

St Martin of Tours

Epsom

St Stephen on the Downs

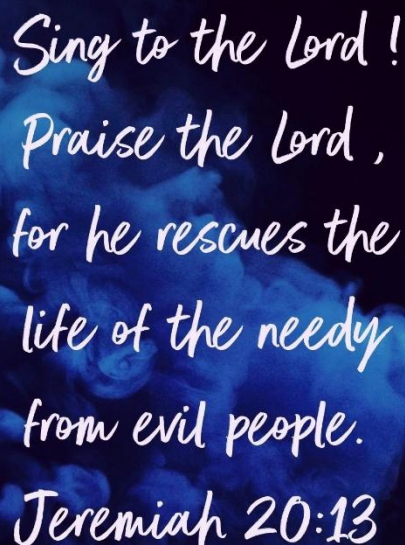
Langley Vale

Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 21st JUNE 2026

TRINITY 3



*Sing to the Lord !
Praise the Lord ,
for he rescues the
life of the needy
from evil people.
Jeremiah 20:13*

TRAILBLAZERS

WALK FOR A CAUSE!

25KM
ONE EPIC
JOURNEY

60+ children are taking on the challenge of a 25km sponsored walk from *Leith Hill to Epsom* to raise money for charity and their Year 6 leavers' celebrations.

TOGETHER
WE CAN MAKE
A BIG
DIFFERENCE!



60+ CHILDREN

Stepping up for each other and our community.



25KM

A challenge. A sense of achievement. A memory for life.



MAKING A DIFFERENCE

Every step helps support a great cause.

SATURDAY
20TH JUNE

FOLLOW THEIR JOURNEY.
SUPPORT THEIR CAUSE. ♥

DONATIONS RAISED WILL BE SPLIT 50:50 BETWEEN

HOME START
Epsom, Ewell & Banstead

Homestart
EPSOM, EWELL
& BANSTEAD

&



St Martins
School PTFA

COURAGE. ★ TEAMWORK. ★ IMPACT. ★ TOGETHER.

⇒ *Every step brings them closer to making a difference!* ⇒

DIARY

Sunday 21st June Trinity 3

- 9.30am Morning Prayer service at St Stephen's**
- 10.00am Holy Communion service at St Martin's**
- 6.30pm Choral Evensong service at St Martin's**

Tuesday 23rd June

- 4.00pm Centering Prayer (tea and biscuits from 3.45pm)**
'Be still and know that I am God', Psalm 46:10

A small group of us meet every other Tuesday at 4pm, at the back of church, to pray together in silence.

If you would enjoy some time for silent prayer with others, please come along.

We begin with something to reflect on - perhaps a biblical passage or Psalm. After our 20 minutes of silence, we might share something that we have noticed during our time together.

- 7.00pm Holy Communion in the lady chapel**
- 7.30pm PCC in the Choir Vestry**

Wednesday 24th June

- 10.00am Holy Communion service at St Martin's**

Sunday 28th June Trinity 4

- 9.30am Holy Communion service at St Stephen's**
- 10.00am Morning Prayer and baptism at St Martin's**
- 6.30pm Compline service at St Martin's**

From Bishop Paul (*acting Bishop of Guildford*)

I write to extend an invitation to you. I have set three priorities for the coming two years: prayer, pastoral care and a sharper focus on our 'priority of priorities': deepening discipleship and investing wholeheartedly in children and young people. As part of this, I am holding gatherings in each of our deaneries to enable me to meet, pray and worship with our clergy and congregations as part of my pastoral care for the diocese. I would be delighted if you would join me at the **Epsom Deanery Gathering which will be held at St Paul's Howell Hill on Monday 6 July from 7.30pm to 9pm, with tea and coffee served from 7pm.**

Our time together will include thanksgiving, a celebration of what God is doing in each parish, prayer for the specific needs of your ministry and parish, worship and a few reflections from me on what I sense God may be saying to us in this season. Finally, if you would like to join us but cannot make the date, you are welcome to attend any of the other deanery gatherings, a list of which is below. I hope you can join us and look forward to seeing you.

Every blessing, +Paul

The Rt Revd Paul Davies

Bishop of Dorking & Acting Bishop of Guildford

Woking Deanery at Christ Church Woking on Wednesday 1 July

Runnymede Deanery at St John's Egham on Sunday 5 July

Epsom Deanery at St Paul's Howell Hill on Monday 6 July

Emly Deanery at Holy Trinity Claygate on Tuesday 14 July

Godalming Deanery at Godalming Minster (St Peter and St Paul's) on Thursday 16 July

CONFIRMATION SERVICE

Bishop Paul is visiting us on **Sunday July 19th**. He's coming to dedicate our new solar panels, share in a parish tea and, at **5.30pm**, lead a service that will include first communion for some of our children and confirmation for young people and adults. If you have never been confirmed (or even baptised) and would like to make these public declarations of faith and discipleship, please let one of the clergy know.

