk -  
Tuesdays at 4pm**

In June there will be NO MEETINGS for Centering Prayer or for Take Time to Talk.

Take Time to Talk will start again on **Tuesday 1st July** at 4pm. with tea and biscuits from 3.45pm.

Centering Prayer will restart on **Tuesday 8th July** at 4pm with tea and biscuits from 3.45pm. *Lynne*

**SUNDAY EVENING SERVICES IN JUNE**

Today we begin an experiment of holding these in the Lady Chapel, instead of the main body of the Church, and will not be livestreaming them (except Choral Evensong). We are also adding variety to our programme – and in June our services at 6.30pm will be:

1<sup>st</sup> Evening Prayer

8<sup>th</sup> 2<sup>nd</sup> Thoughts

15<sup>th</sup> Choral Evensong

22<sup>nd</sup> Compline

29<sup>th</sup> Taize Worship.

Any feedback will be most welcome as we look forward to planning for the autumn.

***Nick Parish***

### **Christmas Fair 2025**

We are planning to have a Christmas Fair in the Church on November 29<sup>th</sup>, so please save the date and help us make it another happy and successful one. If you have any suggestions for stalls or activities, please let one of us know.

***Sarah, Nancy, and Maureen***



## PRAYER GROUPS

**St Martin's offers these options for praying together:**

### **Evening Prayer on Zoom, weekdays 5pm-5.30pm**

This follows the Common Worship rite and is led by one of the regular members of the group.

See <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>

All are warmly invited to join on an occasional or regular basis. Find us at:

<https://zoom.us/j/91650281049?pwd=dLiB4jY8FRRdtFcbGBRjaVtMJ9K2Ar.1> or, if you prefer typing details directly into

Zoom, use Meeting ID is 916 5028 1049 and passcode 960460. There is an additional zoom prayer session on the 3<sup>rd</sup> Thursday at 8pm.

### **Centering Prayer: Every other Tuesday, 4pm in Church (Tea & biscuits from 3.45pm)**

"Be still and know that I am God" *Psalms 46:10*. A small group of us meet to pray together in silence. We begin with something to reflect on - perhaps a biblical passage or Psalm. After our 20 minutes of silence, we might share something that we have noticed during our time together. Next meeting: Tuesday 8<sup>th</sup> July.

### **Contemplative Prayer: 1<sup>st</sup> Tuesday of each month, 11am in the Lady Chapel**

A time for focussing on God's presence and allowing oneself to be filled with God's grace. It's a time of stillness and quietness. We listen to the words of God or of Jesus in contemplation.

# Project 200

**Project 200:** Last month this project, inspired by the 200th Anniversary of our Georgian nave, was launched at the 10 o'clock service. It looks to the future for St Martin's. There are two parts to the project.

**Shorter term:** to enclose and upgrade the Lady Chapel so to create a warm and welcoming

space for services and meetings. This was partly inspired by a gas bill of £2,000 just for the month of March! We're asking for donations and suggest they begin with a '2'. You can donate via the card machine, via the website, use the QR code on the leaflet or take your gift to the office.

**Longer term:** We asking for your ideas and suggestions as to how we can make better use of the wonderful spaces we have in the building. You can use the large sheets of paper at the back of church to add your thoughts. Think BIG and very little is off limits!

You can find a recording the presentation given by Sarah, Helen and Rob below and if you have any questions, do please ask us. <https://youtu.be/q-9U3jAu4CE>

## PRAYING FOR OUR CHURCH AND OUR COMMUNITY

We continue to pray **Thy Kingdom Come** together with our whole diocese up to and including Pentecost, Sunday 8<sup>th</sup> June. Resources, including their digital prayer journal, can be

downloaded from their website:

<https://www.thykingdomcome.global/>

During these online prayer meetings from 12 noon to 12.15pm we will pray specifically for God to move in each of our parishes, schools and chaplaincies. The Zoom link

<https://us02web.zoom.us/j/89912688269?pwd=LGoib93pkS3lfsecV6405nyegHz7v0.1#success>

is the same for each day. In our weekly prayer calendar below, we have highlighted in bold the prayer topics so that everyone in our parish is able to join in, even if they can't access the internet.

