

St Martin of Tours

Epsom

St Stephen on the Downs

Langley Vale

Registered Charity Number: 1134149

## WEEKLY NEWSLETTER

**SUNDAY 8<sup>th</sup> JUNE 2025**

**PENTECOST**



*Pentecost Painting by Jim Whalen*

## DIARY

### **Sunday 8<sup>th</sup> June PENTECOST**

- 8.30am Holy Communion at St Martin's**
- 9.30am Holy Communion at Langley Vale Village Hall**
- 10.00am Holy Communion at St Martin's**
- 6.30pm Second Thoughts at St Martin's (Lady Chapel)**

Second Thoughts in June will take the form of 'Any Questions' following the successful session earlier in the year. Andrew Haviland will be the Chairman, and the members of the panel will be Nick Parish, John Padwick and Sarah Jeffery. Please be prepared to hand in any questions at around 6pm on the evening itself - Sunday 8<sup>th</sup> June.

### **Wednesday 11<sup>th</sup> June**

- 10.00am Holy Communion**
- 7.00pm PCC Holy Communion in the Lady Chapel**
- 7.30pm PCC in the Wisley Room.**

### **Sunday 15<sup>th</sup> June**

- 9.30am Holy Communion at Langley Vale Village Hall**
- 10.00am Holy Communion at St Martin's**
- 6.30pm Choral Evensong at St Martin's**

### **SUNDAY EVENING SERVICES COMING UP**

**6.30pm in the Lady Chapel**

22<sup>nd</sup> June Compline

29<sup>th</sup> June Taize Worship.

## **JULY 6<sup>th</sup>**

On this day, we will be welcoming the Bishop of Guildford, Andrew Watson, who will lead and preach at the 10am Parish Communion service.

Ark will happen as usual, but please note that we will be cancelling the 9.30am service at Langley Vale to enable the congregation there to join the 10am at St Martin's.

It would be great if we have a 'good turnout' on the day, so please put the date in your diary. For those who can't make it, the service will be loaded onto YouTube as usual.

### **Fault in one of the livestreaming cameras.**

The camera that shows close-ups of the dais and lectern has developed a fault which means that it turns itself off at a time of its own choosing. Those who have watched our services online over the last couple of weeks will have noticed the limited camera angles. We are trying to get this resolved so please bear with us in the meantime. Thanks.

***Sarah & Rob***

### **Christmas Fair 2025**

We are planning to have a Christmas Fair in the Church on November 29<sup>th</sup>, so please save the date and help us make it another happy and successful one. If you have any suggestions for stalls or activities, please let one of us know.

***Sarah, Nancy, and Maureen***



## PRAYER GROUPS

**St Martin's offers these options for praying together:**

### **Evening Prayer on Zoom, weekdays 5pm-5.30pm**

This follows the Common Worship rite and is led by one of the regular members of the group.

See <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>

All are warmly invited to join on an occasional or regular basis. Find us at:

<https://zoom.us/j/91650281049?pwd=dLiB4jY8FRRdtFcbGBRjaVtMJ9K2Ar.1> or, if you prefer typing details directly into

Zoom, use Meeting ID is 916 5028 1049 and passcode 960460. There is an additional zoom prayer session on the 3<sup>rd</sup> Thursday at 8pm.

### **Centering Prayer: Every other Tuesday, 4pm in Church (Tea & biscuits from 3.45pm)**

"Be still and know that I am God" *Psalms 46:10*. A small group of us meet to pray together in silence. We begin with something to reflect on - perhaps a biblical passage or Psalm. After our 20 minutes of silence, we might share something that we have noticed during our time together. Next meeting: Tuesday 8<sup>th</sup> July.

### **Contemplative Prayer: 1<sup>st</sup> Tuesday of each month, 11am in the Lady Chapel**

A time for focussing on God's presence and allowing oneself to be filled with God's grace. It's a time of stillness and quietness. We listen to the words of God or of Jesus in contemplation.

## Project 200

Thank you for all the donations we have been receiving and also for all your ideas, thoughts and comments that have been written on the plans at the back of church. We've also had many conversations with people about them as well as getting feedback from those who use the church on a regular basis such as the local choirs. The plans will remain in place until the end of June so any further thoughts you have, please do add them.

