



Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 11th OCTOBER 2026

TRINITY 19



DIARY

Sunday 11th October Trinity 19

8.30am Holy Communion at St Martin's

9.30am Holy Communion at Langley Vale

10.00am Choral Mattins service at St Martin's

6.30pm Second Thoughts at St Martin's

'Familiar objects round the church – how well do we really know them?' Speaker: Linda Bristow

Linda, who leads Church Recording in Surrey, explores our church's fine Reredos, the roles of Elizabeth Evelyn and Sir Robert Coke and shares other fascinating discoveries she's made. Her team completed the mammoth task of recording St Martin's last year in time for the 200th anniversary of our Georgian nave. Linda's link with St Martin's goes back many years to her son's christening and helping to run the Sunday Club. She joined The Arts Society Epsom in 2009 when it was called National Association of Decorative and Fine Arts (NADFAS) and over the years, took on the roles of Membership Secretary, Treasurer and Chair.

Marmalade

I will be selling marmalade, jam and lemon drizzle cakes after the 10am service on Sunday October 11th. All proceeds to the Christmas Fair.

Maureen

Tuesday 13th October

4.00pm Centering Prayer at St Martin's

Wednesday 14th October

10.00am Holy Communion service at St Martin's

7.00pm Holy Communion in the Lady Chapel

7.30pm PCC meeting

Sunday 18th October St Luke

9.30am Morning Prayer at Langley Vale

10.00am Healing Holy Communion service at St Martin's

6.30pm Choral Evensong service at St Martin's

New start date for 'Being With the Bible' - first session now on Thursday 22 October 7.30-9pm in the Lady Chapel

Due to illness, we have had to postpone our starting date for the new **Being With the Bible** group. Our first session will now take place on Thursday 22 October from 7.30 to 9pm in the Lady Chapel at St Martin's. There will be ten sessions altogether, from Genesis to Pentecost, on 22, 29 October, 12 and 19 November, 3 and 17 December, 7 and 21 January and 4 and 11

February. However, we realise that participants may not be able to come to every session. 'Being With' uses a different approach to exploring our Christian faith. Each session is an invitation to listen, reflect and imagine, and share our different experiences. Each session also includes a talk which seeks to offer a different perspective on a well-known Bible passage. Our first session will look at sibling relationships in Genesis 4.8-10. Do contact me if you would like to come along and have not already let me know. revjudith@stmartinsepsom.org

Music @ St Martin's Saturday 24 October 4.30pm:

Duo Blz'art

Blz'art or bizarre? This 'out of the ordinary' piano duo from Belgium bring a programme of music which evokes childhood through the music of Bizet, Ravel & Barber.

These two enthusiastic musicians, Geoffrey Baptiste and André Roe, promise a thoroughly entertaining live music experience. With popular and enchanting pieces such as Ravel's 'Mother Goose' and Bizet's 'Children Games', it will be an occasion to delight the ear and lift the spirits.

The concert is free - donations are asked from those who are able.

Diocesan Black History Month Service 3 pm on Sunday 25 October at Guildford Cathedral

All are welcome to this service celebrating black history, faith and culture, and reflecting on racial justice, welcome and belonging in the Church. During the service I will be giving a short talk on our new memorial project at St Martin's. It would be great if others from St Martin's are able to come along. **Rev Judith**

Parish Giving Scheme

If you are on our mailing list you will have received details of how effective and simple this scheme is. Making it simple to donate regularly by direct debit. If you haven't yet done it. Do follow this link to set up your regular giving:

[The Parish Giving Scheme Website](#)

Goods needed for the Christmas Fair

Please start collecting items for the Christmas Fair. We will put a box out at the back of Church at the end of October. We need the following:

Jigsaw & Games	Toiletries & Unwanted Gifts
Jewellery	Indoor Plants
China and Glass	Craft Items
Chocolate for the	Tombola

Sarah, Nancy & Maureen

MISSION FOCUS – OCTOBER

Epsom & Ewell Refugee Network

The network is committed to supporting refugees and asylum seekers in our area. In the decade since they were founded they have grown to meet the needs of an increasing number of refugees. They provide vital services to those new to the country, such as English lessons, help finding work & education, assistance in accessing services, benefits & healthcare, as well as a social network and one-to-one support. See the boards in church or <https://epsomrefugeenetwork.org/> for further details.

Alexander Rennie, Mission Committee

PRAYER GROUPS

Evening Prayer on Zoom, weekdays 5-5.30pm

See <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer> All are warmly invited to join on an occasional or regular basis. Find us at:

<https://zoom.us/j/91650281049?pwd=dLiB4jY8FRRdtFcbGBRjaVtMJ9K2Ar.1> or, if you prefer typing details directly into Zoom, use Meeting ID is 916 5028 1049 and passcode 960460.

Centering Prayer: Every other Tuesday, 4pm in Church

“Be still and know that I am God” *Psalms 46:10*. A group meets to pray together in silence. We begin with something to reflect on - a biblical passage or Psalm. After our 20 minutes of silence, we share something that we have noticed during our time together.

Contemplative Prayer: 1st Tuesday of each month, 11am In the Lady Chapel, St Martin's

A time for focussing on God's presence and allowing oneself to be filled with God's grace. It's a time of stillness and quietness. We listen to the words of God or of Jesus in contemplation. There is an additional zoom Contemplative Prayer session on the 3rd Thursday of each month at 8pm. Find us using the same Zoom details cited above for Evening Prayer.

PRAYING FOR OUR CHURCH AND OUR COMMUNITY

Please remember in your daily prayers this week:

Sunday 11th

Our Bell-ringing Team and Tower Captain Mike Bale. Our Ministry Team. All local young families. Those living and working in Downs Avenue, Downs Hill Road, Downs Road and Downs Way.