### **Sunday 1st**

**12 noon Thy Kingdom Come: pray for God to move in the UK**

Our Vicar: Nick Parish, Yvonne and their family. Our Bishops: Andrew Watson and Paul Davies. The Chaplaincy Team at Epsom & St Helier Hospitals. Those living and working in Adelphi Road, Albert Road, Alexandra Road and Andrews Close.

### **Monday 2<sup>nd</sup>**

**12 noon Thy Kingdom Come: pray for Woking and Runnymede Deaneries**

Our Curate: Judith Mitchell and her family. Our Archdeacon: Martin Breadmore and the Guildford Diocesan Staff. Our Missions: The Medaille Trust fighting against modern slavery. Those living and working in Ash Mews, Ashdown Road, Ashley Road, Aston Way, Avenue Road and Axwood.

### **Tuesday 3<sup>rd</sup>**

**12 noon Thy Kingdom Come: pray for Aldershot, Farnham & Surrey Heath Deaneries**

Our Priest-in-Retirement: Adrian Esdaile and his family. Andris Abakuks, priest in the Latvian Evangelical Lutheran Church, and his family. Our local public houses, restaurants and shops, and the staff who work in them. The Street Pastors giving help on Friday nights in Epsom. Those living and working in Barn Close, Baron's Hurst, Beaconsfield Place, Beaconsfield Road, Beech Road and Beech Way.

### **Wednesday 4<sup>th</sup>**

#### **12 noon Thy Kingdom Come: pray for Godalming, Cranleigh & Dorking Deaneries**

Our Lay Ministers: Clive Dougal (emeritus), Ruth Foxcroft, John Padwick and Howard Bluett. Our Cathedral: Guildford Cathedral, the Dean and Chapter. Our Missions: The Epsom and Ewell Refugee Network. Those living and working in Birches Close, Bridge Road, Bridle End, Bridle Road and Burgh Heath Road.

### **Thursday 5<sup>th</sup>**

#### **12 noon Thy Kingdom Come: pray for Emly, Leatherhead & Epsom Deaneries**

Our Church Warden: Sarah Lutton and for someone to join her as the second Church Warden. All users of Church House. Those suffering from drug or alcohol addiction and their families and friends. Those living and working in Burghfield, Caithness Drive and Carter's Road.

### **Friday 6<sup>th</sup>**

#### **12 noon Thy Kingdom Come: prayer for our school and college ministries**

Our Pastoral Assistants: Mary Gilbert and Elaine Snook. Our Area Dean: Rosemary Donovan. Our Missions: Besom Network

(based in Epsom). Those living and working in Cedar Close, Cedar Hill, Chalk Lane, Chalk Paddock and Chalk Pit Road.

**Saturday 7<sup>th</sup>**

**12 noon Thy Kingdom Come: prayer for those serving the church at national level**

Our Parish Manager, Church Administrator and Facilities Officer. Those baptised in our churches, past and future, and their families, godparents and sponsors. Swail House and those who are sight impaired. The deaf and hard of hearing. Those living and working in Chantry Hurst, Chartwell Place, Church Road and Church Street.



## FOODBANK

This week we need the following:

Breakfast Cereal  
Cooking /Pasta Sauces - **Urgent**  
Tinned Vegetables  
Tinned Spaghetti  
Tinned Meat - **Urgent**  
Noodles  
Rice  
Tea bags, Instant Coffee  
Squash  
Long Life Juice - **Urgent**  
Long Life Milk  
Ketchup/Mayonnaise  
Chocolate Spread  
Sugar (500gr) - **Urgent**  
Tinned Fruit  
Long life Sponge puddings - **Urgent**  
Custard  
Savoury Biscuits, Biscuits  
Chocolate Biscuit Bars  
Deodorant (Male/Female) - **Urgent**  
Shower Gel - **Urgent**  
Kids Toothbrush age 0-2, 6+  
Shampoo & Conditioner - **Urgent**  
Sanitary Towels/Tampons  
Toilet Rolls  
Washing Up Liquid