To remind you what **Project 200** is: Launched last month and inspired by the upcoming 200th Anniversary of our Georgian nave, it looks to the future for St Martin's. There are two parts to the project.

**Shorter term: to enclose and upgrade the Lady Chapel** so to create a warm and welcoming space for services and meetings. We are asking for donations towards the cost of the work to the Lady Chapel and suggest they begin with a '2'. You can donate via the card machine, via the website, use the QR code on the leaflet (which you can find in this newsletter) or take your gift to the office.

**Longer term: to make better use of the wonderful spaces we have** in the building. All are welcome to offer ideas and suggestions which can be written on the large plans at the back of church. Think BIG and very little is off limits!

You can find a recording the presentation given by Sarah, Helen and Rob below and if you have any questions, do please ask us. <https://youtu.be/q-9U3jAu4CE>

## **PRAYING FOR OUR CHURCH AND OUR COMMUNITY**

Please remember in your daily prayers this week:

### **Sunday 8<sup>th</sup>**

Our Parochial Church Council – officers and members. Our Children’s Church: The Ark – Sarah Jeffery, the children, the parents and volunteers. The Mission to Seafarers and Mission Aviation Fellowship. Those living and working in Chuters Grove, Clayton Road, College Avenue and College Road.

### **Monday 9<sup>th</sup>**

Our Organist: Iain Macfarlane. Our Welcomers: Meg Topley and the Team. The physical, mental and emotional well-being of the people of Epsom and Langley Vale, local mental health units and Love Me Love My Mind (Our Missions). Those living and working in Copse Edge Avenue, Delaporte Close, Denham Road and Depot Road.

### **Tuesday 10<sup>th</sup>**

St Stephen’s Church: its life, worship and mission to Langley Vale. Safeguarding in our churches: creating and sustaining a safe welcoming inclusive space for everyone. The Bible Society, Spinnaker Trust (Our Missions) and all those teaching RE locally. Those living and working in Digidens Rise, Dirdene Close, Dirdene Gardens, Dirdene Grove and Dorking Road.

### **Wednesday 11<sup>th</sup>**

Our Bell-ringing Team and Tower Captain Mike Bale. Our Ministry Team. All local young families. Those living and working in Downs Avenue, Downs Hill Road, Downs Road and Downs Way.

### **Thursday 12<sup>th</sup>**

Our Prayer and Healing Ministry: Contemplative and Centering Prayer. Those who work on our Website, Facebook and YouTube channel. Through the Roof: Wheelchairs for the World (Our Missions) and the Sunnybank Trust (based in Epsom). Those living and working in Downside, East Street and Elmslie Close.

### **Friday 13<sup>th</sup>**

Our Church Development Plan: for Renewal and Growth. Those who read the Bible through the Bible Reading Fellowship notes and Didi Steck. Those living locally who are housebound and their carers. Those living and working in Farriers Road, Fyfield Close, Grosvenor Road, Grove Avenue and Grove Road.

### **Saturday 14<sup>th</sup>**

Our Mission and Evangelism Team. Our Church Finances and Our Treasurer. Our MP Helen Maguire. Epsom and Ewell Borough Council: elected members and officers. Those living and working in Hambledon Hill, Hambledon Vale, Harding Road and Hawthorne Place.

## FOODBANK

This week we need the following:

Tinned Vegetables  
Tinned Spaghetti  
Tinned Meat  
Sweetcorn - **Urgent**  
Cooking Sauces - **Urgent**  
Pasta Sauce - **Urgent**  
Microwave Rice - **Urgent**  
Long Life Milk  
Non dairy milk  
Powdered Milk - **Urgent**  
Instant Coffee - **Urgent**  
Squash - **Urgent**  
Long Life Juice - **Urgent**  
Ketchup/Mayonnaise  
Porridge  
Jam/Honey/Marmalade/Peanut Butter  
Chocolate Spread  
Sugar (500gr)  
Long life Sponge puddings  
Custard **Urgent**, rice pudding  
Savoury Biscuits  
Biscuits, cereal Bars  
Deodorant (Male/Female) - **Urgent**  
Adult Toothbrushes - **Urgent**  
Kids Toothpaste age 0-2 & 6+  
Shampoo & Conditioner  
Tampons