TS Eliot's Murder in the Cathedral - Advance notice

This autumn, David Suchet is taking the role of Thomas Becket in the Orchard Theatre's production of TS Eliot's play 'Murder in the Cathedral'. It will take place in St John the Divine in Richmond from 12th October - 7th November 2026.

Parish Giving Scheme

If you are on our mailing list you will have received details of how effective and simple this scheme is. Making it simple to donate regularly by direct debit. If you haven't yet done it. Do follow this link to set up your regular giving:

[The Parish Giving Scheme Website](#)

Community art showcase at The Horton Atrium Gallery

The organisers of the upcoming Horton Art Exhibition 2026 invited young people in Epsom & Ewell to submit artwork on the theme, Places and Spaces.

The exhibition will feature physical, chosen masterpieces ranging from drawings and paintings to collages, stitchings and sculptures, to celebrates how young people view and experience the places that are important to them in their local area.

Pleased to let you know that my submission, a painting of St Martin's, was selected to be part of the exhibition.

Friends and family are invited to come along to see the selected works on display.

Key event details:

- Exhibition Dates: Wednesday 17th June – Tuesday 30th June 2026.
- Opening Hours: Tuesday to Saturday, 9:15 AM – 4:30 PM (Closed Sundays and Mondays).
- Main Venue: Atrium Gallery inside The Horton Arts Centre, Haven Way, Epsom KT19 8NP.
- Admission Cost: Completely Free entry to the public.

Erin O

PRAYER GROUPS

Evening Prayer on Zoom, weekdays 5-5.30pm

This follows the Common Worship rite and is led by one of the regular members of the group.

See <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer> All are warmly invited to join on an

occasional or regular basis. Find us at:

<https://zoom.us/j/91650281049?pwd=dLiB4jY8FRRdtFcbGBRjaVtMJ9K2Ar.1> or, if you prefer typing details directly into Zoom, use Meeting ID is 916 5028 1049 and passcode 960460.

**Centering Prayer: Every other Tuesday, 4pm in Church
(Tea & biscuits from 3.45pm)**

“Be still and know that I am God” *Psalm 46:10*. A group meets to pray together in silence. We begin with something to reflect on - a biblical passage or Psalm. After our 20 minutes of silence, we share something that we have noticed during our time together.

**Contemplative Prayer: 1st Tuesday of each month, 11am
In the Lady Chapel, St Martin’s**

A time for focussing on God’s presence and allowing oneself to be filled with God’s grace. It’s a time of stillness and quietness. We listen to the words of God or of Jesus in contemplation. There is an additional zoom Contemplative Prayer session on the 3rd Thursday of each month at 8pm. Find us using the same Zoom details cited above for Evening Prayer.

PRAYING FOR OUR CHURCH AND OUR COMMUNITY

Please remember in your daily prayers in the next few days:

Sunday 21st

Our vision and work for Social and Racial Justice. Our Readers and Intercessors. Local schools and nursery schools. Those living and working in Oak Hill, Oakmead Green, Old Barn Road, Pikes Hill and Pine Hill.

Monday 22nd

All who offer welcome and hospitality and serve refreshments at our churches. Those to be married in our churches. Our Missions: Mercy Ships. Those living and working in Pitt Road, Portland Place, Prospect Place, Providence Place and Randolph Road.

Tuesday 23rd

For a new Electoral Roll Officer. Our Church Cleaners. Local doctors' surgeries. Those in Richmond Close, Rosebery Avenue, Rosebery Road, Sadlers Way and South Street.

Wednesday 24th

Those recently confirmed and their growing relationship with God. Preparation for future baptism and confirmation, especially those being baptised and confirmed by Bishop Paul, and those taking their first communion, and being received into the Church of England on Sunday 19th July. All who enter St Martin's in the week and pass through our garden. Church Army (supporting and empowering those most in need in UK and Ireland). Those living and working in Spencer Close, Squirrels Way, St George's Gardens, St James' Close, St Martin's Avenue and St Martin's Close.

Thursday 25th

The Vale School: children, parents, the Co-Heads, staff And Governors. Scouts (especially our 3rd Epsom (St Martin's) Scout Group), Cubs, Beavers, Guides, Brownies and their leaders. Local refuse collectors, those who deliver the post and other items. Those living and working in Station Approach Stevens Close, Strand Close, Sunnybank, and The Grove.