## STEWARDSHIP – MAKING YOUR DONATION

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:  
<https://cafdonate.cafonline.org/13377>  
OR
2. Use your smart phone and scan the QR code below:



## THE POWER OF POETRY – JUNE



This month I have chosen two poems by Malcolm Guite. They are *Pentecost* and *Trinity Sunday*. Both days are celebrated around this time of year, on 8 and 15 June respectively in 2025. It seemed just the opportunity to give you both poems, as neither is very long. They are both in sonnet form so each has the same number of lines – that is 14.

Pentecost falls fifty days after Easter, and is celebrated as a feast day. (It was always called Whitsun, a corruption of White Sunday I believe, when I was young. Where did that go?) It is when the Holy Spirit descended upon the Apostles, and may be regarded as the beginning of the spread of the Gospel to the world, although I suspect word of Jesus and his ministry may have begun earlier than that – perhaps at the instant he was crucified, or even a bit before. The Holy Spirit enabled them to act as Jesus did, to forgive sinners, to heal the sick, to cast out demons, etc. They were also enabled to speak “in tongues” so that people of many different nationalities were able to understand them.

We are told (in Acts) that on this auspicious occasion the spirit descended in tongues of fire with accompanying wind and earthquake. These circumstances are brought to mind whenever we sing the hymn *Dear Lord and Father of Mankind* where the last verse reads “....*Speak through the earthquake, wind and fire, O still small voice of calm.*” (As an aside, a really good hymn can teach us a great deal about theology. So can poetry and a hymn is a specialised form of poetry.)

### *Pentecost*

Today we feel the wind beneath our wings,  
Today the hidden fountain flows and plays,  
Today the church draws breath at last and sings,  
As every flame becomes a tongue of praise.  
This is the feast of Fire, Air and Water,  
Poured out and breathed and kindled into Earth.  
The Earth herself awakens to her maker,  
Translated out of death and into birth,  
The right words come today in their right order  
And every word spells freedom and release.  
Today the gospel crosses every border,  
All tongues are loosened by the Prince of Peace.  
Today the lost are found in his translation,  
Whose mother-tongue is love, in every nation.

Explanations of the Trinity are difficult to grasp – particularly for those who are new to Christianity, though each year someone attempts it on Trinity Sunday. In this poem Malcolm Guite compares it to a chord where three notes together sound as one. I like the last line which summarises it: God the Father who is

unfathomably powerful and far away, Jesus who walks beside us (as with the two disciples walking to Emmaus) and the Holy Spirit working within us.

*Trinity Sunday*

In the Beginning, not in time or space,  
But in the quick before both space and time,  
In Life, in Love, in co-inherent Grace,  
In three in one and one in three, in rhyme,  
In music, in the whole creation story,  
In his own image, his imagination,  
The Triune Poet makes us for his glory,  
And makes us each the other's inspiration.  
He calls us out of darkness, chaos, chance,  
To improvise a music of our own,  
To sing the chord that calls us to the dance,  
Three notes resounding from a single tone,  
To sing the End in who we all begin;  
Our God beyond, beside us, and within.

***Mary Gilbert***

THE BRIGITTE TRUST PRESENT  
**Before I Say Goodbye: Workshops**  
(FORMERLY COFFIN CLUB)



Come along to our **free end-of-life workshops**, where each week a professional will share valuable information on the different options available to you to plan and cost either your own or others unique end-of-life celebration.