## STEWARDSHIP – MAKING YOUR DONATION

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:  
<https://cafdonate.cafonline.org/13377>  
OR
2. Use your smart phone and scan the QR code below:



## THE POWER OF POETRY – JUNE



This month I have chosen two poems by Malcolm Guite. They are *Pentecost* and *Trinity Sunday*. Both days are celebrated around this time of year, on 8 and 15 June respectively in 2025. It seemed just the opportunity to give you both poems, as neither is very long. They are both in sonnet form so each has the same number of lines – that is 14.

Pentecost falls fifty days after Easter, and is celebrated as a feast day. (It was always called Whitsun, a corruption of White Sunday I believe, when I was young. Where did that go?) It is when the Holy Spirit descended upon the Apostles, and may be regarded as the beginning of the spread of the Gospel to the world, although I suspect word of Jesus and his ministry may have begun earlier than that – perhaps at the instant he was crucified, or even a bit before. The Holy Spirit enabled them to act as Jesus did, to forgive sinners, to heal the sick, to cast out demons, etc. They were also enabled to speak “in tongues” so that people of many different nationalities were able to understand them.

We are told (in Acts) that on this auspicious occasion the spirit descended in tongues of fire with accompanying wind and earthquake. These circumstances are brought to mind whenever we sing the hymn *Dear Lord and Father of Mankind* where the last verse reads “....*Speak through the earthquake, wind and fire, O still small voice of calm.*” (As an aside, a really good hymn can teach us a great deal about theology. So can poetry and a hymn is a specialised form of poetry.)

### *Pentecost*

Today we feel the wind beneath our wings,  
Today the hidden fountain flows and plays,  
Today the church draws breath at last and sings,  
As every flame becomes a tongue of praise.  
This is the feast of Fire, Air and Water,  
Poured out and breathed and kindled into Earth.  
The Earth herself awakens to her maker,  
Translated out of death and into birth,  
The right words come today in their right order  
And every word spells freedom and release.  
Today the gospel crosses every border,  
All tongues are loosened by the Prince of Peace.  
Today the lost are found in his translation,  
Whose mother-tongue is love, in every nation.

Explanations of the Trinity are difficult to grasp – particularly for those who are new to Christianity, though each year someone attempts it on Trinity Sunday. In this poem Malcolm Guite compares it to a chord where three notes together sound as one. I like the last line which summarises it: God the Father who is

unfathomably powerful and far away, Jesus who walks beside us (as with the two disciples walking to Emmaus) and the Holy Spirit working within us.

*Trinity Sunday*

In the Beginning, not in time or space,  
But in the quick before both space and time,  
In Life, in Love, in co-inherent Grace,  
In three in one and one in three, in rhyme,  
In music, in the whole creation story,  
In his own image, his imagination,  
The Triune Poet makes us for his glory,  
And makes us each the other's inspiration.  
He calls us out of darkness, chaos, chance,  
To improvise a music of our own,  
To sing the chord that calls us to the dance,  
Three notes resounding from a single tone,  
To sing the End in who we all begin;  
Our God beyond, beside us, and within.

***Mary Gilbert***

**Epsom Library**  
**13th June**  
**11am**  
**FREE ENTRY**

**M**EMORIES  
*are made of*  
**M**USIC

## **Richard Harvey**

Singer and Musician

"Thank you once again for your fantastic contribution. Your professionalism and talent made the occasion truly special."

"We haven't seen anyone connect with our residents, the way you do".

"We love the way you interact with our members".



THE BRIGITTE TRUST PRESENT  
**Before I Say Goodbye: Workshops**  
(FORMERLY COFFIN CLUB)



Come along to our **free end-of-life workshops**, where each week a professional will share valuable information on the different options available to you to plan and cost either your own or others unique end-of-life celebration.