Monday 12th

Our Prayer and Healing Ministry: Contemplative and Centering Prayer. Those who work on our Website, Facebook and YouTube channel. Through the Roof: Wheelchairs for the World (Our Missions) and the Sunnybank Trust. Those in Downside, East Street and Elmslie Close.

Tuesday 13th

Our Church Development Plan: for Renewal and Growth. Those who read the Bible through the Bible Reading Fellowship notes and Didi Steck. Those who are housebound and their carers. Those in Farriers Road, Fyfield Close, Grosvenor Road, Grove Avenue and Grove Road.

Wednesday 14th

Our Mission Team. Our Church Finances and Treasurer. MP Helen Maguire. Epsom and Ewell Borough Council: elected members and officers. Those in Hambledon Hill, Hambledon Vale, Harding Road and Hawthorne Place.

Thursday 15th

Our Discipleship, Fellowship and Evangelism Team. Our Premises and Gardens Team. The Emergency Services: Fire, Police and Ambulance. Those in Headley Road, Heathcote Road, Hereford Close, High Street and Highridge Close.

Friday 16th

Our Choir and for a new Musical Director who will lead outreach into the community through music. The growth of our Life Groups, Study Groups, WhatsApp Groups. Our Missions: Operation Noah. Those in Hillcrest Road, Hook Road, Hylands Close, Hylands Road, Jackson Close and Kilcorral Close.

Saturday 17th

Our Sacristan Mary Holloway-Neville and chalice assistants. University of the Creative Arts, Laine Theatre Arts staff and students. Those in Kiln Lane, Kingsdown Road, Laburnum Road, Ladbrook Road, Leighton Way and Leith Road.

THE POWER OF POETRY – OCTOBER

For this month I have chosen *Let Evening Come*, by the American poet Jane Kenyon (1947 - 1995). She was born, and spent her early life, in Michigan, and later married another poet, Donald Hall, who often used her as a subject of his poetry. She then moved to his ancestral home in Wilmot, New Hampshire. As well as writing poetry Kenyon was also a translator of Russian.

*Let the light of late afternoon
shine through chinks in the barn, moving
up the bales as the sun moves down.*

*Let the cricket take up chafing
as a woman takes up her needles
and her yarn. Let evening come.*

*Let dew collect on the hoe abandoned
in long grass. Let the stars appear
and the moon disclose her silver horn.*

*Let the fox go back to its sandy den.
Let the wind die down. Let the shed
go black inside. Let evening come.*

*To the bottle in the ditch, to the scoop
in the oats, to air in the lung
let evening come.*

*Let it come as it will and don't
be afraid. God does not leave us
comfortless, so let evening come.*

The poem – and I believe all her poetry, though I am not familiar with much of it – is rather spare, but full of emotion and spiritual grace, although I detect a hint of melancholy in this poem. It is not, as is plainly evident, a poem which employs rhyme but it uses simple language and is highly evocative in its descriptions revealing her observational skill. It also seems accepting of whatever life brings. Apparently Kenyon suffered from severe clinical depression for much of her life, and it may be this affliction which lent to her writing the understanding and compassion that is evident. The following is a verse from one of her poems which describes her illness:

*Often I go to bed as soon after dinner
as seems adult
(I mean I try to wait for dark);
in order to push away
from the massive pain in sleep's
frail wicker coracle.*

She died quite young of leukaemia, and I wonder if she already knew her days were limited when she wrote *Let Evening Come*. The last verse, where she acknowledges that God would not leave anyone comfortless, does appear to hint at this. **Mary Gilbert**

Submitting an item for the newsletter

Please ensure that all items are emailed to the office marked
'For Newsletter' in the title by 12 noon on Wednesday,
to be included for that week.

Parish Office:

Church House, Church Street, Epsom,

KT17 4PX Phone: 01372 722567

E-mail: office@stmartinsepsom.org

Website: www.stmartinsepsom.org

FOODBANK NEEDED LIST

Tinned Meat, Tinned Fish, Custard
Ketchup/Brown Sauce/Mayonnaise
Jam/Honey/Marmalade/Peanut Butter/Chocolate Spread
Porridge,
Milk UHT (Semi-Skimmed or Whole)
Rice Pudding, Cooking Sauce
Tinned Vegetables, Tinned Potatoes, Rice
Tea (bags), Sugar, Longlife Juice, Squash
Tinned Spaghetti, Instant Coffee
Packet Soup, Sponge Pudding
Chocolate Biscuit Bars
Noodles
Male Deodorant, Hair Conditioner
Washing Powder
Adult Toothbrushes
Shampoo, Tampons

Please note we are unable to take refrigerated or frozen items

Music @ St Martin's

FREE!

Autumn/Winter 2026

Saturday afternoons at 4.30pm



Saturday 26 September

City of London Freeman's School

An opportunity to enjoy the musical talents of the young performers studying at this well-renowned local school.

Saturday 24 October

Duo b!z'art

b!z'art or bizarre? Describing themselves as 'out of the ordinary', this pair of pianists from Belgium evoke childhood with music by Bizet, Ravel & Barber.



Saturday 5 December

Iain Macfarlane - organ

As St Martin's resident organist Iain excels in demonstrating the character and range of this fine Norman & Beard instrument. He plays Bach and plenty more besides.

**St Martin
of Tours**

Church Street
Epsom KT17 7PX



Each concert lasts about an hour

**ADMISSION IS FREE BUT WE ASK FOR
DONATIONS TO ENABLE US TO CONTINUE
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• office@stmartinsepsom.org

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LUMOS

An
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St Martin's Church
Saturday 17th October