Friday 26th

Our 'Second Thoughts' programme on the second Sunday at 6.30 pm. Education and training in the Parish and future courses. Our Missions: PHAB (bringing together disabled and non-disabled to create an inclusive world). Those living and working in The Hayes, The Oaks, The Parade, The Ridge, The Ridings, Tintagel Close and Treadwell Road.

Saturday 27th

All involved in planning and leading Family services. Christian Aid and its annual collection in May and the projects it supports. Local prisons and their chaplains: Downview and High Down. Those living and working in Upper High Street, Victoria Place, Warren Hill and Waterloo Road.

MISSION FOCUS – JUNE



PHAB - Is a national and local organisation with a network of clubs and partners across the country where disabled and non-disabled people learn, thrive and belong.

PHAB provides safe fun places for people to feel independent, meet new friends and gain confidence together.

We support the Epsom PHAB group with donations.

Please hold them in your prayers.

Jill Chapman, Mission

THE POWER OF POETRY – JUNE

The poem selected for June is quite long, so biographical details must be quite short. Matthew Arnold was born in 1822 in Laleham, near Staines. His father was Thomas Arnold, Headmaster of Rugby School where Matthew Arnold was educated. He later went to Oxford and became a major poet and writer of poetry criticism.

Dover Beach:

The sea is calm tonight,

The tide is full, the moon lies fair

Upon the Straits - on the French coast, the light

Gleams, and is gone; the cliffs of England stand,

*Glimmering and vast, out in the tranquil bay.
Come to the window, sweet is the night air!
Only from the long line of spray
Where the ebb meets the moon-blanch'd sand,
Listen! You hear the grating roar
Of pebbles, which the waves suck back, and fling,
At their return, up the high strand,
Begin, and cease, and then again begin,
With tremulous cadence slow, and bring
The eternal note of sadness in.*

*Sophocles long ago
Heard it on the Aegaeon, and it brought
Into his mind the turbid ebb and flow
Of human misery; we
Find also in the sound a thought,
Hearing it by this distant northern sea.
The sea of faith
Was once, too, at the full, and round earth's shore
Lay like the folds of a bright girdle furl'd;
But now I only hear
Its melancholy, long, withdrawing roar,
Retreating to the breath
Of the night wind down the vast edges drear
And naked shingles of the world.
Ah, love, let us be true
To one another! for the world, which seems
To lie before us like a land of dreams,
So various, so beautiful, so new,
Hath really neither joy, nor love, nor light,
Not certitude, nor peace, nor help for pain;*

*And we are here as on a darkling plain
Swept with confused alarms of struggle and flight
Where ignorant armies clash by night.*

In *Dover Beach* Arnold is writing about loss of faith, which was a casualty of the Enlightenment, accelerated by advances in Geology which provided evidence that the earth was millions of years older than had been thought and had undergone masses of changes caused by volcanic action, ice ages followed by warming and so on. The publication of Charles Darwin's *On the Origin of Species* in 1859 also impacted on people's belief in the accuracy of the account of creation in Genesis.

It is a wonderful and evocative poem, however, written in free verse which at the time was experimental, though the sentiments are Victorian with a grieving sense of loss. It is written as a monologue and apparently the poet is speaking to someone else, probably his wife, though that person does not speak. The first verse begins lyrically, interrupted by the word "Only..." and going on to describe "the grating roar of pebbles". I expect we have all heard this at some time; I heard it quite recently when I was at Birling Gap in mid-May when the sea, at high tide, was grey and rough and the roar of the sea dragging over the shingle was powerful. Even when the sea looks tranquil it is never at rest. Arnold's lines echoes the sound of the sea crashing and then withdrawing over the pebbly beach, using sibilance in many words: strand, cease, cadence, slow, sadness. The last part is full of regret for the loss of faith, and the last five lines are an apt description of our world at the moment. There is no room here for detailed analysis and criticism, but it is worth thinking about what we would reply to his conclusion.