**When:** Tuesday 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup> June, 9:45AM - 12:00PM

**Where:** Clandon Wood Natural Burial Ground, Guildford  
GU4 7FN

The course will provide you with all the information needed to plan a meaningful end-of-life celebration- a farewell that honours your values and brings comfort to loved ones. **Attendance is free but we kindly ask you to book a space for us to manage numbers and catering.**

For further information, please contact Sarah Pattenden on **07469 932192**, email [sarah.pattenden@brigitte-trust.com](mailto:sarah.pattenden@brigitte-trust.com) or visit [www.brigitte-trust.org/our-service/before-i-say-goodbye](http://www.brigitte-trust.org/our-service/before-i-say-goodbye)

# Project 200

Enabling St Martin's to embrace the future

## Two ways to support us

**Short term:** Make a donation beginning with a '2' to help us upgrade and enclose the Lady Chapel, so we can create a warm space without heating the whole building



**Longer term:** How might St Martin's look in the future? Share your ideas with us for how our historic building can continue to witness to God in the years to come

To donate, scan the QR code  
or go to our website  
[www.stmartinsepsom.org/project200](http://www.stmartinsepsom.org/project200)



**St Martin of Tours**

Church Street, Epsom, KT17 4PX

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## **PASTORAL CARE IN CHALLENGING TIMES**



***Led by Andy Peck***

***Saturday 14<sup>th</sup> June 2025***  
***9.30 am - 1 pm*** (Coffee available from 9 am)  
**at Godalming Baptist Church,**  
*Queen Street, Godalming, Surrey GU7 1BA*

**It is said that a crisis doesn't make or break, it just reveals! There are times when we feel challenges in caring for others, either because we feel like we are just 'hanging on' to faith ourselves, or because the situation being faced is stretching us like never before. The recent COVID pandemic left many reeling!**

**In this session, we aim to step back and provide an assessment of what pastoral care is and what it isn't, look together at our mind-sets as we face challenges, and provide a faith-filled expectant outlook that takes Romans 8:28 seriously, knowing that 'in all things God is at work for the good of those who love him'.**

**Areas looked at will include:**

- **What is pastoral care according to the Bible?**
- **What role might you play in caring for others?**
- **Looking at the five stages of church involvement and the care needed for each**
- **How do we understand the suffering that God allows?**
- **How do we serve at a sustainable pace?**
- **How do we involve others?**
- **How might our care extend beyond the local church?**

**The morning will be a mixture of teaching and small group discussions with time for questions, and notes will be provided.**

**Please reserve a place, with payment of £8, by contacting Sally Pollard  
email: [pollard3@hotmail.co.uk](mailto:pollard3@hotmail.co.uk), tel: 01483 428646  
by ***Friday 30<sup>th</sup> May*****

# Music @ St Martin's

**FREE!**

## Summer Recital Series

**Saturday 10 May**

### **Epsom College Music Scholars**

*The annual recital by young and exciting talent being nurtured by the school.*



**POSTPONED UNTIL 2026**

*Stephen Hope entertains with a 'Victor Borge' style afternoon offering musical facts, fun and cleverness.*

**Saturday 5 July**

### **Gisela Meyer - Ravel at 150**

*Pianist and Vocalist Gisela Meyer celebrates the composer's birthday with some of his most famous works including 'Jeux d'eau' and 'Miroirs'.*



**St Martin  
of Tours**  
Church Street



Admission to the recitals is free but we ask for donations to enable us to continue offering great music at St Martin's

You can also use our QR code to support



**Submitting an item for the newsletter:  
Please ensure that all items are emailed to the office marked  
'For Newsletter' in the title by  
12 noon on Wednesday, to be included for that week.**

**Parish Office:  
The parish office is open from 9.30am – 12.30pm every  
Monday, Wednesday and Friday.  
Church House, Church Street, Epsom,  
KT17 4PX Phone: 01372 722567  
E-mail: [office@stmartinsepsom.org](mailto:office@stmartinsepsom.org)  
Website: [www.stmartinsepsom.org](http://www.stmartinsepsom.org)**

**If you would like to be added to our mailing list so that you  
receive the newsletter and orders of service weekly, please  
email the parish office. Please contact clergy and lay  
ministers via the office.**