**When:** Tuesday 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup> June, 9:45AM - 12:00PM

**Where:** Clandon Wood Natural Burial Ground, Guildford  
GU4 7FN

The course will provide you with all the information needed to plan a meaningful end-of-life celebration- a farewell that honours your values and brings comfort to loved ones. **Attendance is free but we kindly ask you to book a space for us to manage numbers and catering.**

For further information, please contact Sarah Pattenden on **07469 932192**, email [sarah.pattenden@brigitte-trust.com](mailto:sarah.pattenden@brigitte-trust.com) or visit [www.brigitte-trust.org/our-service/before-i-say-goodbye](http://www.brigitte-trust.org/our-service/before-i-say-goodbye)

# Project 200

Enabling St Martin's to embrace the future

## Two ways to support us

**Short term:** Make a donation beginning with a '2' to help us upgrade and enclose the Lady Chapel, so we can create a warm space without heating the whole building



**Longer term:** How might St Martin's look in the future? Share your ideas with us for how our historic building can continue to witness to God in the years to come

To donate, scan the QR code  
or go to our website  
[www.stmartinsepsom.org/project200](http://www.stmartinsepsom.org/project200)



**St Martin of Tours**

Church Street, Epsom, KT17 4PX

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**Epsom Library**  
**13th June**  
**11am**  
**FREE ENTRY**

**M**EMORIES  
*are made of*  
**M**USIC

## **Richard Harvey**

Singer and Musician

"Thank you once again for your fantastic contribution. Your professionalism and talent made the occasion truly special."

"We haven't seen anyone connect with our residents, the way you do".

"We love the way you interact with our members".



## **PASTORAL CARE IN CHALLENGING TIMES**



***Led by Andy Peck***

***Saturday 14<sup>th</sup> June 2025***  
***9.30 am - 1 pm*** (Coffee available from 9 am)  
**at Godalming Baptist Church,**  
*Queen Street, Godalming, Surrey GU7 1BA*

**It is said that a crisis doesn't make or break, it just reveals! There are times when we feel challenges in caring for others, either because we feel like we are just 'hanging on' to faith ourselves, or because the situation being faced is stretching us like never before. The recent COVID pandemic left many reeling!**

**In this session, we aim to step back and provide an assessment of what pastoral care is and what it isn't, look together at our mind-sets as we face challenges, and provide a faith-filled expectant outlook that takes Romans 8:28 seriously, knowing that 'in all things God is at work for the good of those who love him'.**

**Areas looked at will include:**

- **What is pastoral care according to the Bible?**
- **What role might you play in caring for others?**
- **Looking at the five stages of church involvement and the care needed for each**
- **How do we understand the suffering that God allows?**
- **How do we serve at a sustainable pace?**
- **How do we involve others?**
- **How might our care extend beyond the local church?**

**The morning will be a mixture of teaching and small group discussions with time for questions, and notes will be provided.**

**Please reserve a place, with payment of £8, by contacting Sally Pollard  
email: [pollard3@hotmail.co.uk](mailto:pollard3@hotmail.co.uk), tel: 01483 428646  
by Friday 30<sup>th</sup> May**

# Music @ St Martin's

**FREE!**

## Summer Recital Series

**Saturday 10 May**

### **Epsom College Music Scholars**

*The annual recital by young and exciting talent being nurtured by the school.*



**POSTPONED UNTIL 2026**

*Stephen Hope entertains with a 'Victor Borge' style afternoon offering musical facts, fun and cleverness.*

**Saturday 5 July**

### **Gisela Meyer - Ravel at 150**

*Pianist and Vocalist Gisela Meyer celebrates the composer's birthday with some of his most famous works including 'Jeux d'eau' and 'Miroirs'.*



**St Martin  
of Tours**  
Church Street



Admission to the recitals is free but we ask for donations to enable us to continue offering great music at St Martin's

You can also use our QR code to support



**Submitting an item for the newsletter:  
Please ensure that all items are emailed to the office marked  
'For Newsletter' in the title by  
12 noon on Wednesday, to be included for that week.**

**Parish Office:  
The parish office is open from 9.30am – 12.30pm every  
Monday, Wednesday and Friday.  
Church House, Church Street, Epsom,  
KT17 4PX Phone: 01372 722567  
E-mail: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)  
Website: [www.stmartinsepsom.org](http://www.stmartinsepsom.org)**

**If you would like to be added to our mailing list so that you  
receive the newsletter and orders of service weekly, please  
email the parish office. Please contact clergy and lay  
ministers via the office.**