Mary Gilbert

FOODBANK REQUESTS

Squash - **Urgent we have none**
Powdered Milk - **Urgent we have none**
Long Life Juice - **Urgent we have none**
Chocolate - **Urgent we have none**
Sugar - **Urgent we have none**
Biscuits - **Urgent we have none**
Microwave Rice – **Urgent**
Tinned Meat – **Urgent**, Tinned Fish – **Urgent**
Tea (bags) – **Urgent**, Tinned Fruit – **Urgent**
Pasta Sauce – **Urgent**, Sponge Pudding – **Urgent**
Tinned Peas – **Urgent**
Male/ Female Deodorant – **Urgent**
Tinned Tomatoes, Cooking Sauce, Beans, Pulses, Instant Mash
Tinned Potatoes, Sweetcorn, Noodles,
Tinned Spaghetti, Rice, Pasta/Beans with Meat
Dried Pasta in Sauce, Packet Soup
Milk UHT (Semi-Skimmed or Whole)
Breakfast Cereal, Cereal Bars, Chocolate Biscuit Bars
Crisps, Custard, Rice Pudding
Squash - **Urgent we have none**
Powdered Milk - **Urgent we have none**
Long Life Juice - **Urgent we have none**
Chocolate - **Urgent we have none**
Hair Conditioner, Shower Gel, Washing Up Liquid
Adult Toothpaste and Toothbrushes
Sanitary Pads, Washing Powder
Children Toothbrushes 0-2 and 6+ ONLY
Children Toothpaste 0-2 ONLY
Shaving Foam, Toilet Rolls, Nappies Size 4, 4+, 5, 5+, 6 and 6+

Parish Office:

**The parish office is open from 9.30am – 12.30pm every
Monday, Wednesday and Friday.**

Church House, Church Street, Epsom,

KT17 4PX Phone: 01372 722567

E-mail: office@stmartinsepsom.org

Website: www.stmartinsepsom.org

Submitting an item for the newsletter

Please ensure that all items are emailed to the office marked
'For Newsletter' in the title by 12 noon on Wednesday,
to be included for that week.

The Souls of the HORTON 9000 and the EPSOM CLUSTER are calling for their stories to be told ... *will we listen?*

Join us for a powerful evening of history and human connection as two eminent experts bring together archives, photography, and contemporary art, giving voice to thousands of souls from Surrey's hidden psychiatric hospitals in a fundraiser for the Grange Centre, Bookham.



**This is
more than
a talk.**

**It's an encounter
with lives once
overlooked —
and a chance
to see them anew.**

the
Grange
at Bookham

Julian Pooley (Surrey History Centre) explores the internationally significant archives of Surrey's psychiatric hospitals through personal case notes and rare photographic portraits

- Why did Surrey become home to so many of these institutions?
- How were their records rescued when the hospitals closed?
- How do these stories shape our understanding today?

Julian's work underpins the **Us & Them Project** —created with The Freewheelers Theatre Company, Leatherhead, pairing contemporary participants with historic patients. Photographer **Emma Brown's** striking portraits echo the historic wet plate collodion originals of the 1850s.

Professor Alana Harris (King's College London) presents **Synthetic Weaves**—a collaboration with artist **Dr Eric Fong**, dressmaker **Valerie Moon**, and members of **The Grange Centre**. The molecular structures of modern pharmaceuticals and the lace collars made and worn by women in the asylums have inspired reinterpretations by clients at the Grange Centre to make artwork which restores identity, dignity and voice to the forgotten.



All proceeds support the vital work of the Grange Centre, empowering adults with learning disabilities to lead independent and fulfilling lives.



**Thursday
June 25th:**
7:00pm for 7:30pm



Ashted Peace
Memorial Hall,
Woodfield Lane,
Ashted, Surrey
KT21 2BE



Tickets available
via Eventbrite

<https://www.eventbrite.co.uk/e/souls-of-the-horton-9000-epsom-hospitals-hidden-lives-revealed-tickets-1988399933728?aff=oddtcreator>



**SCAN TO
BOOK YOUR
TICKET**



Registered Charity No: 207740

LUMOS

A Hans Zimmer candlelight experience

an unforgettable evening of music in an enchanting
indoor setting

St Martin's Church, Church St,
Epsom KT17 4PX
Saturday 18th July
2 Sittings: 7-8pm | 9-10pm




Book tickets now!
www.lumos-experiences.com

Saint
Columba's
House



OPEN DAY AT ST COLUMBA'S



Tours

A WARM WELCOME AWAITS!


Join us this summer for a special Open Day at St Columba's House, one of Woking's most peaceful and welcoming spaces. Feel free to drop in and say 'hi'.



Activities

THINGS TO DO:

- ✓ explore the house and gardens
- ✓ complimentary refreshments
- ✓ take a guided tour of the building
- ✓ walk the garden labyrinth
- ✓ visit the art exhibition
- ✓ spend a quiet moment in our Oratory



Coffee

WHEN?

SATURDAY 1ST AUGUST
11AM - 3PM

CONTACT US NOW

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- 🌐 www.stcolumbashouse.org.uk
- 🏠 Maybury Hill, Woking, Surrey GU22 8AB



St Columba's House is wholly owned by St Peter's Charity, a registered charity in England and Wales number 1177879 and a company limited by guarantee registered in England number 11142467